



2024
ANNUAL
REPORT

acofp

AMERICAN COLLEGE
OF OSTEOPATHIC
FAMILY PHYSICIANS

**1 ACOFP
STRATEGIC PLAN**

**2 FROM THE ACOFP
PRESIDENT**

**4 FROM THE EXECUTIVE
DIRECTOR**

SECTION 1

**6 ENHANCE
AND SUPPORT
LIFELONG
LEARNING**

In 2024, our annual convention in New Orleans featured exciting programming and new educational formats. Strong grants and partnerships, plus a focus on the topics most important to members, rounded out the year in education.

SECTION 2

**16 STRENGTHEN
AND ADVANCE
OUR MEMBERSHIP,
GOVERNANCE,
OPERATIONS,
AND RESOURCES**

The ACOFP member experience continued to evolve in 2024, with new options for membership and growth in our affiliate network. We also supported the future of the profession with strong offerings for students and residents.

SECTION 3

**26 ADVOCATE
FOR THE
PROFESSION**

Our advocacy efforts in 2024 supported the work of osteopathic family physicians and expanded the reach of the profession around the country. We also recognized the achievements of our members through awards and grants.

SECTION 4

**33 2024
FOUNDATION
ANNUAL REPORT**

- Message from the President
- Family Medicine Forward Campaign
- Grant Support
- Programs and Partnerships
- Donor Honor Roll

Strategic Plan

MISSION:

The mission of the American College of Osteopathic Family Physicians is to promote excellence in osteopathic family medicine through quality education, visionary leadership and responsible advocacy.

VISION:

The vision of the ACOFP is to be the professional home for all who value comprehensive osteopathic family medicine.

CORE VALUE STATEMENT:

ACOFP is your:

- Professional Family.
- Advocate for the profession and patients.
- Trustworthy resource.
- Home for Family Medicine and Osteopathic Distinctiveness.

We do this by being **Accessible, Innovative, Inclusive, Diverse, and Passionate.**

GOALS AND OBJECTIVES:



Enhance and support lifelong learning along the education continuum in Osteopathic Family Medicine.

- Increase knowledge of Osteopathic Family Medicine.
- Enrich professional development of our members.
- Broaden CME access and scope through our programs, products and services.
- Promote scholarly activities in Osteopathic Family Medicine.
- Support programming for students, residents and new physicians.



Strengthen and advance our membership, governance, operations and resources.

- Maximize organizational effectiveness.
- Augment and optimize technology and communications.
- Increase member engagement.



Advocate for recognition and advancement of Osteopathic Family Medicine.

- Increase education about the value of Osteopathic Family Medicine.
- Increase legislative impact.
- Maximize member involvement.

FROM THE ACOFP PRESIDENT



**Brian A. Kessler, DO,
DHA, FACOFP *dist.***
2024–2025 ACOFP President

The 2024 ACOFP Annual Report highlights a remarkable year of growth, progress, and commitment to advancing osteopathic family medicine. This report is more than a summary of activities; it reflects our members' dedication, our osteopathic family's strength, and the meaningful impact we have on the communities we serve. By focusing on three guiding themes—empowering unity, inspiring progress, and building the future—we achieved significant milestones while fostering a community built on trust, collaboration, and care.

This year, we prioritized unity by reinforcing the principles that define our profession and connect us. In a rapidly changing healthcare landscape, ACOFP worked to ensure that our members had the tools and resources needed to meet new challenges while staying grounded in our shared values. Our commitment to evidence-based practice and our roles as scientists, educators, and clinicians shaped every initiative. Through expanded continuing medical education programs, innovative workshops, and impactful grant-funded projects, we provided members with opportunities to enhance their skills and deepen the bonds within our community. Together, we affirmed our shared mission to deliver compassionate, high-quality care.

Inspiring progress has been another important focus of our work this year. ACOFP embraced innovation and sought new ways to expand our activities and engage a broader audience. Inclusivity remained one of our cornerstones as we deepened our commitment to diversity, equity, and inclusion. These guiding principles shaped our programs and helped us address disparities in healthcare while fostering a sense of belonging for all members. To strengthen the sustainability of our organization, we took deliberate steps to secure its financial health and long-term impact. These endeavors ensure that

This year, we prioritized unity by reinforcing the principles that define our profession and connect us. In a rapidly changing healthcare landscape, ACOFP worked to ensure that our members had the tools and resources needed to meet new challenges while staying grounded in our shared values.

ACOFP remains a trusted resource for osteopathic family physicians and the patients and communities they serve.

Our efforts to build the future have been equally significant. Supporting students and residents is a vital part of our mission, and this year, we expanded programs designed to help the next generation of osteopathic family physicians thrive. The Think Tank event at the 2024 annual convention, supported by the ABFM Foundation, allowed students and residents to share their vision for the future of osteopathic family medicine. Their enthusiasm and innovative ideas were a source of inspiration and a reminder of the bright prospects ahead for our profession. Additional ABFM Foundation grant funding will



allow us to introduce new mentorship programs and leadership training tailored to meet the needs of early-career physicians. The ACOFP Foundation’s “Family Medicine Forward” campaign further reinforced our commitment to investing in the success and growth of future leaders in osteopathic medicine.

As president, I have had the privilege of connecting with many of you. These conversations have been a source of inspiration and a reminder of our profession’s incredible strength and diversity. Whether you are a medical student embarking on your journey, a resident navigating training challenges, or an experienced physician adapting to new demands, your stories and insights are invaluable.

They remind me that ACOFP is not just an organization. It is a community united by a shared mission and a profound commitment to improving lives through osteopathic family medicine.

As we celebrate 75 years of ACOFP, I invite you to reflect on our accomplishments. Our journey is defined by resilience, growth, and a dedication to serving others. I encourage you to lead with purpose and intent as we look ahead. Let us take the time to evaluate our programs, refine our strategies, and focus on the areas where we can make the greatest impact. Together, we can strengthen our unity, inspire meaningful progress, and build a thriving future for our profession and the patients and communities we serve.

Thank you for all you do to advance osteopathic family medicine and improve lives daily. Serving as your president has been one of the greatest honors of my career, and I am excited to see what we will achieve together in the years ahead. I hope we will lead with purpose and intent as we embark on the next 75 years of ACOFP. The profession’s future is both a great responsibility and a great opportunity. Together, we can make it a reality.

Osteopathically Yours,

Brian A. Kessler,
DO, DHA, FACOFP *dist.*
2024-2025 ACOFP President

FROM THE EXECUTIVE DIRECTOR



Bob Moore, MA, MS, FASAE, CAE
Executive Director, ACOFP
and the ACOFP Foundation

2024 saw exciting new developments for the American College of Osteopathic Family Physicians. At this pivotal moment in our history, looking back at the last 75 years and ahead to the next 75, I am particularly proud of what we've accomplished this year.

One of the biggest successes of the year was the launch of our new website and association management platform. This transition was several years in the making, and reflected much hard work on the part of our volunteer leaders and the entire ACOFP staff. The new systems we've put in place represent a giant leap forward in how we can support ACOFP members, and prospective members. The award-winning website design and increased functionality provide a member experience tailored to each individual's career stage and interests.

This strong technical foundation will help ACOFP devote even more energy to thinking creatively about how to expand our work. The Corporate Council Roundtable program built on its initial success in its second year, with exciting opportunities for corporate partners to connect with ACOFP members through situation rooms and networking events. Our membership recruitment activities have expanded to include MDs as well as options for organizational memberships and affiliate memberships for allied professionals. Through these efforts, we can reach more of those who can benefit from the education and community ACOFP has to offer in an effort to advance osteopathic family medicine for the full care team.

Grant-funded programs and educational partnerships are also growing. Major grants through the American Board of Family Medicine (ABFM) Foundation and the Opioid Analgesic REMS program have been renewed for a second round of funding, reflecting our strong

performance on the first phase of these grants. In 2024, through these and other partnerships, we were able to deliver quality, often free education on topics of high interest to our members, including diabetes, opioids, and obesity medicine.

One of the biggest successes of the year was the launch of our new website and association management platform.

Our efforts through the ABFM Foundation grants serve to raise the profile and reach of the profession as a whole. The initial round of funding supported a literature review and the extremely popular "Think Tank" session at ACOFP '24, a *Shark Tank* style pitch session in which teams presented their pitches to promote family medicine to those considering it as a profession. The second round of the grant will build on this energy, drawing on some of the ideas presented in this session to build a new microsite dedicated to the promotion of family medicine to younger audiences.

Another form of outreach supported by this grant is the “Day in the Life” video series, which was filmed in 2024, featuring 18 osteopathic family physicians working in diverse practice settings. These videos will air as part of the *Jobs of Tomorrow* streaming series in an upcoming season, introducing the profession of osteopathic family medicine to a broader audience. The goal is to get these videos to medical, pre-med, and high school students to encourage them to consider a rewarding and impactful career as an osteopathic family physician.

Grassroots membership connections through affiliates are one of the backbones of ACOFP. Two new student chapters were welcomed in 2024, with others being organized for 2025. The Military Society of the ACOFP also organized, to provide a professional home base for our active duty and veteran members.

The progress we have made at ACOFP this year required the efforts of many individuals as well as strong partnerships both internally and externally. Thank you to the board of directors, volunteers at every level, our staff, and our professional partners for everything you do. Your commitment and passion to the profession and those you serve make ACOFP a truly exceptional organization.

Bob Moore, MA, MS, FASAE, CAE
*Executive Director, ACOFP
 and the ACOFP Foundation*

BOARD OF GOVERNORS



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New Physician-in-Practice Governor



Ryan Quinn, DO
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Elizabeth A. Palmarozzi, DO, FACOFP
Speaker

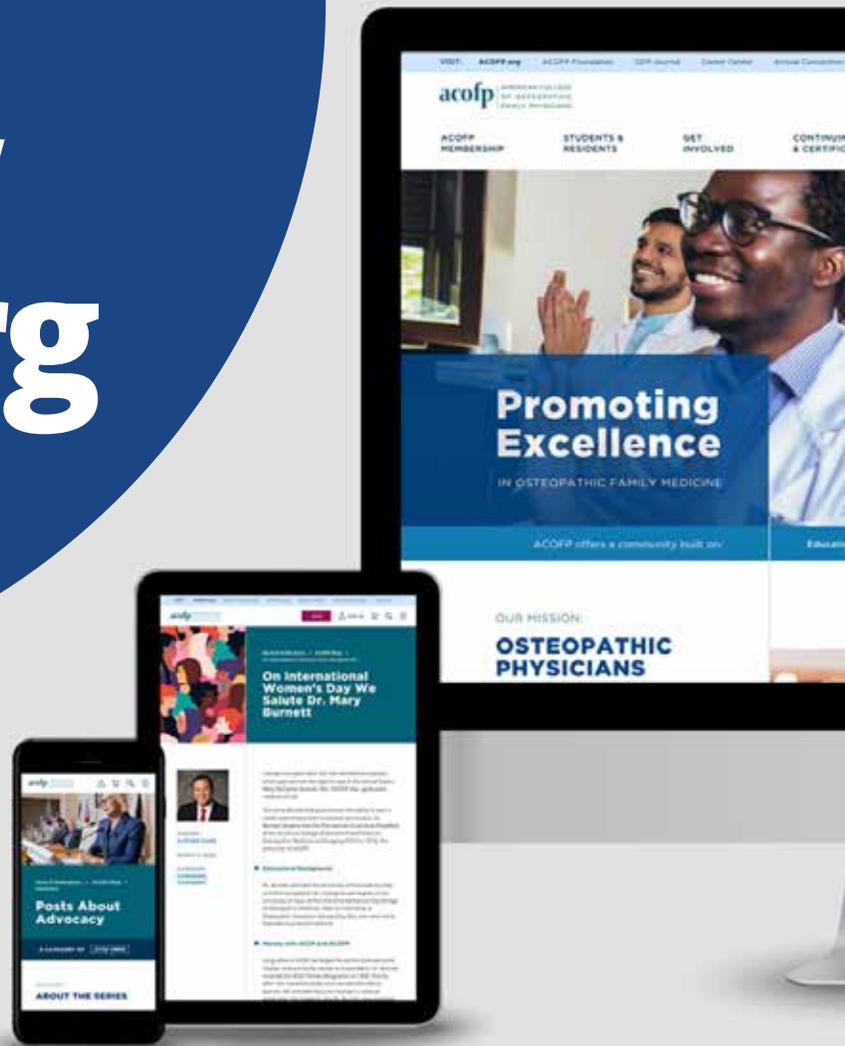
Antonios J. Tsompanidis, DO, FACOFP dist.
Vice-Speaker

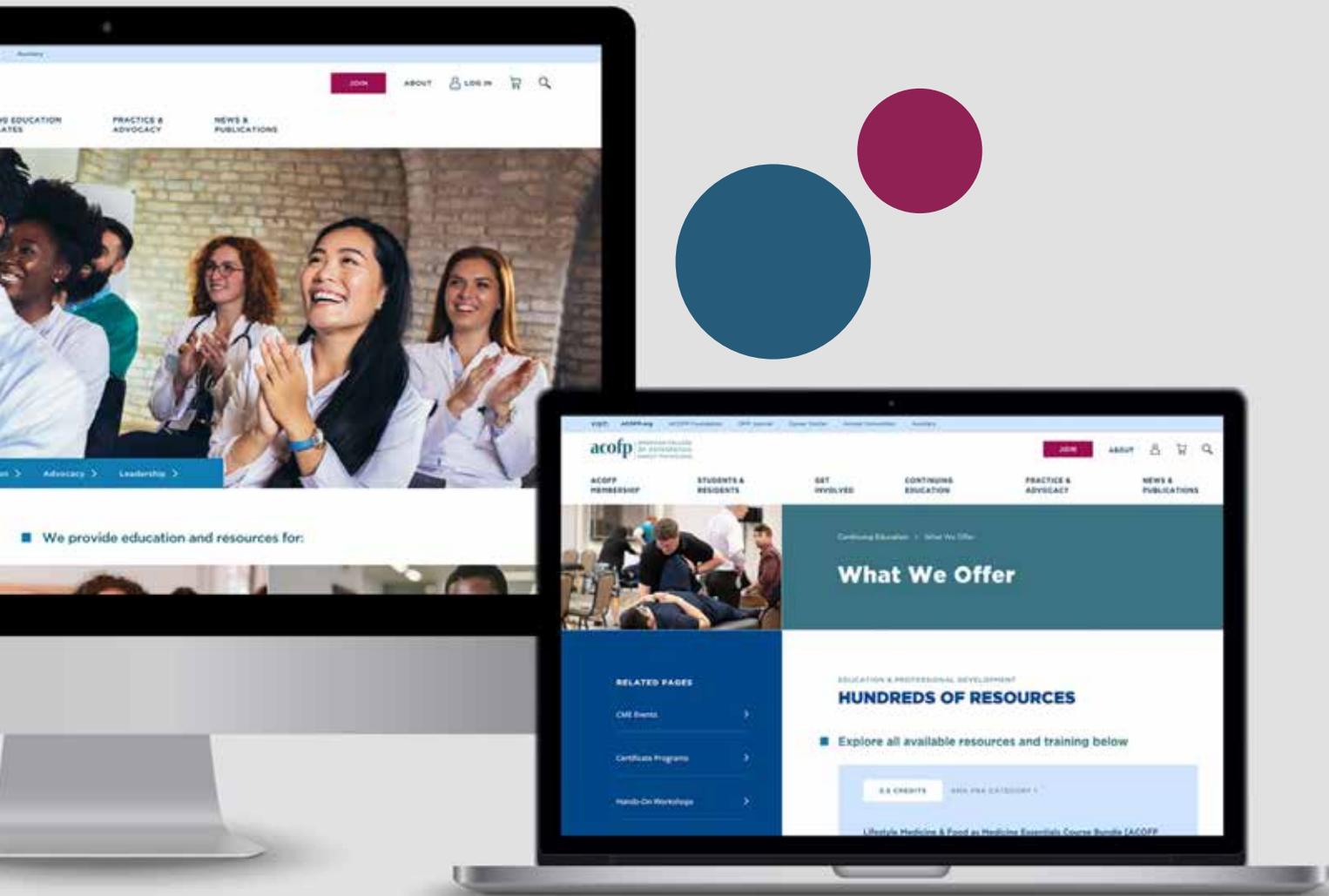
Bob Moore, MA, MS, FASAE, CAE
Executive Director

The New ACOFP.org

2024 saw the launch of ACOFP's new website and member experience, a transition several years in the works. In July, we unveiled new looks for acofp.org, the *OFP* journal website, the ACOFP Foundation website, the blog (ACOFP Voice), and the annual convention website.

New functionality includes automatic member renewals, better access to your member information, and content customized to each stage of your career. The new site also provides a better mobile experience and features more accessible design.





The ground-breaking design has already been recognized with two awards:

- W3 Award: Silver Award for association website
- Davey Awards: Silver Award for association website

SECTION 1: ENHANCE AND SUPPORT LIFELONG LEARNING

The 2024 ACOFP Annual Convention headed to New Orleans, Louisiana, where we would have met back in 2020 had a global pandemic not completely altered all our plans. The convention featured new hands-on workshops, a very successful Think Tank session on the future of the profession, and expanded offerings from our Corporate Council Roundtable members.

Outside of annual convention, ACOFP continued its strong performance in pursuing and securing grants, in addition

to creating a plethora of other educational offerings. ACOFP launched the “De-stress Pain Management” online curriculum and live case forums funded by a grant through the Opioid Analgesic REMS Program Companies, and was awarded a second year of funding to enhance the online curriculum, with the two grants totaling over 1.1 million (see page 13 for details). We also launched our first ever patient-focused education in partnership with the Academy for Continued Healthcare Learning (ACHL) with funding from Lilly.



ACOFPP '24 Recap Video

ANNUAL CONVENTION

ACOFPP '24 PARTICIPANTS

2,056 Total
1,300 In-Person
756 Virtual

246 residents and **289 students** received complimentary registration

Coming full circle four years after the start of the COVID-19 pandemic, some of the enhancements planned for 2020 were implemented this year. Multiple, simultaneous education tracks allowed for a wide range of education formats covering the full spectrum of family medicine. Case forums on pain management were supported by the largest grant ACOFP has been awarded as the primary grantee. The vibrant exhibit hall welcomed back many repeat booths while hosting new organizations to bring attendees together with technology, pharmaceutical, and supplier partners.

From an opening keynote in which Riaz Meghji interviewed ACOFP President Brian Kessler, DO,

DHA, FACOFPP *dist.*, to the numerous receptions and alumni events, it was also a week filled with joy and camaraderie! The convention ended with an authentic New Orleans marching band (second line, as they're called locally) guiding the President's Reception attendees to Bourbon Street, making for a perfect bookend to a convention that was scheduled to occur years prior.

Another highlight was the Think Tank, a Shark Tank-style pitch session that challenged students to imagine the future of family medicine. This event was funded by a grant from the American Board of Family Medicine (ABFM) Foundation—see page 29 for more details.



Highly Rated Aspects of ACOFP '24

The virtual aspects of the convention were rated particularly highly.

EASE OF ONSITE REGISTRATION CHECK-IN: 4.36 OUT OF 5 ★★★★★

HOW LIKELY ARE YOU TO RECOMMEND PROGRAMMING FROM ACOFP? 4.24 OUT OF 5 ★★★★★

SATISFACTION WITH VIRTUAL ON-DEMAND SESSIONS: 4.37 OUT OF 5 ★★★★★

OVERALL SATISFACTION WITH THE VIRTUAL EXPERIENCE: 4.29 OUT OF 5 ★★★★★

“I will return to ACOFP annually now that I understand the platform and topic variety and the high level of CME quality. Very well done, easy to use. Extremely happy with the experience.”

EXHIBITS ENHANCE LEARNING AND FUN

The ACOFP exhibit hall featured increased participation from our Corporate Council Roundtable partners in the form of product showcases, plus more opportunities for relaxation and fun. Puppy Love Therapy, organized through a partnership with Take Paws Rescue, took place on April 4 and 5, bringing mood-enhancing, morale-boosting connections to the event. Puppeteer painting, featuring puppets creating an intricate design right before the eyes of the audience, shared a story of creativity and joy with exhibit hall attendees.

SUPPORT FROM THE ACOFP AUXILIARY

The Auxiliary to the ACOFP hosted a happy hour, as well as supporting students with \$4,000 dedicated to the SAACFP Educational Workshops, which includes \$2,000 designated for direct workshop costs and another \$2,000 to assist students with travel expenses, ensuring wider access to invaluable educational experiences. For more on Auxiliary activities, see page 18.

CORPORATE COUNCIL ROUNDTABLE EXPANDS PRESENCE

Several Corporate Council Roundtable (CCR) partners offered new opportunities for engagement at ACOFP '24. Situation rooms were added to the schedule, pulling together small groups to share their backgrounds and experiences. As one participant remarked, “I feel like we get so siloed in what we’re doing, and I would much rather do this than hearing a lecture for an hour.” This

SECTION 1: ENHANCE AND SUPPORT LIFELONG LEARNING

highlights the value of the situation room as a refreshing alternative to traditional education methods, where collaboration and dialogue take precedence over passive learning. Facilitators play a crucial role in this dynamic, guiding discussions to build trust and reduce bias, ensuring that the focus remains on collective learning rather than selling a specific agenda. For more on the CCR program, see page 21.

CCR Partner participation at ACOFP '24:

- Pfizer: product showcase, situation room
- Novo: off-site dinner for program directors
- Aledade: networking reception
- Main Street Health: product showcase, private meetings

EDUCATION AT ACOFP '24

On the educational side of ACOFP '24, we offered 34 education sessions with an additional 17 sessions offered on-demand, developed by almost 70 presenters. A new track for faculty development was added to the lineup. The "De-stress Pain Management" session featured live opportunities for prescribers to join their peers in an in-person 90-minute forum to discuss patient cases and approaches to overcoming opioid misuse and opioid use disorder, based on participatory learning theory and allowing for an enhanced exchange of information and education that built upon online curriculum.

The educational aspects of ACOFP received a rating of 4.22 overall, up slightly from 4.17 in 2023.

96% of respondents were satisfied or extremely satisfied with the overall educational content

95% were satisfied or extremely satisfied with the ease of obtaining CME



Workshops continued to evolve with the convention, with two new workshops being offered. Enhanced Point-of-Care Ultrasound (POCUS) workshops provided 8 hours of hands-on instruction. Through partnership with a local sonography program, attendees were able to learn from the ultrasound students while they served as standardized patients. In the Urgent Care Procedures workshop, Procedural Medicine Work Group members combined several procedures from prior years into one comprehensive workshop that included suturing, incision and drainage, splinting and bracing, foreign object removal, IV placement, dislocation reduction, and ingrown toenail treatment.

"The use of ultrasound students was a stroke of genius! They were excellent subjects and were able to share their thoughts and techniques."

OMT Next Level workshops showed strong growth, with a 40% increase in attendance over 2023. The OMT Next Level Workshop series has been approved by AOBFP to count towards the recertification requirements from AOBFP for OMT.

"This is exactly the kind of CME that needs to be done every year at this conference!" – From session Billing and Coding Potpourri



“I was happy to see that over the last 4-5 years ACOFP has really worked on getting a more diverse group of presenters, included MDs as speakers and paid attention to physician well-being and offering ways to connect, move, exercise, and socialize.”

FUTURE PHYSICIANS ENGAGE AT ACOFP '24

289 students attended the convention compared to 2023's final registration number of 195, and 246 residents attended, up from 193 in 2023. Student and resident poster abstract winners shared their presentations from the main stage during the opening remarks each day (see page 32 for a list of winners).



One of the highlights of the educational programming offered for students and residents was a joint session, “Navigating the Path to Osteopathic Board Certification: What You Need to Know.” Other educational programming offered for students included “Embracing Opportunities and Challenges: A Journey in Osteopathic Family Medicine Residency,” “Insights from Residency Program Directors: What Do We Look For,” “OMT Without a Table,” and “Best of Osteopathic Manipulation.” Resident sessions included “Physician Contract Negotiation Tips for Residents” and “Life After Residency: Navigating the Transition.” This year, students opted for interactive panel discussions instead of traditional lectures, with a reduced schedule that allowed them time to attend main convention or resident sessions.



Student programming also included chapter leader training, the Culture of ACOFP Art Showcase, and a service project in support of the New Orleans Family Justice Center, which brought together 200 student members of the ACOFP family. Participants packed emergency shelter kits, nonperishable food boxes, hygiene kits, and household supplies.

SECTION 1: ENHANCE AND SUPPORT LIFELONG LEARNING



ACOFP Education Leads the Way in Innovation

ACOFP continued to expand and improve year-round educational opportunities. We went through reaccreditation with ACCME in 2024 with flying colors, receiving the highest marks, Accreditation with Commendation (July 2024), and a 6-year accreditation term.

We forged new educational partnerships and expanded existing ones. Greg Cohen, DO, FCOFP *dist.*, participated in an inter-professional panel at the American Diabetes Association's Scientific Sessions discussing ACOFP's collaborative efforts in ADA's Primary Care Collaborative. Additionally, we partnered with the Obesity Medicine Association (OMA) to offer their "Fundamentals of Obesity Treatment" course virtually to ACOFP members. Lead by osteopathic family medicine faculty with a specialization in obesity care, this course provided foundational content that had previously not been



accredited for AOA CME. In November, "Best of ACOFP '24" pulled together the faculty from the highest-rated courses from the convention, providing a recap and update with the ability for attendees to ask questions in a virtual setting.

To keep members informed of the multiplicity of opportunities, in July ACOFP launched a new eLearning newsletter focusing on new courses, upcoming events, OMT videos, and

content specific to health awareness.

OVER 125 HOURS OF NEW ON-DEMAND CME ADDED TO ELEARNING CENTER

- New AOA Category 1-A credits: 245 (122.5 directly by ACOFP and 122.5 via joint providership)
- New AMA credits: 170.25 (105.75 directly and 64.5 via joint providership)
- Total new credits (1-B): 6

MAKING AN IMPACT WITH STRONG EDUCATIONAL GRANTS



REMS Education

The success of year one of the REMS “De-stress Pain Management” training, ACOFP’s largest grant ever as an individual grantee, resulted in a second year of funding. In

2025, ACOFP will roll out an enhanced online curriculum. The enhancements will include increased accessibility, an emphasis on incorporating patient and caregiver perspectives, and case vignettes that illustrate possible racial and ethnic disparities and teach the learner how to mitigate unconscious bias. The expanded training will also include a self-assessment examination to provide clinicians with a way to prove their competence and performance in pain management.

Nearly 1,000 completed the online curriculum worth 6.5 CME credits, and over 2,200 completed one or more of the case forums, each worth 1.5 CME credits.

Our partnership with the American Diabetes Association resulted in several educational opportunities on topics of great interest to ACOFP members:

- Diabetes Technology and Nutrition
- Latest Innovations in Treatment for T1D
- Beyond the Basics
- Overcoming Therapeutic Inertia

A partnership with MedIQ, funded by Merck, resulted in a session for OMED, “It Takes a Village of Clinicians: Improving Lung Cancer Screening Uptake and Adherence.”



Weighty Topics

We also launched our first ever patient-focused education in partnership with the Academy for Continued Healthcare Learning (ACHL) with funding from Lilly, with the site <https://www.weightytopics.org/> receiving over half a million digital marketing impressions just in the first two months.

MAPPING CME CONTENT TO MEMBER NEEDS

ACOFP conducted a new educational needs assessment this year, with an impressive 1,033 responses. The findings from this report will be utilized in the planning of content starting in mid-2025 through the next two years and cover education from podcasts and blogs, to on-demand courses and the Annual Convention. Over 10 ACOFP committees and work groups utilize this information for education planning, and it is also a critical portion of many grants and corporate endeavors.

For the first time, a comprehensive education needs assessment tailored to students and residents was put out to both groups to ensure ACOFP is providing content that will best serve each audience. Findings will be analyzed early 2025 for possible implementation.

2024 Top 10 Topics of Interest

1. Diabetes
2. Obesity and weight loss
3. Cardiovascular disease
4. Hypertension
5. Asthma and COPD
6. Mental health
7. Cardiology
8. Infectious disease
9. Dermatology
10. (tie) Rheumatology
(tie) Pain management

This information, along with trends around artificial intelligence adoption in patient care, destination-based CME programming, and practice management topics, will all be used to create educational content over the next two years.

SECTION 1: ENHANCE AND SUPPORT LIFELONG LEARNING



ENHANCING ACCESSIBILITY

We have made great strides in web accessibility for the ACOFP eLearning Center. Our LMS is in accordance with the Web Content Accessibility Guidelines (WCAG) version 2.2, which sets standards to make web content more accessible to individuals with disabilities. Closed captions are now included as a text alternative to support users who are deaf or hard of hearing. Additionally, we are collaborating with Artisan Learning to enhance our accessibility expertise.

SUPPORTING ENGAGEMENT WITH FORMATIVE ASSESSMENTS

In 2024, 1901 residents completed the AOBFP In-Service Exam (ISE) and 686 completed the Clinical Osteopathic Recognition Training (CORTEX) exam. The numbers went up slightly for ISE and down slightly for CORTEX. The CATALYST platform continues to be a desired way to take the exams as it allows the residents to take the assessment from any device, mobile or

desktop on their own time. This is the same platform used by practicing physicians for their continuing certification.

OMTOTAL EXPANDS REACH



OM Teaching

OMTotal, our library of hands-on training OMT videos, expanded from 150 to 200+ videos, including billing and coding, pediatric, and pregnancy

A similar resource, OMTeaching, is available to COMs and residency programs for a small annual subscription fee and includes additional teaching resources. Twenty-six institutions subscribed during 2024. To learn more, scan the QR code.

FACULTY DEVELOPMENT AND PROGRAM DIRECTORS WORKSHOP

The 2024 Faculty Development and Program Directors Workshop brought together educators, coordinators, and program

directors for an enriching and collaborative experience. Building on the previous year's success, we exceeded our budget with 150 registered attendees. Participants engaged deeply in critical discussions, highlighted by standout presentations.

The feedback was overwhelmingly positive, with many attendees noting the value of networking with fellow leaders in medical education and discussing best practices. For 2025, this event has been renamed the Faculty Directors and Program Directors Conference.

DELIVERING CME AT OMED

ACOFP continued its strong involvement in OMED, with a total of 25.5 hours of CME (17 hours being in-person and 8 virtual). Our three Next Level OMT workshops all had around 35 attendees: Cervical and Thoracic Spine, Upper Extremities, and Headaches.

OMED partners:

- ACONP (American College of Osteopathic Neurologists and Psychiatrists)
- AOASM (American Osteopathic Academy of Sports Medicine)
- AOABIOM (the AOA Research Abstract & Student Poster Competition and the Bureau of International Osteopathic Medicine [BIOM] Abstract Competition)

ACOFP also had three grant programs at OMED.

Some of our OMED sessions included:

- "Reflux: Beyond the Burn- Everything You Wanted to Know but Were Afraid to Ask"
- "Vaccines for School-Aged Children and Adolescents"
- "POP CULTURE: Adopting a Power of Policy Mindset to advance Health Outcomes"

DIRECT PRIMARY CARE SUMMIT

ACOFP continued its expanded role at the Direct Primary Care Summit, which took place June 20-22 in Dallas, TX. ACOFP was responsible for the hands-on learn-

ing, which featured several sold-out workshops on point of care ultrasound (POCUS), wound care, dermoscopy, and skills procedures.

NEW OSTEOPATHIC FAMILY PHYSICIAN JOURNAL WEBSITE DEBUTS

A new website for *Osteopathic Family Physician* debuted in July, with a more engaging design and easier access to the journal archives. Articles are now being published in both HTML and PDF formats, allowing members to access information more easily on mobile devices. New and future articles will also include received dates for transparency about the time from submission to publication.

Nearly 1,000 members took the journal quizzes published as part of the journal, earning free CME credits.

YEAR-ROUND CONTENT KEEPS MEMBERS INFORMED

ACOFP Voice featured member-generated blog posts, news from the annual convention, and a wealth of content for students and residents, for a total of almost 100 posts. Some of the most popular posts were the article announcing G2211 approval and “Helpful Apps for Clinical Rotations.”

The DO.fm Clinical Podcast launched this year with the initial episode (“Incretins and Weight Management in Type 2 Diabetes”) being the most popular. As of September, 4 episodes have been published with an average listenership of 77 downloads. DO.fm: Student Edition has 10 published episodes, and DO.fm: Practice Management Edition released 1 podcast in 2024, “Incorporating OMT Into Regular Practice.”

On the social media front, ACOFP continued to add to its follower counts on major platforms, with LinkedIn and Instagram increasing by more than 200 followers each. We also launched a Threads account.

- 2024 saw a 25% growth in followers across all platforms (14,246 total).
- 447,163 impressions, up from 16.5% in 2023.
- 9,865 reactions to posts, up 10% from 2023
- Engagement has gone down 3%, but post sharing went up 34%.



SECTION 2: STRENGTHEN AND ADVANCE OUR MEMBERSHIP, GOVERNANCE, OPERATIONS, AND RESOURCES

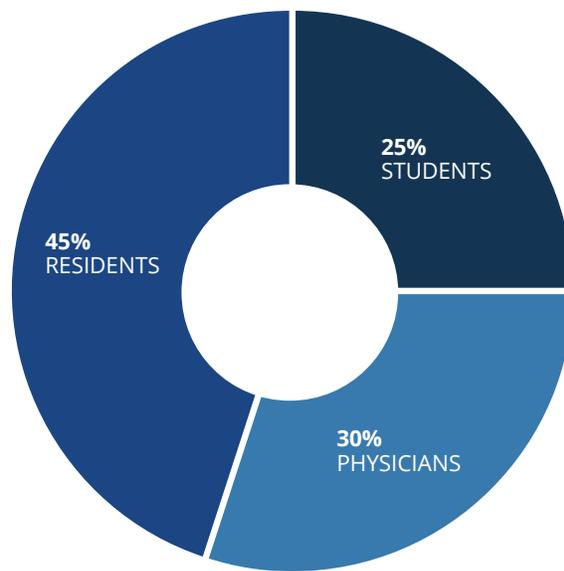


Membership Remains Strong

ACOFP's physician membership held steady at 6,029, very close to our final membership numbers for 2022 and 2023. The renewal rate remains very strong at 89%, and we continued to see strong performance in the number of new members and the number of members transitioning from resident to active member.

6,029
Physician Members

89%
Renewal Rate



TOTAL MEMBERS 26,000+

To enhance the value of ACOFP membership, we now offer a discount on individual UpToDate subscriptions through a partnership with UpToDate. The wealth of content in the OMTtotal video library continues to expand, now boasting over 200 videos demonstrating hands-on OMT techniques.



ORGANIZATIONAL MEMBERSHIP



For the first time, ACOFP is offering the option for organizations to become members, bringing more individuals into the ACOFP fold. The program offers a 10% discount

Membership over purchasing individual membership, as well as simplifying administration and billing for participating organizations. As of the end of 2024, 7 organizations have joined as organizational members, including 18 new individual members.



SECTION 2: STRENGTHEN AND ADVANCE

Spotlight on ACOFP Members

Each month, ACOFP features member spotlights on physicians, students, and residents through our social media channels, newsletters, and ACOFP Voice. These spotlights help illuminate the many career paths open to osteopathic family physicians and recognize our members' unique achievements. Here are just a few of the members featured in 2024!



Victoria Huynh, OMS-II
Why should you be a member of the Student Association of the ACOFP?

"As someone interested in the field, I believe it is important to develop connections with peers, mentors, and anyone involved in family medicine. That way, no

matter where you may be in your medical school career, there will always be a friendly face somewhere who is willing to offer words of encouragement or a helping hand."



Albert Hsia, DO
What is your advice to students and residents?

"In the real world, you are in high demand. You matter. You are essential and paramount to the community. Never forget that!"



Piyal Alam, DO
Why did you choose family medicine?

"Family medicine physicians can serve the community in multiple ways, be it ambulatory patient care, inpatient, sub-specialize, and teaching roles. We can also advocate for our patients through national and organizational leadership roles."



AUXILIARY TO THE ACOFP OFFERS STRONG SUPPORT

The Auxiliary to the ACOFP has made significant strides in supporting various initiatives aimed at enhancing the professional development and community welfare of ACOFP members and their families. The happy hour at the Annual Convention served as an opportunity for members to connect with their families while contributing to the Auxiliary's important work.

Among the key initiatives funded by the Auxiliary are:

- \$2,000 allocated to the ACOFP Future Leaders Program, fostering the next generation of osteopathic leaders.
- \$4,000 dedicated to the SAA Educational Workshops, which includes \$2,000 designated for direct workshop costs and another \$2,000 to assist students with travel expenses, ensuring wider access to invaluable educational experiences.

The Auxiliary has also provided crucial support through the Disaster Relief Fund, offering financial assistance to several members impacted by natural disasters and residency program closures. Additionally, \$1,500 was granted by the Journey Grants program, enabling residents to attend the annual convention, enriching their learning and networking opportunities.

Diversity, Equity, and Inclusion Efforts Continue to Spread



As part of our commitment to DEI, ACOFP developed a training based on content from previous Annual Conventions to discuss structural racism and how committee members can apply their learning to making impactful change. The Annual Convention Work Group examined its speaker recruitment practices to move towards more open requests and advertising for speakers, diversifying the pool of potential presenters. DEI leadership training for staff and committee members continues in its third year.

ACOFP has continued to track the actions of all committees and task forces towards DEI goals. The Leadership Development Committee revamped its selection processes to include a more objective rubric and to increase outreach to a wider range of leadership candidates.

ACOFP published a wide range of content on DEI, including at least 13 DEI-related blog posts, monthly DEI student spotlights, and journal articles on postpartum health, infertility, ADHD, and care for transgender patients.

The annual convention and other educational events featured many sessions on DEI-related topics, including:

- Dermatology in Different Skin Tones
- The Role of Family Medicine in Transgender Care
- Evaluation and Care of Neurodiverse Children and Adolescents
- Now That BMI Is Gone, How Do We Address Health Indicators: A Discussion of Fatphobia and Bias in Medicine

The Congress of Delegates passed three related resolutions in 2024:

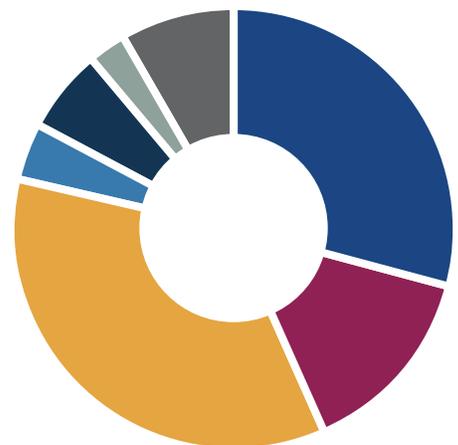
- Removing Intrusive Mental Health Questions from Licensure and Credentialing Applications
- Prescription Hearing Aid Coverage for Patients
- Advocating for a More Standardized Women’s Health Curriculum for Family Medicine Residency Training

Financial Highlights

ACOFP RECEIVES ANOTHER EXCELLENT AUDIT

The Audit Review Committee met with the auditors who gave both ACOFP and the ACOFP Foundation a clean opinion and did not find any internal control issues that would require a management letter for either organization.

ACOFP 2024 EXPENSE ALLOCATIONS



MEMBERSHIP

\$2,244,000.00 ----- 29%

GOVERNANCE

\$1,095,000.00 ----- 14%

CME

\$2,748,000.00 ----- 35%

PUBLICATIONS

\$345,000.00 ----- 4%

GME

\$442,000.00 ----- 6%

GOVERNMENT AFFAIRS

\$270,000.00 ----- 3%

MANAGEMENT/GENERAL

\$636,000.00 ----- 8%

TOTAL

\$7,780,000.00

SECTION 2: STRENGTHEN AND ADVANCE

NEW BOARD OF GOVERNORS POSITION CREATED



The Board of Governors welcomed its first new physician-in-practice governor, Ryan M. Smith, DO, FAAFP.

AFFILIATE SOCIETY ENGAGEMENT

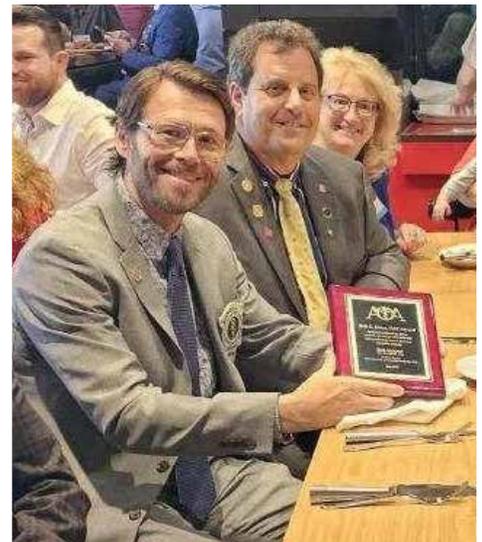


Affiliate Society Directory

In addition to the Military-ACOFP (see below), a new affiliate society for South Carolina was welcomed into the ACOFP family. There are now 5 affiliate societies represented in the ACOFP eLearning Center: Iowa, Missouri, Pennsylvania, Mountain West (new in 2024), and Michigan (new in 2024).

For affiliate society leaders, the website redesign allows for improved access to resources. The quarterly Affiliate Society Leaders Town Halls covered important topics including risk management best practices for meetings, an introduction to Novo Nordisk's educational obesity resources, and updates on affiliate education initiatives like the De-stress Pain Management program and a 2025 focus on diabetes and COVID-19 vaccine hesitancy.

ACOFP President Dr. Brian Kessler started off his presidential year in April visiting Ohio ACOFP. Dr. Kessler, along with other members of the ACOFP Board of Governors, attended 11 affiliate society meetings and visited 6 Colleges of Osteopathic Medicine to meet with local physician and student leaders while providing an update from the national organization. ACOFP actively supported various affiliate society events as an exhibitor or sponsor in Michigan, Missouri, Iowa, California, Texas, North Carolina, Pennsylvania, and Indiana.



CONNECTIONS FORGED THROUGH THE MILITARY SOCIETY

ACOFP welcomed its first interest-based affiliate group this year. The Society of Military Family Medicine Chapter (Military-ACOFP) brings together military-affiliated and veteran physicians across geographic lines. The Military-ACOFP held its first general virtual membership meeting in October, led by the first President, Andrew Crow, DO. Their first in-person membership meeting and educational session will be in April 2025 at the ACOFP Conven-

tion. The Military-ACOFP also joined the joint dues program and was included on the national invoice to spread the word. The ACOFP Roll Call of Honor, recognizing our members who have served and are currently serving, debuted a fresh look as part of the website redesign.

ACOFP STAFF PURSUE PROFESSIONAL EXCELLENCE

In July, ACOFP Executive Director Bob Moore was recognized with the prestigious Bob E. Jones, CAE Award from the American Osteopathic Association in recognition of his leadership and great contributions toward advancing osteopathic medicine. Bob is also serving as the 2024-2025 chair of Association Forum, one of the leading



organizations for association professionals. Bob Moore also serves as Vice Chair of the Society of Specialty Executives (SOSE) and Vice Chair of HR Source.

Other ACOFP staff are also leading in the association management profession. Emily Bennett, Director of Communications & Engagement, and Paige Zelinsky, Associate Director, Program Development and ACOFP Foundation, were named as part of the “Forty under 40” from Association Forum. Stephen Legault, Director of Knowledge, Learning, and Assessment, is serving as chair of the American Society of Associations Executives Professional Development Professionals Advisory Committee.

		
		
<p>CORPORATE COUNCIL ROUNDTABLE THRIVES The success of ACOFP’s Corporate Council Roundtable program continued into a second year, with 7 partners and increased involvement from several organizations. Corporate Council Roundtable members benefit from promotion of their programs and services through ACOFP communication channels, the opportunity to serve as thought leaders through blog posts on ACOFP Voice, cobranded education, and more, as well as collaboration with ACOFP leadership through participation in portions of board meetings and focus groups.</p>		

SECTION 2: STRENGTHEN AND ADVANCE



Students and Residents

THE STUDENT ASSOCIATION OF ACOFP PROVIDES STRONG SUPPORT AT COMS

The Student Association of ACOFP expanded to 56 active chapters at Colleges of Osteopathic Medicine, with three more on track to start next year. New student chapters were approved at Montana College of Osteopathic Medicine and Touro College of Osteopathic Medicine–Montana.

Over 250 student chapter leaders volunteer their time and efforts to promote family medicine on their campuses. In 2024, they coordinated an impressive 970 local activities, including workshops, seminars, volunteering, community service, awareness campaigns, and health fairs.

To facilitate communication and collaboration among student leaders, ACOFP organizes quarterly virtual leadership roundtable discussions, a platform for student chapter presidents and members of the National Student Executive Board (NSEB) to come together and share insights, best

practices, and updates about the activities happening within their chapters.

The monthly student newsletter was redesigned this year to reach students more effectively with opportunities through ACOFP.

The National Student Executive Board organized the student program at the annual convention (see page 11). Additionally, they submitted three resolutions to the Congress of Delegates. The ACOFP Student Boards Mentoring Program connected recent exam takers with current candidates, aiming to alleviate the stress, anxiety, and fear associated with these pivotal exams.

EDUCATIONAL CONTENT TAILORED FOR STUDENTS

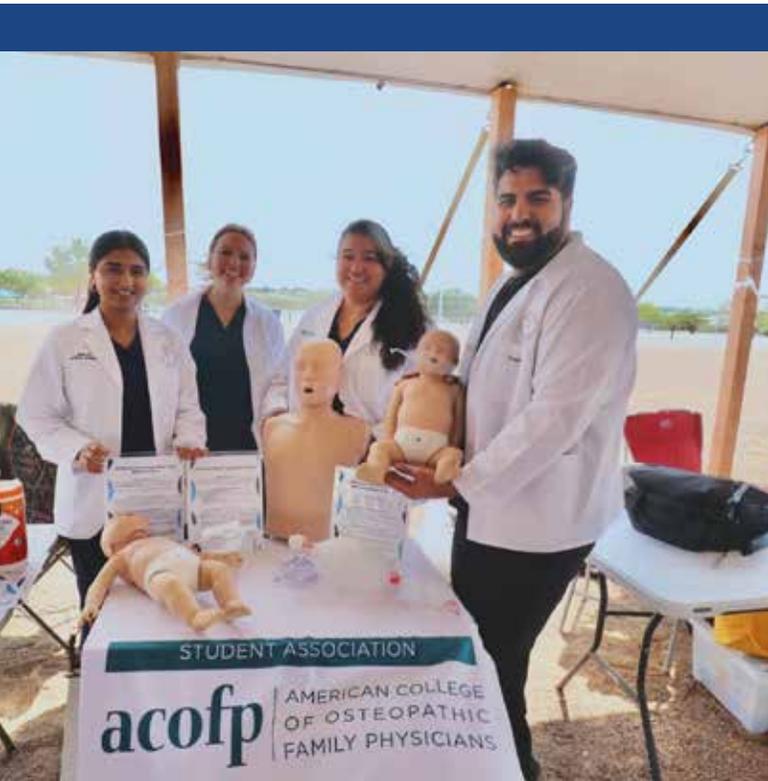
An impressive 10 DO.fm Student Edition Podcasts were published, featuring interviews with leaders in the field covering topics like excelling in third-year rotations, updates in the osteopathic exams, and tips for residency interview success.

ACOFP also created two student-oriented webinars. “Managing MSK Pain Related to Pregnancy” included a live demonstration of manipulative techniques to help alleviate pregnancy-related discomforts. “Relative Value of OMM for Medical Students Webinar” offered practical techniques for addressing common medical complaints.

The DEI Spotlight is a monthly blog that features students’ experiences and perspectives on topics such as living with disabilities, health disparities in rural minority communities, and human rights issues like coming out.

MEDICAL CREATIVITY ON DISPLAY

The Student Association of the ACOFP hosted two art showcases: “The Culture of Art” at the ACOFP Annual Convention in New Orleans and the online “Summer Showcase of Medical Creativity.” These events celebrated the diverse cultural heritage of ACOFP members, highlighting the rich tapestry of backgrounds and traditions that shape osteopathic family medicine.



STUDENT COMMITTEES SEEK INPUT THROUGH SURVEYS

The ACOFP Student Education Committee conducted a survey to identify topics for exploration and articles. The ACOFP Student Education Needs Assessment survey collected feedback to guide the development of ACOFP’s educational content. The Student Resolutions Committee surveyed ACOFP Chapter medical students to identify priority topics for resolutions, selecting three key areas to focus their efforts on.

The Education Committee contributed more than 15 articles to ACOFP Voice, including several focused on wellness, student leadership, and managing the stress of preparing for and taking exams. The Student Spotlight series, which shines a spotlight on a different student chapter president or chapter each month, extended its efforts by featuring over 34 posts.

Our social media presence featured 12 member spotlights each on residents and students, posts that continually get some of the strongest engagement on our social media channels.

THE AUXILIARY TO THE ACOFP RECOGNIZES STUDENT LEADERS

The Auxiliary to the ACOFP student award recipients for the 2023–2024 academic year were honored at the ACOFP Annual Convention and Scientific Seminars.



Ciara Robb, OMS-III

Marie Wiseman Outstanding Osteopathic Student of the Year

This award honors an osteopathic medical student who exhibits exemplary dedication to philanthropy and community service.



Evan Bishoff, OMS-IV, Kelsey McKenna, OMS-II, Kira Wence, OMS-III
Emerging Osteopathic Student Leader Awards

These awards recognize promising leaders among osteopathic medical students in the fields of osteopathic family medicine and within the ACOFP community, underscoring their commitment to leadership within the association.

SECTION 2: STRENGTHEN AND ADVANCE



ACOFP CONGRATULATES 2023-2024 STUDENT CHAPTER AWARD RECIPIENTS

ACOFP is proud of our outstanding student chapters and their dedication to promoting osteopathic family medicine on their campuses and in their communities.

President's Award: *Ohio University Heritage College of Medicine, Dublin*

Recognizing the chapter that best embodies the spirit and objectives of the Student Association of the American College of Family Physicians.

A. T. Still Award: *Rocky Vista University College of Osteopathic Medicine, Southern Utah*

Honoring the chapter that most effectively promotes the integration of Osteopathic Manipulation Medicine and the legacy of our profession's founder, A.T. Still, within family medicine.

Humanitarian Award: *Alabama College of Osteopathic Medicine*

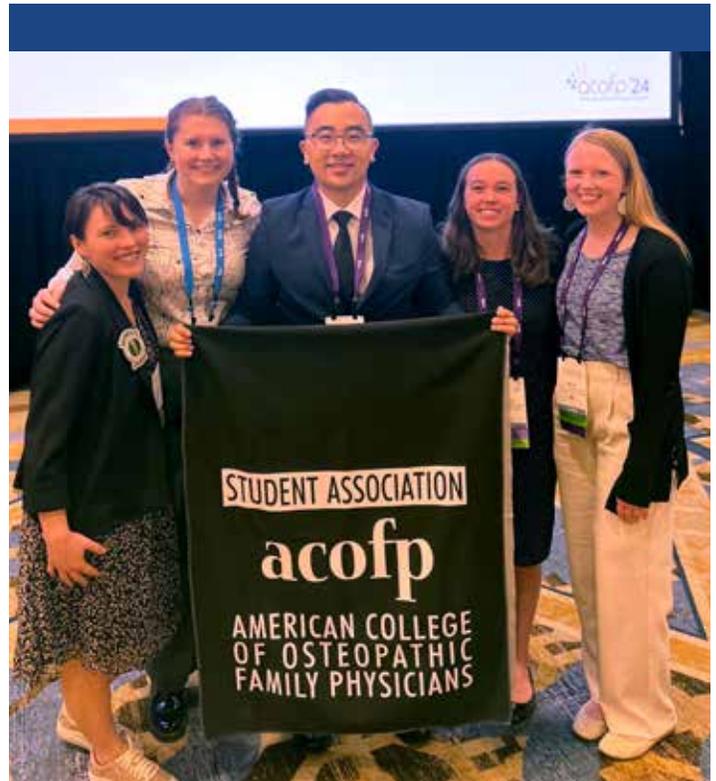
Acknowledging the chapter that excels in organizing and participating in humanitarian initiatives within their institution, community, and beyond, while advocating for osteopathic physicians.

Recruitment Award: *Liberty University College of Osteopathic Medicine*

Recognizing the chapter that achieves the highest percentage of first-year student member recruitment.

Impact Award: *Edward Via College of Osteopathic Medicine-Carolinas*

Commending the exceptional chapter, its leaders, and their teams for their significant contributions to the organizations identified for the ACOFP national service project.



NATIONAL STUDENT EXECUTIVE BOARD OF THE STUDENT ASSOCIATION OF THE ACOFP

President, George Yang, OMS-IV

University of the Incarnate Word School of Osteopathic Medicine

Vice President, Mandy Helle, OMS-IV

California Health Sciences University College of Osteopathic Medicine

Secretary, Haley Schuster, OMS-III

A.T. Still University Kirksville College of Osteopathic Medicine

Chapter Outreach Director, Kelsey McKenna, OMS-III

Rocky Vista University College of Osteopathic Medicine

Parliamentarian, Jay Wang, OMS-III

University of the Incarnate Word School of Osteopathic Medicine

Student Governor, Ciara Robb, OMS-IV

Rocky Vista University College of Osteopathic Medicine-Southern Utah

These students were elected during the ACOFP Annual Convention and Scientific Seminars held in New Orleans.

An additional 35 students serve as members on committees.



Resident Engagement

A new resident newsletter debuted in February, featuring monthly resident specific updates, OMT resources, critical deadlines, and spotlights on new physicians. The Resident Council selected and arranged OMT modules to provide free board preparation resources for resident members. Additionally, they collaborated with ACOFP and AOBFP staff to produce a flyer titled “Navigating the Path to Board Certification: What You Need to Know,” highlighting the distinctions between AOBFP and ABFM board certifications. The flyer outlines various aspects such as qualifications, certification options, pathways, exam fees, durations, and recertification options.

The council submitted two resolutions to the 2024 ACOFP Congress of Delegates on Advocating for Increased Primary Care Funding and Advocating for a More Standardized Women’s Health Curriculum for Family Medicine Residency Training. The Resident Council also recorded a podcast, “ACOFPP Resolutions and Advocacy in Osteopathic Medicine.”

RESIDENT COUNCIL LEADERS SHINE

The 2024-2025 Resident Council Executive Committee consists of co-chairs, Wyatt Eikermann, DO, and Mohit Chhatpar, DO, and vice-chair, Joe Li, DO.

RESIDENT COUNCIL REPRESENTATIVES

Region 1:

Joe Li, DO
Mohit Chhatpar, DO

Region 2:

Wyatt Eikermann, DO
Cara Conrad, DO

Region 3:

Kristen Bernas, DO
Allison Jakiel, DO

Region 4:

Briana Krewson, DO
Christina Sedaghat, DO

Region 5:

Audrey Byrd, DO
Chelsea Grey, DO

Region 6:

Jeffrey Berg, DO
Marilyn Le, DO

Legislative Advocacy

In 2024, ACOFP's advocacy efforts centered on advancing osteopathic family medicine and promoting policies that enhance patient care. During the annual Family Medicine Leadership Consortium meeting in Washington, D.C., ACOFP leaders conducted impactful visits on Capitol Hill, where they discussed the organization's key advocacy priorities in person. These meetings provided an important opportunity to directly engage with policymakers on critical issues, including:

- Reduce Unnecessary Paperwork Requirements
- Preserve the Family Medicine Model of Care
- Address the Family Physician Shortage
- Improve Outcomes and Reduce Costs Through Primary Care and Support for Family Physicians
- Focus on Vulnerable Populations and Address Racial Disparities
- Encourage the Appropriate Use of Telehealth
- Address the Opioid Crisis



Advocacy Priorities





ACOFP submits comment letters on key issues to government agencies such as the Centers for Medicare and Medicaid Services (CMS), the U.S. Department of Health and Human Services (HHS), and Congress. This year, ACOFP submitted 14 joint sign-on, comment, or letters of support this year. Notable ones include:

- 2025 Physician Fee Schedule Proposed Rule
- Preserving Senior’s Access to Physicians Act (H.R. 6683)
- Support for Primary and Virtual Care Affordability Act
- Letters of Support for H.R. 7258, Community TEAMS Act
- Support for the Medicare Patient Access and Practice Stabilization Act



In addition to *View from the Hill*, our weekly advocacy newsletter, the new ACOFP website has significantly enhanced communication around practice management, insurance and reimbursement, advocacy efforts, and sharing important news updates. With an intuitive design and streamlined navigation, it’s now easier to access the latest information. The updated site features dedicated sections for breaking news, event updates, and action alerts, ensuring that members stay informed and engaged in real time.

Additionally, it is now easier to access ACOFP Voice and the DO.fm Advocacy Edition podcast, which regularly feature information on our advocacy priorities and efforts.

The *View from the Hill* newsletter is sent out every Friday and compiled by our advocacy partners at Alston & Bird. Year-over-year, it has continued to maintain an impressive average 45-50% open rate, reflecting a strong interest and commitment of ACOFP members to advocacy.



Dillon’s Law

ACOFP supports member-led advocacy initiatives by empowering its members with the tools, resources, and guidance needed to take action on critical healthcare issues. By amplifying the voices of osteopathic family physicians, ACOFP helps drive meaningful change in healthcare policy and supports initiatives that improve patient care and strengthen the osteopathic profession. Learn more about Dillon’s Law, a policy supported by ACOFP in 2023, and one member’s quest to see this passed at a national level.

SECTION 3: ADVOCATE FOR THE PROFESSION



Support for the Profession

FUTURE LEADERS PROGRAM EXPANDS

The successful 2024 Future Leaders conference took place in Palm Springs, CA, at the Avalon Hotel and Bungalows, hosting 21 attendees and 4 mentors. **100% of participants rated the program as either very good or excellent.**

In 2025, this popular program will expand to two sessions, one in June and one in December, both to take place in Chicago. The ACOFP Foundation's Family Medicine Forward campaign will allow us to expand support with mentorship, one on one strengths coaching, and regional networking opportunities.

"I've walked away from this weekend with a new way of thinking about myself, my relationships and my career and new insights about how I interact with patients and how I show up in the world. I can't recommend this conference enough!"

—2024 Attendee

THANKS TO OUR SPONSOR

THANK YOU TO OUR PARTNER

THANK YOU TO OUR SUPPORTER

Thank you to Eli Lilly, the Auxiliary to the ACOFP, and the ACOFP Foundation for their generous sponsorship of this event!

MAJOR FAMILY MEDICINE GRANT HEADS INTO SECOND PHASE

ACOFP's accomplishments in the first phase of the Family Medicine Next grant from the American Board of Family Medicine Foundation were recognized with a second round of funding. The second-round funds of \$402,000 will support the development of a microsite and expanded resources to encourage students to enter into family medicine, with a primary audience of high school and undergraduate college students and those who work with them.



Think Tank Recap



Think Tank White Paper

The first year of the ABFM Foundation grant culminated in the extremely popular "Think Tank" session at ACOFP '24. A total of 40 students, 10 residents, and 50 physicians participated in this *Shark Tank* style pitch session in which teams presented their pitches to promote family medicine as a profession.

The innovative session garnered rave reviews from participants and attendees, and was reported on in the Association Forum magazine.

"Prior to joining Think Tank, I was on the fence between FM and EM....I can now say with certainty that FM is my desired specialty. I have never felt so welcome as a student at a conference."

"The Think Tank quite literally changed how I want to practice medicine...Now, I am committed to being an effective doctor on an individual level, but importantly, I am excited to embark on a journey of being a physician leader to make change on a systemic level."



"This event gave me so much hope for the future of family medicine. Everyone involved in this event was so passionate about family medicine that it truly was contagious."

Another aspect of the first year of funding was the creation of the "Day in the Life" video series. In collaboration with WorkerBee, these videos featuring ACOFP members will be aired as part of the Jobs of Tomorrow streaming series, which will highlight the osteopathic profession in an upcoming season. 18 ACOFP members will be featured in episodes shadowing them during their workdays.

CELEBRATING NATIONAL OSTEOPATHIC MEDICINE WEEK AND NATIONAL PRIMARY CARE WEEK

ACOFP continued its support of national recognition weeks with a strong social media presence. For National Primary Care Week, the student PR committee created content for each day of the week.

The total reach increased to 7,138 people, up an impressive 394.3% on Instagram and to 2,531 (368.7%) for Facebook from the week prior. During National Osteopathic Medicine Week, in addition to promoting DO Day and sharing content from AOA, our recognition post had 643 total impressions and was shared 21 times.

SECTION 3: ADVOCATE FOR THE PROFESSION

RECOGNIZING EXCELLENCE IN THE PROFESSION



Osteopathic Family Physician of the Year Award

Kathleen M. Rollinger,
DO, FACOFP



Lifetime Achievement Award

Craig S. Boisvert,
DO, FACOFP



Diversity, Equity and Inclusion Award

Brianna Y. Clark, DO, MPH,
CNPM, CLC



Diversity, Equity and Inclusion Award

Rachel A. Nixon,
DO



Excellence in Advocacy Award

Lorenzo L. Pence, DO,
FACOFP,
FAODME



Osteopathic Family Medicine Educator of the Year Award

Michael A. Becker,
DO, MS, FACOFP



Outstanding Female Leader of the Year Award

Jennifer L. Gwilym, DO,
FACOFP, FAAFP



New Osteopathic Physician of the Year Award

Shirley L. Sharp,
DO, FACOFP



Distinguished Service Award

Nicole H. Bixler,
DO, MBA,
FACOFP *dist.*



Distinguished Service Award

Robert C. DeLuca, DO,
FACOFP *dist.*



Distinguished Service Award

Thomas N. Told,
DO, FACOFP
dist.



Sander A. Kushner, DO, FACOFP Memorial Osteopathic Family Medicine Resident Award

Thomas W. Duffy, DO

FELLOWS OF THE ACOFP

The ACOFP Conclave of Fellows honored 15 physicians with the title of Fellow and 4 physicians with the title of Distinguished Fellow.

The designation of Fellow of the ACOFP is awarded to physicians who have made significant contributions to both national and local communities through activities such as teaching, authorship, research, and professional leadership. These individuals have also demonstrated a strong commitment to the well-being of their patients and the future of osteopathic family medicine. The 2024 class of the ACOFP Conclave of Fellows includes:



Patrick J. Botz,
DO, FACOF



Emily R. Copel,
DO, FACOF



Rebecca W.
Daley, DO,
FACOF



Matthew A.
Davis, DO,
MBA, CPE,
FACHE, FACOF



Ann D.
Glassman, DO,
FACOF



Hilary S. Haack,
DO, FACOF



Anna Z.
Hayden, DO,
FACOF



Brandyn W.
Mason, DO,
FACOF



Jared W.
Nichols, DO,
FACOF



Sean P. Perrine,
DO, FACOF



John T. Pham,
DO, FACOF



Andrew
Pieleck, DO,
FACOF



Elly Riley, DO,
FACOF



Christine M.
Rohanna, DO,
FACOF



Tracy
Romanello, DO,
FACOF

As part of the nomination process for becoming a Fellow, candidates must submit an unpublished scientific paper related to family medicine. The most deserving candidates are awarded the ACOFP Outstanding Paper Crest Award and the Most Outstanding Scientific Paper Award. In 2024 the Awards Committee presented one Most Outstanding Scientific Paper Award to Hilary S. Haack, DO, FACOF, for her paper "Metastatic Cutaneous Squamous Cell Carcinoma: A Case Review," and one Outstanding Paper Crest Award to Sean P. Perrine, DO, FACOF, for his paper "Pediatric Facial Nerve Palsy: A Case Study and Clinical Review of Lyme Disease."

SECTION 3: ADVOCATE FOR THE PROFESSION

DISTINGUISHED FELLOWS OF ACOFP

Additionally, 4 physicians were recognized as Distinguished Fellows of the ACOFP during the ACOFP Conclave of Fellows Ceremony. This prestigious honor is awarded to individuals who have shown exceptional dedication and service to the ACOFP and the osteopathic family medicine profession. The 2024 Distinguished Fellow Award recipients are:



Nancy A. Bono, DO, FAAFP, FACOFP *dist.*



Antonios J. Tsoimpanidis, DO, FACOFP *dist.*



Ira P. Monka, DO, MHA, FACOFP *dist.*



Thomas J. Zimmerman, DO, MBA, FACOFP *dist.*

MASTER PRECEPTOR AWARDS

The Master Preceptor Awards recognized preceptors who demonstrated excellence in training, educating, and mentoring osteopathic medical students in the field of family medicine. The following individuals have received these prestigious awards:



Steven H. Barag, DO, FACOFP



Brian A. Dickens, DO, FACOFP, FAAFP

2024 SCIENTIFIC POSTER PRESENTATION WINNERS

Resident - Original Research

1st Place: Matthew Facas, DO, "Effects of a Standardized Office-wide Protocol for an Approach to Acute Lower Back Pain"

2nd Place: Sumit Rajpara, DO, "Optimal Blood Pressure Control for Progression of Diabetic Kidney Disease"

3rd Place: Mohit Chhatpar, DO, "Evaluating Barriers to Treatment for Rural-Specific Patients with Substance Use Disorder in the US"

Student - Original Research

1st Place: Gianna Petrillo, OMS-III, "The Effect of OMT on Insulin Sensitivity and Glucose Control in Rodent Models: A Pilot Study"

2nd Place: Kieran Gormley, OMS-III, "Patient-Provider Communication Gaps about Chronic Illness in Rural Appalachia: A Narrative Approach"

3rd Place: Anudeep Deevi, OMS-III, "Effect of Osteopathic Manipulative Treatment on Breastfeeding Mothers: A Scoping Review on Maternal Comfort and Infant Health Outcomes"

Case Reports

Resident: Landon Smith, DO, "MGUS In Patient with Chronic Urticaria: Schnitzler's Syndrome"

Student: Natalie Yousef, OMS-III, "Tracheomalacia in Adults: An Uncommon Cause of Dyspnea"



2024
FOUNDATION
ANNUAL
REPORT

acofp FOUNDATION



MESSAGE FROM THE PRESIDENT



Paul A. Martin, DO, FACOFP *dist.*
2024–2025 ACOFP
Foundation President

As we reflect on 2024, this has been a landmark year for the ACOFP Foundation. In addition to continuing the work of our new strategic plan, we launched two major initiatives: the Family Medicine Forward Campaign, an ambitious fundraising effort to support early career physicians, and a new ACOFP Foundation website to better serve our community, highlight our work, and report on our impact.

In April, in honor of ACOFP's upcoming 75th anniversary, the Foundation introduced the Family Medicine Forward Campaign to elevate our impact on the osteopathic profession. In today's evolving healthcare landscape, the urgency of addressing barriers in primary care has never been greater. Early career physicians play a pivotal role in shaping the future of osteopathic family medicine, and they need our support now more than ever. With a goal of raising \$750,000 to expand programs for early career physicians, we are proud to share that in the campaign's first year, we reached 33% of our total goal. This progress reflects a true testament to the generosity and dedication of our donors in sustaining the profession in perpetuity. A special thank you goes to our inaugural donors and to ACOFP for their leadership gift of \$75,000, announced at the ACOFP Congress of Delegates.

Another major milestone for the ACOFP Foundation was the implementation of the new Foundation website. This marked a major step forward in how the Foundation connects with our donors, grantees, partners, and the broader healthcare community/industry. Our goal with this project was to ensure that it's easier than ever to access our programs, resources,

In today's evolving healthcare landscape, the urgency of addressing barriers in primary care has never been greater. Early career physicians play a pivotal role in shaping the future of osteopathic family medicine, and they need our support now more than ever.

and initiatives, and to also highlight the impactful work we do. This project underscores our commitment to innovation, collaboration, and growth as we continue to champion osteopathic family physicians in delivering exceptional patient care.

In addition to these two milestones, the Foundation made significant strides aligned with our strategic plan. In the fifth year of offering the Initial Certification Grant, we received a record-breaking

number of applications from third-year residents to help achieve osteopathic AOBFP/AOA Board Certification. New this year, we expanded this initiative to support current practicing physicians who were unable to take the OMT portion of the exam in the past ten years. This new OMT Certification Grant provides financial assistance to physicians who wish to take the OMT portion of the AOBFP certification and to further demonstrate their osteopathic distinctiveness.

We also expanded our osteopathic In-Service Exam (ISE) program to support residents nationwide. This initiative ensures that residents from programs not traditionally supporting the American Osteopathic Board of Family Physicians (AOBFP) osteopathic ISE can have a pathway to seek osteopathic Early Entry Initial Certification. This program covers the full cost of ISE fees for programs that have not traditionally supported the exam, ensuring that no resident will face obstacles in participating in the ISE or EEIC due to their program affiliations.

As we look ahead to 2025, we remain committed to building on this year's progress. Through the Family Medicine Forward Campaign and other initiatives, we will continue to support the future of osteopathic family medicine. We extend our heartfelt thanks to ACOFP for their partnership and to the Foundation leadership for their guidance during this exciting time. Together, we are shaping the future of osteopathic family medicine.

Paul A. Martin, DO, FACFP *dist.*
2024–2025 ACOFP Foundation President



COMMITTING TO OUR STRATEGIC PRIORITIES

Along with the launch of the main ACOFP website, the ACOFP Foundation also unveiled a new look. The updates allow for easier ways to donate, as well as for those seeking funds to access opportunities for grants and awards.



ACOFP Foundation

The Foundation launched the Family Medicine Forward campaign to provide ongoing support for the future of our profession. With the hurricanes affecting the East Coast this year, the Foundation also put new energy behind the Disaster Relief Fund.

In partnership with the American Osteopathic Foundation (AOF), we approved a new research grant opportunity to support osteopathic endeavors in research and education, including the publication of such research. This grant of \$10,000 will be awarded to a resident or fellow in training in an osteopathically recognized program to fund their research activities. The first round of this grant will open in 2025.



ACOFP FOUNDATION EARNS EXEMPLARY FINANCIAL RANKINGS

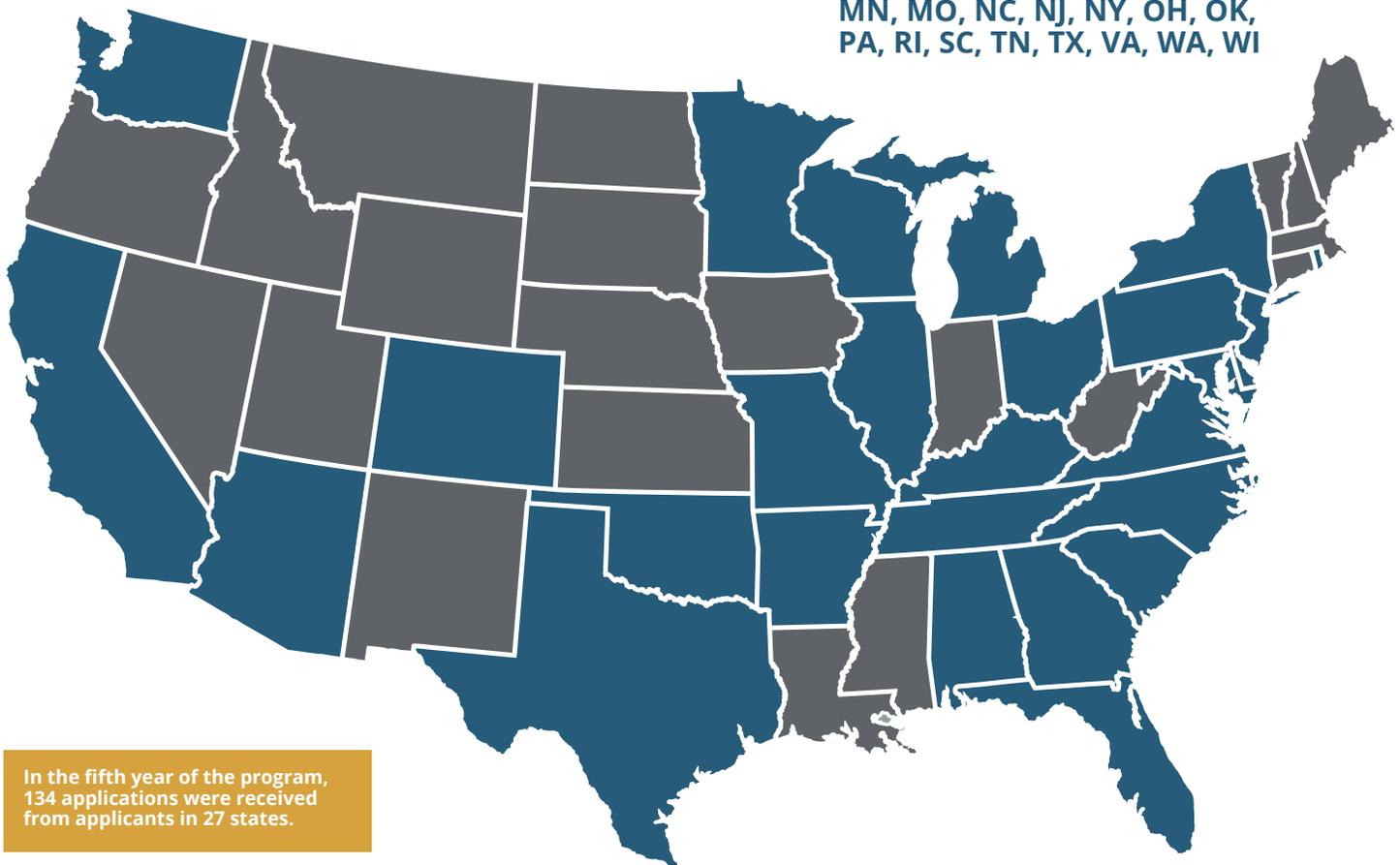
The Foundation received a “platinum” rating for transparency from Candid, a new achievement in 2024. The Foundation also received another excellent financial audit.

GOAL 1



Strengthen the osteopathic family physician profession by promoting a diverse and distinct workforce.

AL, AZ, AR, CA, CO, DE, FL, GA, IL, KY, MD, MI, MN, MO, NC, NJ, NY, OH, OK, PA, RI, SC, TN, TX, VA, WA, WI

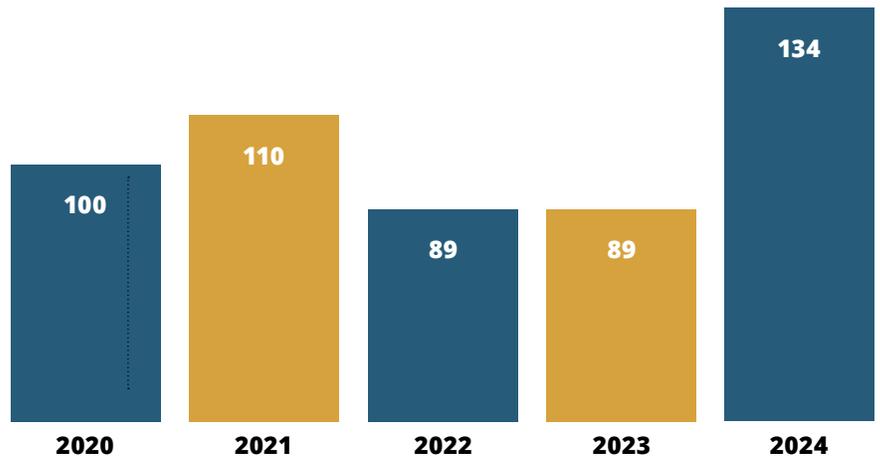


In the fifth year of the program, 134 applications were received from applicants in 27 states.

INITIAL CERTIFICATION GRANT PROGRAM CELEBRATES 5 YEARS

In the fifth year of our initial certification grant program, we supported 134 applicants from 27 states, the highest number of applications received to date.

New in 2024, physicians who completed initial certification within the last 10 years who did not take the practical exam are eligible for up to \$900 in funding to complete this portion of the exam. These funds will cover OMT exam fees and up to \$500 in travel costs.



\$750,000



FAMILY MEDICINE FORWARD

In commemoration of ACOFP's 75th anniversary, the Foundation launched a new campaign to support new-in-practice physicians in April of 2024. This new campaign, Family Medicine Forward, aims to raise \$750,000 by ACOFP's Congress of Delegates in 2027.

In the first year of the campaign, the Foundation raised \$250k, 33% to our goal of \$750k. These funds will support the following programs to launch in 2025:

- Formal mentorship program.
- CliftonStrengths one-on-one coaching sessions.
- Additional Future Leaders Conferences
- Alumni networking opportunities.

FUTURE LEADERS SUPPORT

The successful 2024 Future Leaders conference took place in Palm Springs, CA, at the Avalon Hotel and Bungalows, hosting 21 attendees and 4 mentors. In 2025, this popular program will expand to two sessions, one in June and one in December, both to take place in Chicago, supported by the Family Medicine Forward campaign.

LEGACY CIRCLE GIVING

The Legacy Circle allows donors to include the ACOFP Foundation in their estate planning, including gifts of life insurance policies, IRAs, and other assets.

The ACOFP Foundation gratefully acknowledges the following Legacy Circle members.

- Eugene D. Pogorelec, DO, FACOFP *dist.*
- Jeffery S. Grove, DO, FACOFP *dist.*
- James Michael Lally, DO, FACOFP
- Mrs. Gery Namey
- M. Jay Porcelli, DO, FACOFP *dist.*

IN-SERVICE EXAM PILOT PROGRAM SPREADS NATIONWIDE

Since launching the Forging Our Osteopathic Future campaign in 2019, we have looked to increase our commitment to achieving a strong and vibrant pipeline of DOs by supporting the osteopathic pathway throughout all stages of residency. We know that if a residency program does not endorse the AOBFP In-Service Exam (ISE), produced and administered by ACOFP, they cannot participate in AOBFP's Early Entry Initial Certification pathway and are unlikely to take advantage of the available grant funds from the ACOFP Foundation.

In addition to subsidizing the cost of the exam for our residents, we have expanded our California pilot program to fully pay the cost of the In-Service Exam for first- and second-year residents in residency programs who have not traditionally supported this board certification pathway. This opportunity is now available nationally in all states. The first- and second-year residents will have two ISE exams covered over a two-year period qualifying them to sit for the AOBFP Early Entry Initial Certification exam.

In 2024, 21 residents from 5 separate programs participated in this new program. The ACOFP Foundation is committed to ensuring that no resident will face obstacles in participating in the ISE due to their program affiliations.



SECTION 4: 2024 FOUNDATION ANNUAL REPORT

GOAL 2



Provide osteopathic training, resources, and other learning opportunities to promote delivery of the highest quality of care for the body, mind & spirit.



SANDER A. KUSHNER, DO, FACFP, MEMORIAL OSTEOPATHIC FAMILY MEDICINE RESIDENT AWARD

The ACOFP Foundation recognized Thomas W. Duffy, DO, as the recipient of the 2024 Sander A. Kushner, DO, FACFP Memorial Osteopathic Family Medicine Resident Award. This prestigious award pays tribute to the memory of Dr. Sander A. Kushner, a dedicated advocate of osteopathic family medicine, renowned for his unwavering commitment to education and the profound impact he made on the field. Dr. Kushner's enduring legacy lives on through the physicians he mentored, his esteemed colleagues, and the communities he served. Thomas W. Duffy, DO, exemplifies the spirit and dedication to osteopathic medicine that Dr. Kushner cherished, making him a deserving recipient of this esteemed honor.

NAMEY/BURNETT PREVENTATIVE MEDICINE WRITING AWARD

Sponsored by the ACOFP Foundation, with winners selected by the ACOFP Health & Wellness Committee, the Namey/Burnett Preventative Medicine Writing Award honors the memory of Joseph J. Namey, DO, FACFP, and John H. Burnett, DO, FACFP, by recognizing the best preventative medicine blog posts submitted by osteopathic family medicine students and residents.

THE 2024 WINNERS WERE:



First Place: Taylor Do, "Bridging Gaps in Skin Health: The Importance of Skin Checks in Patients of Color"



Third Place: Tamryn Van Der Horn, "Foot Health and Foot Examinations as Essential to Preventative Practice by Primary Care Physicians"



Second Place: Daryl Traylor, "Overcoming Barriers to Inclusive Precision Medicine Research and Genetic Screening: The Role of Osteopathic Family Medicine in Engaging Black Patients"



Honorable Mentions: Susana Abril Rodriguez Medina, "An Osteopathic Approach to Maternal Mortality in the Latino Community"



Reena Sheth, "Preventable Healthcare Barriers Experienced by the Transgender Community"

GOAL 3



Demonstrate the impact of osteopathic family medicine in improving the health of patient populations and communities through addressing social determinants of health.



SUPPORTING THE COMMUNITIES WE SERVE

The ACOFP Foundation contributed \$10,000 to support the AOF Jeffrey Grove, DO, LGBTQ+ Pride Scholarship, awarded to a student who is committed to better understand and address the unique health-care needs of the LGBTQ+ community and how such needs can be addressed through osteopathic medicine.

The Foundation also provided key financial support for the Think Tank. After hearing the students needed additional funds to attend convention, the Foundation stepped in and donated \$500 per student participant, a total of \$20,000, to ensure that the students could participate in the Think Tank.

FAMILY MEDICINE EDUCATION CONSORTIUM (FMEC) PARTNERSHIP

For the fourth year in a row, the Foundation exhibited at FMEC in Philadelphia, PA. The Foundation also supported three full scholarships to osteopathic family medicine residents. Here's what the scholarship recipients had to say about their experiences.



"I do not have the money to be able to attend conferences and this made a big difference to me in terms of my residency applications. Before this event, I had not even heard of some of the residency programs, and now I have two interviews from the programs I interacted with there. This takes me one step closer to becoming a first-generation physician.

- Fiona Pashollari, OMS-III (LECOM)

"I was a recipient of the FMEC student scholarship this year, and as a result I was able to not only attend the conference, but also present a poster. I want to thank you from the bottom of my heart for this unique opportunity to explore family medicine and all that it has to offer. It truly was such an incredible weekend filled with learning, laughter, and personal growth."

- Jane Taylor, OMS-IV (LECOM)

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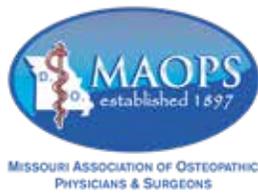
FAMILY MEDICINE FORWARD ORGANIZATIONAL DONOR HONOR ROLL

AS OF 12/31/2024

Founders Level (\$7,500+)



Champion (\$1,000+)



FAMILY MEDICINE FORWARD DONOR HONOR ROLL AS OF 12/31/2024

Founders Level (\$7,500+)

Nicole Bixler, DO, FACOFP <i>dist.</i>	Bob Moore, MS, MA, FASAE, CAE
Suse and Greg Cohen, DO, FACOFP <i>dist.</i>	Susan and David Park, DO, FACOFP <i>dist.</i>
Jeffrey Grove, DO, FACOFP <i>dist.</i>	Alberto Santos III, DO
Carol Henwood, DO, FACOFP <i>dist.</i>	Rebecca Szewczak, DO, FACOFP
James Lally, DO, FACOFP	Bruce Williams, DO, FACOFP <i>dist.</i>
Harald Lausen, DO, FACOFP <i>dist.</i>	Lynn Wilson, DO, FACOFP
Terry and Paul Martin, DO, FACOFP <i>dist.</i>	

Visionary (\$5,000+)

Peter Bidey, DO, FACOFP
 Matthew Davis, DO, FACOFP
 Kenneth Heiles, DO, FACOFP *dist.*
 Susan Medalie, DO

Leader (\$2,500+)

Robert N. Agnello, DO, FACOFP
 Pat and Larry Anderson, DO, FACOFP *dist.*
 Robert DeLuca, DO, FACOFP *dist.*
 Gautam Desai, DO, FACOFP *dist.*
 M. Jay Porcelli, DO, FACOFP *dist.*

Champion (\$1,000+)

Elizabeth Bowman, DO
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 Jessica Richter, DO
 Christine Rohanna, DO, FACOFP
 Ryan Smith, DO
 William Stager, DO
 Rebecca Wendell Daley, DO
 Jordan Wong, DO

Friend (<\$1,000)

Patrick Botz, DO, FACOFP
 Charles Henley, DO, FACOFP *dist.*
 Steven Kamajian, DO, FACOFP *dist.*
 Brian A. Kessler, DO, FACOFP *dist.*
 Katherine Lincoln, DO, FACOFP
 Saroj Misra, DO, FACOFP *dist.*
 Joseph Molnar, DO, FACOFP *dist.*
 Amelia Tunanidas Pantelis, DO, FACOFP
 Lorenzo Pence, DO, FACOFP
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