

SUBJECT: Cultural Competence and Cultural Humility Training

SUBMITTED BY: ACOFP Resident Council

REFERRED TO: 2025 American College of Osteopathic Family Physicians (ACOFP)
Congress of Delegates

RESOLUTION NO. 15

1 WHEREAS, the 2024-2027 American College of Osteopathic Family Physicians (ACOFP) strategic
2 plan prioritizes diversity and inclusivity within its core value statement¹; and
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4 WHEREAS, there is rapid growth of the percentage of Americans who are racial and ethnic
5 minorities and who speak a primary language other than English²; and
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7 WHEREAS, patient-centered care considers a patient's cultural diversity of experience,
8 perspective, and lifestyle to inform shared decision making, which has the potential to
9 enhance equity in health care³; and
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11 WHEREAS, the term cultural humility encourages the personal and professional investment in a
12 lifelong process of self-reflection and self-awareness, the willingness to be vulnerable and
13 take accountability, and the ability to lead with both empathy and compassion⁴; and
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15 WHEREAS, cultural competence goes beyond race and ethnicity to all social structures⁵; and
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17 WHEREAS, cultural competence training interventions have been shown to not only significantly
18 increase the cultural competence level of healthcare providers but also increase patient
19 satisfaction, a key predictor of patient adherence to treatment⁶; now, therefore be it
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21 RESOLVED, that the American College of Osteopathic Family Physicians (ACOFP) include the
22 language "cultural humility" in its cultural competence resources; and, be it further
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24 RESOLVED, that the ACOFP encourage the ACOFP Diversity, Equity, and Inclusion (DEI) Advisory
25 Group to prioritize measures which include student, resident, and physician cultural
26 humility.
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FINAL ACTION: WITHDRAWN

References:

1. Strategic Plan. ACOFP. <https://www.acofp.org/about/about-acofp/strategic-plan>
2. Jensen E, Jones N, Rabe M, et al. 2020 U.S. Population More Racially and Ethnically Diverse Than Measured in 2010. The United States Census Bureau. Published August 12, 2021. [https://www.census.gov/library/stories/2021/08/2020-united-states-population-more-racially-ethnically-divers e-than-2010.html](https://www.census.gov/library/stories/2021/08/2020-united-states-population-more-racially-ethnically-divers-e-than-2010.html)

3. Stubbe DE. Practicing cultural competence and cultural humility in the care of diverse patients. *Focus*. 2020;18(1):49-51. doi:<https://doi.org/10.1176/appi.focus.20190041>
4. University of Oregon. Distinguishing Cultural Humility from Cultural Competence. Equity and Inclusion. Published August 16, 2021. <https://inclusion.uoregon.edu/distinguishing-cultural-humility-cultural-competence>
5. Cianciaruso LB, Zavala AN. Culturally competent care for nontraditional family structures. *Osteopathic Family Physician*. 2013;5(6):217-224. doi:<https://doi.org/10.1016/j.osfp.2013.09.002>
6. Govere L, Govere EM. How Effective is Cultural Competence Training of Healthcare Providers on Improving Patient Satisfaction of Minority Groups? A Systematic Review of Literature. *Worldviews on Evidence-Based Nursing*. 2016;13(6):402-410. doi:<https://doi.org/10.1111/wvn.12176>

WITHDRAWN