

RES 18 C-4/2025

SUBJECT: Advocating for the Integration of Addiction Medicine Training

Guidelines into Family Medicine Residency Programs

SUBMITTED BY: ACOFP Resident Council

REFERRED TO: 2025 American College of Osteopathic Family Physicians (ACOFP)

**Congress of Delegates** 

## RESOLUTION NO. 18

WHEREAS, Substance Use Disorders (SUDs) continue to be a major public health issue, impacting millions of people in the United States, with the opioid crisis intensifying the demand for thorough medical education to effectively address drug addiction <sup>1</sup>; and WHEREAS, primary care physicians, including family medicine doctors, often serve as the first point of

contact for individuals with addiction and other substance use disorders, performing a critical role in early intervention, treatment, and ongoing management<sup>1</sup>; and

WHEREAS, many family medicine residency programs lack formalized addiction medicine training to adequately prepare residents to care for patients with SUDs²; and

WHEREAS, evidence-based treatment modalities, including Medication-Assisted Treatment (MAT) for opioid use disorder and behavioral therapies, are proven to reduce morbidity and mortality related to addiction, yet family medicine residents may graduate without the necessary knowledge or skills to confidently provide these treatments<sup>4</sup>; and

WHEREAS, the Health Resources and Services Administration (HRSA) and the Substance Abuse and Mental Health Services Administration (SAMHSA) support initiatives to increase the availability of addiction-trained physicians, particularly in primary care settings where the impact of SUDs is most pronounced<sup>1,4</sup>; now, therefore be it

RESOLVED, that the American College of Osteopathic Family Physicians (ACOFP) encourage family medicine residency programs to incorporate comprehensive addiction medicine education into their training, emphasizing the importance of preparing residents to address Substance Use Disorders effectively; and, be it further

RESOLVED, that the ACOFP includes addiction medicine education at conferences and other educational opportunities to ensure family physicians receive necessary knowledge and skills to address substance use disorders; and, be it further

RESOLVED, that the ACOFP encourage the development of continuing medical education (CME) resources and pathways, including fellowship opportunities and the creation of a Certificate of Added Qualification (CAQ) programs in addiction medicine through the American Osteopathic Board of Family Physicians (AOBFP) to enhance the capacity of family physicians to care for patients with substance use disorders.

FINAL ACTION: DISSAPROVED as of April 2, 2025

A resolution is not necessary for this matter. The Resident Council is well-positioned to collaborate with existing committees that provide guidance on programming for the Annual Convention. Additionally, the ACOFP does not have the authority to determine or influence ACGME training standards. For physicians pursuing a focus in addiction medicine, established certification pathways already exist.

## References:

- 1. Health Resources and Services Administration (HRSA). Behavioral Health and Primary Care Integration. Available at: <a href="https://bphc.hrsa.gov/technical-assistance/clinical-quality-improvement/behavioral-health-primary-care-integration">https://bphc.hrsa.gov/technical-assistance/clinical-quality-improvement/behavioral-health-primary-care-integration</a>
- 2. Accreditation Council for Graduate Medical Education (ACGME). (2024). Program Requirements for Graduate Medical Education in Family Medicine. Available at: https://www.acgme.org/globalassets/pfassets/programrequirements/120\_family medicine\_2024.pdf
- 3. American Board of Family Medicine (ABFM). Additional Certifications in Addiction Medicine. Available at: <a href="https://www.theabfm.org/research/research-library/practice-patterns-of-family-physicians-with-and-without-addiction-medicine-board-certification/">https://www.theabfm.org/research/research-library/practice-patterns-of-family-physicians-with-and-without-addiction-medicine-board-certification/</a>
- 4. Substance Abuse and Mental Health Services Administration (SAMHSA). (2019). Medication-Assisted Treatment: A Proven Treatment for Opioid Use Disorder. Available at: <a href="https://www.samhsa.gov/medication-assisted-treatment">https://www.samhsa.gov/medication-assisted-treatment</a>
- 5. American College of Academic Addiction Medicine (ACAAM). Addiction Medicine Curriculum. Available at: <a href="https://www.acaam.org/national-addiction-medicine-didactic-curriculum">https://www.acaam.org/national-addiction-medicine-didactic-curriculum</a>