2022 was a pivotal year for ACOFP to transform and build its learning programs to meet current and future demands in a competitive educational environment. The stakeholder audience continues to evolve, and ACOFP recognized that an evolution in programming and member experience was needed.

ACOFP continues to grow stronger across key areas such as membership, governance, and operations.

ACOFP invests significant resources in our advocacy efforts in order to represent the priorities of osteopathic family physicians. These efforts range from our weekly newsletter to advocacy education and submitting public comment letters to Congress and the Administration. We work tirelessly on behalf of our membership to advocate for the profession and update members on the latest legislative and regulatory activities—and highlight areas for member engagement in these important efforts.

2022 was a momentous year for the ACOFP Foundation. With the help of our generous supporters, the Foundation was able to continue its mission of advancing osteopathic medicine while also laying the groundwork to further increase our impact for the future of the profession as a whole.
STRATEGIC PLAN 2020-24

MISSION
The mission of the American College of Osteopathic Family Physicians is to promote excellence in osteopathic family medicine through quality education, visionary leadership and responsible advocacy.

VISION
The vision of the ACOFP is to be the professional home for all individuals with a commitment to osteopathic primary care.

CORE VALUE
ACOFP is your:
- Professional family
- Advocate for the profession and patients
- Trustworthy resource
- Home for family medicine and osteopathic distinctiveness

GOALS
Enhance and support lifelong learning along the education continuum in osteopathic family medicine.
- Increase student knowledge of osteopathic family medicine.
- Enhance the professional development of family medicine residents.
- Enhance CME access and scope.
- Increase scholarly activities in osteopathic family medicine.

Strengthen and advance our membership, governance, operations and resources.
- Maximize organizational effectiveness.
- Augment and optimize technology and communications.
- Increase member engagement.

Advocate for recognition and advancement of osteopathic family medicine.
- Increase education about the value of osteopathic family medicine.
- Increase legislative impact.
- Maximize member involvement.

WE DO THIS BY BEING:
ACCESSIBLE | INNOVATIVE
INCLUSIVE | DIVERSE | PASSIONATE
As I approached my term as ACOFP President, my predecessors advised me that this year would pass very quickly. But I am still caught off guard as to how quickly it ended. You begin the year with ideas, plans, and aspirations, and when the year ends, you find that you have not achieved all of them. Fortunately, ACOFP is an organization where there is always someone ready and willing to take the baton and “run like crazy” to achieve those unmet goals and set new goals. This continues to be true of ACOFP 2023-2024 President, David Park, D.O., FAAP, FACOFP, dist. Dr. Park is engaged with students, residents, and physicians and he has his finger on the pulse of osteopathic family medicine. ACOFP is in good hands in the coming year.

I want to highlight some accomplishments for ACOFP over the past year that I feel position the profession for future success.

**STUDENTS**
Our student chapters are our lifeline. We need to connect with our students in their first year and demonstrate the value of family medicine. Family medicine cannot be a “fallback” specialty—it needs to be the specialty students wish to pursue.

In an effort to support students and advocate for family medicine, we were invited by the American Board of Family Physicians (ABFM) to apply for a Family Medicine NEXT Initiative grant, and our grant was approved. This will provide ACOFP with insights on why or why not medical students consider family medicine and what new resources we will use to attract the next generation of osteopathic family physicians.

Students want to have a voice and express themselves, which is what this grant is designed to do. This year students were given the opportunity to shine, and were involved in developing podcasts and writing blog posts. Students were also featured on ACOFP social media channels.

**RESIDENTS**
ACOFP has been working diligently to promote the value of certification through the American Osteopathic Board of Family Physicians (AOBFP). New this year, we published a study in the *Journal of Family Medicine* highlighting the strong correlation between AOBFP In-Service Exam (ISE), produced and administered by ACOFP and AOBFP, and the AOBFP certifying examination (CE).

In addition, through the “Forging Our Osteopathic Future” Campaign with the ACOFP Foundation, residents can apply for a grant that will cover up to $1,400 for their registration and travel for their performance and certification exams, providing an opportunity for osteopathic family medicine residents to take these exams for little or no cost. Fundraising continued at a strong pace in 2022. There has been $1.8M raised of this $2M campaign, and this money is given directly to our residents. I hope you’ll consider contributing if you haven’t already.

**PHYSICIANS**
It goes without saying, but as family physicians, we do it all. However, we need to do a better job promoting the breadth and depth of our work so that we can be recognized and compensated for the critical role we play in primary care. Our advocacy work this year was focused on promoting the osteopathic family physician, and ACOFP has commented on and signed on to legislation to do so.
Our advocacy efforts were also instrumental in other areas of healthcare advocacy, including securing sponsors for the Rural Physician Workforce Production Act of 2022; rallying in opposition to the Medicare Physician Fee Schedule for 2023, which proposes cuts of 4% in physician reimbursement; and corresponding with legislators to encourage them to support the Fair Access in Residency (FAIR) Act to level the field between the Comprehensive Osteopathic Medical Licensing Examination (COMLEX) and the United States Medical Licensing Examination (USMLE) in graduate medical education programs.

An important request we responded to was from the Assistant Secretary of the Department of Health and Human Services requesting information about what the federal government can do to strengthen primary care, and discussed this with the Assistant Secretary’s senior advisor. We also submitted comments regarding the implementation of the Medicare Access and CHIP Reauthorization Act (MACRA). Each year, in partnership with our legal partners at Alston & Bird and our Federal Legislative Advocacy Committee, we increase our efforts to advocate on your behalf. The more work we do in this arena, the more recognition our organization receives.

ACOFP also remains an executive member of the Primary Care Collaborative (PCC), and as such, we have signed on to the Concordance Recommendations for Primary Care and Investment, part of PCC’s Better Health Now campaign. This campaign focuses on the implementation of high-quality primary care as outlined in the National Academies of Science, Engineering, and Medicine (NASEM) published in May of 2021.

ACOFP is privileged to have a skilled and dedicated staff led by our Executive Director, Bob Moore. As you look at our website, our e-learning opportunities, our annual convention, OMED, the Congress of Delegates, and so much more, please remember that all this isn’t possible without the dedication and commitment of the ACOFP staff. I want to personally thank our staff for the amazing work they do every day on our behalf.

I also wish to thank our amazing volunteers, of which all of you are included. You make up our committees, workgroups, task forces, and this Congress to drive the agenda, create the policy, and do the work of ACOFP. You are awesome and deeply appreciated.

Finally, I want to thank the ACOFP Board of Governors. Throughout the year, we consider the issues, address concerns, approve policy, approve the budget, and promote osteopathic family medicine. Our Board is the best. These individuals are always prepared to roll up their sleeves and do what is best for ACOFP. To them, I am especially grateful.

This year, I visited many states, attended many meetings, and listened to many students, residents, and physicians share their thoughts and concerns about osteopathic family medicine. I found many of these issues and concerns consistent across our specialty. I truly enjoyed these opportunities to meet with our members and dedicated osteopathic family physicians.

Thank you, and God bless. It has been my honor to serve you.

Osteopathically yours,

Bruce R. Williams, DO, FACOFP
2022-2023 ACOFP President
The 2020s have been quite the wild ride for all of us thus far. But with each passing year, I see us making great progress as a professional community and association. Even though the pandemic threw us multiple curveballs, I believe ACOFP is stronger and better positioned for the future because of this. 2022 provided us another year of opportunity to adapt and build for the future of the profession—literally and figuratively.

First, ACOFP has a new home! As announced at the Congress of Delegates last year, the ACOFP Board of Governors made the decision to sell the ACOFP building in Arlington Heights due to the rising costs of the upkeep and expenses and the decline of the building's value. Additionally, the proceeds from the building will prove more valuable as investments. The new office also offers convenience due to its proximity to O'Hare International Airport and overall accessibility for members and staff, making this new space better suited for our organizational needs. We moved in October, and with Drs. Williams and Park present with the whole staff, we “cut the ribbon” on December 5, 2022. Our new address is 8501 W. Higgins Road, Suite 400, Chicago, Illinois 60631.

TECHNOLOGY FOR THE FUTURE
On the technology front, we researched new association management systems (AMS) to better serve the current and future needs of our members. With the help of the Board, we decided to switch to a new AMS known as Nimble, which is based on the well-known Salesforce platform. Our work migrating to Nimble will take all of 2023, and we have a goal to launch in 2024. We also conducted an assessment of the ACOFP website as we will need to switch platforms because the ACOFP website is tied to our current AMS. In 2023 we will work to build a new, modern and relevant website for ACOFP and our members in 2024. Additionally, following feedback from the 2022 Annual Convention, ACOFP staff took a hard look at our existing virtual platform and delivery of hybrid education and switched our provider to Bizzabo to allow for live streaming from one of our CME session rooms.

EDUCATION ENHANCEMENTS
After a multi-year process, I am thrilled that ACOFP obtained provisional Accreditation Council for Continuing Medical Education (ACCME) accreditation for our learning programs. We know that many of our members need American Osteopathic Association (AOA) and/or ACCME credit to maintain their board certification and medical license requirements. With this accreditation, ACOFP can be the one-stop shop for your learning needs. We are also now able to help support our state societies and other organizations through a new joint-accreditation program we have begun to pilot test.

Given the diversity of family medicine, we sought partnerships from a variety of organizations in an effort to bring you the most relevant and quality learning opportunities. In 2022 we launched two certificates of training. The first was the Comprehensive Care for Persons with Diabetes certificate in partnership with the Endocrine Society. The second was the Digital Health for Practicing Clinicians certificate with The Digital Medicine Society (DiMe) and Rocky Vista University College of Osteopathic Medicine - Digital Health Track (RVU-DHT). We also expanded our educational partnerships, including The France Foundation, Food Allergy Research & Education, and the American Diabetes Association to support consumer research and education.
DEI/LEADERSHIP DEVELOPMENT

2022 provided a full year to begin implementing recommendations from the DEI Task Force. Of note, all committee members were provided and asked to take an online implicit bias training prior to volunteering at ACOFP. Diversity, equity, and inclusion (DEI) goals were also included in ACOFP committee and work group charges where appropriate. We expanded our education and celebration of a variety of cultural events through our online communications. We also began developing grant proposals to enhance ACOFP education in this realm, including one that will help physicians and their care teams who may be on the receiving end of discriminatory actions by their patients. This initiative supports a resolution passed by the ACOFP Congress of Delegates in 2019 titled, “Opposition to Patient Discrimination of Osteopathic Family Physicians Because of Race, Color, Religion, Gender, Sexual Orientation, Gender Identity or National Origin.”

Of the six DEI-related resolutions submitted in 2022, the following four were approved:

- Addressing Disproportionate Perinatal and Infant Mortality in Minority Populations and those Experiencing Racism
- Recognizing the Ongoing Need to Support Diversity, Equity, and Inclusion in Patient Care Settings
- Use of Gender Affirming Names and Pronouns for Patients Who Are Transgender
- Transgender Healthcare

Another resolution passed by Congress in 2022 changed the name of the Nominating Committee to Leadership Development Committee. The goal with this name change was to better reflect efforts to provide year-round support to ACOFP members looking to grow their leadership abilities and become more involved in ACOFP. One way to do this, based upon another recommendation from the DEI Task Force, was to more clearly communicate the various leadership opportunities for students, residents, new professionals, and practicing physicians. To this end, a series of webpages were launched this year.

Last, but not least, we were finally able to host the Future Leaders Program in person after having held two virtual conferences. Efforts to expand this program began when we pilot-tested a storytelling workshop hosted by The Moth, a nonprofit organization dedicated to the art and craft of storytelling and to uplifting the voices of all. We plan to expand this programming in 2023.

I want to thank Dr. Williams for his excellent leadership as President this year. His passion, dedication, and partnership with me and the staff is most appreciated. Thank you to the excellent and engaged ACOFP and Foundation boards, many volunteers and, of course, your staff team. Teamwork makes the dreams work, and our efforts to build a brighter tomorrow would not be possible without all of your support and the contributions made by our many organizational and corporate partners.

Here’s to a healthy, happy, and successful 2023!

Bob Moore, MA, MS, CAE
Executive Director, ACOFP and the ACOFP Foundation
SECTION 1: ENHANCE AND SUPPORT LIFELONG LEARNING

2022 was a pivotal year for ACOFP to transform and build its learning programs to meet current and future demands in a competitive educational environment. The stakeholder audience continues to evolve, and ACOFP recognized that an evolution in programming and member experience was needed.

The ACOFP Annual Convention & Scientific Seminars continued its primary role as a powerful platform for building community and promoting the value of ACOFP. Driven by a task force charged to explore ways to improve the convention, ACOFP ’22 was reinvented in numerous ways to extend its value and engagement to new audiences and across a broader timeframe. Its new hybrid format provided an anchor for ACOFP learning opportunities.

Other ACOFP programs were also reimagined to diversify and personalize the learning experience. Some continued their successful virtual formats built during the pandemic, while others returned to in-person engagement.

New partnerships supported further development of training certificates and access to research and education in key topical areas. ACOFP earned AOA’s highest accreditation status and received new provisional accreditation status from ACCME with a path to full accreditation in 2024.

ACOFP ’22 PARTICIPANTS

2,120 Total
820 In-Person
1,300 Virtual

Annual Convention Successfully Reconvenes In-Person AND Virtually

ACOFP launched its first-ever hybrid event, the ACOFP 59th Annual Convention & Scientific Seminars, in Dallas, Texas and online across the nation. With 820 registrants for the in-person event and another 1,300 online, it was ACOFP’s largest combined conference. Sessions covered the spectrum of family medicine; from dermatology, EKGs, and celiac disease to moral dilemmas, deprescribing, and intimate partner violence. More than 30 hours of education provided attendees with the latest in family medicine education and was well received with a rating of 4.29 out of 5.0.
EXHIBIT HALL NOW AN ATTENDEE HUB
In 2022, the exhibit hall, another focus area for the task force, was enhanced to make it more of an attendee “hub,” adding a welcome reception to open the exhibition. This allowed exhibitors more networking time and provided another location for people to meet and socialize while enjoying the full conference experience.

Attendees were also given the opportunity to engage with fellow ACOFP members and staff at the new ACOFP booth in the center of the exhibit hall. It featured a space for committee members to meet with conference attendees, a member center for attendees to ask questions, and a space for the ACOFP Foundation. Hundreds of attendees visited the booth to pick up swag, take part in an advocacy call-to-action campaign, and hang out with their ACOFP friends and family.

SOLD-OUT PRODUCT SHOWCASES
Working with Janssen Pharmaceuticals, Inc. and Boehringer Ingelheim, ACOFP was able to bring back the Product Showcases, which were well received and filled with attendees.

ACOFP ‘22 EDUCATION RATING: 4.29
As the first hybrid event, ACOFP ‘22 featured pre-recorded videos on the Pathable platform. This worked well in reaching the audience that were unable to attend and kept them engaged in the educational opportunities that ACOFP offers.

PRESIDENT’S RECEPTION RATING: 4.38
Overwhelmingly, connecting more with peers and colleagues continues to be a key value driver. With the Annual Convention being back in-person in 2022, ACOFP implemented task force recommendations such as extending networking breaks from 15 minutes to 30 minutes and lunches from 45 minutes to 1 hour and 15 minutes.

Also, based on task force recommendations, the seated President’s Banquet was transformed into a fun, interactive President’s Reception. This allowed us to open the event to everyone and create a more casual feel for the night of celebration.

NEW HYBRID/MULTI-TRACK SESSIONS
In 2020, ACOFP worked with a task force and consulting firm Minding Your Business to identify growth needs for our annual convention. In 2022, ACOFP hosted its first live event to implement many of these recommendations. This year, two sessions were offered simultaneously, and 93% of attendees responded in the overall survey that they enjoyed having the option to choose between concurrent sessions.
The Future of the Profession Shines Bright at ACOFP ‘22

The ACOFP Student Association held a two-day program during ACOFP ‘22 which drew 75 in-person student attendees and 193 virtual student attendees. The Point-of-Care Ultrasound Workshop was the highest-rated session organized by the Student Education Committee. Other sessions included Post-Grad Training Options, Planning Your Financial Future, Healthcare Policies and Family Medicine, Inequity in Medicine, How to Approach Difficult Conversations with Patients, Rural Advanced Care Family Medicine, and Osteopathic Manipulative Medicine. Several Procedures Workshops were also offered.

COMMUNITY SERVICE PROJECT HELPED THE HOMELESS

The ACOFP Student Association partnered with The Bridge Homeless Recovery Center for its annual community service project event during ACOFP ‘22. The mission of The Bridge is to empower adults experiencing homelessness in Dallas with the tools necessary to recover and become self-sufficient.

The Student Association collected items and packed 25 welcome baskets to help Bridge graduates begin the transition to their new homes. The welcome baskets included resources for cleaning, cooking and sleeping. Thank you to the ACOFP student chapters and student attendees for donating the items and participating in the event.

POSTER PRESENTATION WINNERS

Seventy-five posters were accepted and judged virtually as part of the 2022 Poster Competition. The winners for each category are as follows:

Resident - Original Research

1st Place Lisa Baracker, DO
Examining Hospital Doula Policies: An Analysis of Doula Policy Within Maternal Child Health in the United States

2nd Place Zac Slattery, MD
The Effect of the Electronic Health Records on Physician Burnout in a Family Medicine Residency

3rd Place Emily Yan, DO
Patient’s Perceptions of Barriers to Osteopathic Manipulative Treatment

Student - Original Research

1st Place Kelly Blucher, OMS-I
Therapeutic Effects of Lymphatic Pump Treatment on Lymphangiogenesis and Inflammatory Cytokines in Rats with Adjuvant-Induced Arthritis

2nd Place Hunter Vasquez, OMS-I
Allicin Stimulates Phosphorylation of Enos in Type-I Diabetic Coronary Artery Endothelial Cells

3rd Place Justin Fox, OMS-III
The Impact of the Physician Letter of Recommendation on Medical School Admissions Demographics

Case Reports

1st Place – Resident Khin Win, DO
A Rare Case of Diabetic Myonecrosis

1st Place – Student Minh Doan, OMS-IV
Us Guided Hydro-Disssection: A Novel Approach to Diagnosing Longitudinal Tendon Tears
ACOFP Learning Opportunities
Expand Reach

⭐⭐⭐⭐⭐

FACULTY DEVELOPMENT/PROGRAM DIRECTORS’ WORKSHOP: 4.54
The Faculty Development and Program Directors’ Workshop (FDPDW’22) remained a virtual event in 2022 following comments from previous attendees who valued the ability to participate virtually. More than 175 attendees and speakers participated in the three-day virtual seminar covering an array of topics from incorporating refugee health into residency programs and social determinants of health to ACGME and milestone 2.0 updates. The workshop was rated very highly at 4.54 out of 5.0 in attendee satisfaction.

⭐⭐⭐⭐⭐

INTENSIVE OSTEOPATHIC UPDATE: 4.63
In August, ACOFP hosted the Intensive Osteopathic Update (IOU) in Rosemont, Illinois. This was the first time this event has been held in-person since 2019. 75 attendees attended the program while another 100 attended on-demand online. The boutique-style event space allowed for an extensive focus on OMT throughout the three-day program and was rated 4.63 out of 5.0 in attendee satisfaction.

OMED: SESSIONS AND PARTNERSHIPS
ACOFP participated in OMED 2022 in partnership with the American Osteopathic Association (AOA). Along with 18 other specialties, we provided exceptional education and 25 hours of CME. Topics included addressing a comprehensive overview of Mpox, medical economics 101, and shingles disease. It was another successful year, and the feedback has been positive.

In 2022, we were proud to partner with the American College of Osteopathic Neurologists and Psychiatrists (ACONP), American Osteopathic Academy of Sports Medicine (AOASM), AOA’s Bureau of International Osteopathic Medicine (BIOM), and the American Osteopathic College of Occupational and Preventative Medicine (AOCOPM).

DIRECT PRIMARY CARE SUMMIT
Along with the Direct Primary Care (DPC) Alliance, American Academy of Family Physicians (AAFP), and Family Medicine Education Consortium, Inc. (FMEC), ACOFP was proud to participate in the DPC Summit this year. With 429 attendees both in person and virtual, this marked the best-attended DPC Summit ever, and for the first time in the event’s history, a portion of the recordings were made available on-demand for purchase by those who could not attend live.
SECTION 1: ENHANCE AND SUPPORT LIFELONG LEARNING

New eLearning Launches

A GROWING LIBRARY OF LEARNING RESOURCES
ACOFP has recorded all educational content since 2020, leading to a very robust online library. This year, more than 75 new courses were made available based on recordings from ACOFP '22, IOU, OMED, and stand-alone webinars. Six sessions were added to ACOFP’s free CME library as a member benefit. Through the ACOFP eLearning Center, more than 380 hours (22,800 minutes) of education is now available.
DIABETES CERTIFICATE LAUNCHES WITH THE ENDOCRINE SOCIETY
The Comprehensive Care for Persons with Diabetes: A Certificate Program, in partnership with the Endocrine Society, launched in February 2022 and ended the year with more than 150 participants in this 15-CME-hour activity. The feedback from users has been phenomenal, and on a 1-to-5 scale, with 1 being best, the program rated 1.2.

DIGITAL HEALTH CERTIFICATE LAUNCHES WITH DiME SOCIETY AND RVU COLORADO
ACOFP was proud to partner with the DiME Society and students and faculty at the Rocky Vista University Colorado campus to develop a certificate on digital health. This introductory certificate worth 5.0 CME hours was introduced in April. The certificate has had bright ratings thus far from those who completed the course, rendering a program quality rating of 1.83 on a 1-to-5 scale, with 1 being best.

2022 UPDATE TO INTENSIVE UPDATE AND BOARD REVIEW
A significant update was performed on the ACOFP board review program with more content and review questions being added to cover topics family medicine residents and physicians need to know for their boards. The new product was launched in September, and although only a few participants completed all sections, those who did indicated it was “excellent” or “good” in their evaluations.

FREE COURSES & RESOURCES
- Hyperbaric Oxygen Therapy
- Best Practices in Selecting and Interviewing FM Residency Applicants
- Fascial Distortion Model Introduction Model
- Virtual Cervical Osteopathic Exam
- Fascial Distortion Model in Pregnancy
- HIV Prevention, Testing and Treatment Initiation: Updates for Family Physicians

NEW PRACTICE QUESTIONS CREATED FOR BOARD PREP
This year we added another module of test questions to assist those looking to take their boards, with 208 new questions, complete with answer explanations. Over 100 people have purchased the newest set of questions.

OMTOTAL
OMTotal was updated in 2022 to include a new section on OMT billing and coding to increase awareness and comfort with billing for the procedures users are watching. The most-watched videos of the year were:
- Anterior Sacrum
- Anterior Cervical Counterstrain, Patient Supine
- Alternative: Sacroiliac Articulation
- Lumbar Walk Around
- C1 Posterior Counterstrain
- Cervical Diagnosis, Bedside Approach

STUDENT WEBINARS
- ’22 Student Match Webinar
- OMM in Pregnancy
- OMT in Primary Care

RESIDENT WEBINAR
- Resident Virtual Town Hall: Learn About the Early Entry Initial Certification Program for Osteopathic Board Certification in Family Medicine Pathways from Resident Graduates

PODCASTS
The Interview with Dr. Only was the most-played episode of 2022 with 80 total downloads. The DO.fm: Student Edition podcast had its highest number of downloads in November with 95 total downloads. Over the course of 2022, there were a total of 610 episodes downloaded.
CME Programs Grow and Accreditation Expands

ACOFP CONTINUING EDUCATION CONTINUES TO SUPPORT MEMBERS IN NEW AND EXPANDED WAYS

Through in-person, virtual, and on-demand activities, ACOFP offered nearly 500 hours of continuing medical education (CME) content (1A and 1B) in 2022. ACOFP’s knowledge, learning and assessment initiatives also made notable progress in the following ways:

ACOFP BECOMES ACCME ACCREDITED

ACOFP is proud to report obtaining provisional accreditation through the ACCME as of July 2022. Reaccreditation will occur in 2024, with the potential to achieve accreditation with commendation.

ACOFP RECEIVES AOA’S HIGHEST ACCREDITATION STATUS

ACOFP had its regularly scheduled CME program audit with AOA and passed with the full 100 points, earning Accreditation with Commendation and giving the organization another five-year term of approval.

MORE MEMBERS PARTICIPATE IN CALL FOR CONTENT

Twenty-nine new content submissions came through the call for content and were represented at ACOFP ’23, IOU, OMED, and FDPDW in 2022.

MEMBER EDUCATIONAL NEEDS ASSESSMENT COMPLETED

To help offer the most targeted and relevant continuing education programming, more than 1,000 physicians participated in the biennial education needs assessment which captures their insights on education for the next two years. This information will be used to inform the topics and design of ACOFP ’23, OMED, OMT workshops, and eLearning.

Education Credits Offered by ACOFP in 2022

Total credits (including past on-demand content and new content created in 2022): **404.5**

New content credits in 2022: **155.25**

Joint credits with DPC Summit, AAFP Musculoskeletal Program, NC ACOFP Program, AAFP Residency Leadership Summit: **68.5**
Engagement With Formative Assessments Continues

AOBFP IN-SERVICE EXAM (ISE), PRODUCED AND ADMINISTERED BY ACOFP
Over 1,800 residents registered to take the ISE. The ISE meets the osteopathic recognition requirement and fulfills the two-year ISE requirement to qualify for the Early Entry Initial Certification (EEIC).

Cortex Exam
This year, 730 residents in various specialties with osteopathic recognition took the Clinical Osteopathic Recognition Training (CORTEx) exam.

Partnerships Leverage New Learning Opportunities

CME GRANTS
During 2022, ACOFP partnered with The France Foundation and Med-IQ to offer grant-supported education on continuous glucose monitoring (CGM) and HIV prevention, testing, and treatment.

FARE PARTNERSHIP
ACOFP completed a memorandum of understanding with Food Allergy Research & Education (FARE) to participate in its Primary Care Advisory Group to work on strategies to disseminate research and education on food allergies.

ADA PARTNERSHIP
ACOFP is proud to continue our work with the American Diabetes Association (ADA). This year we joined with seven other associations in the ADA Primary Care Council to focus on driving better health outcomes, advancing care for people with diabetes, and improving adoption of research-based standards of care.

Exams Taken by Residents

In-Service Exam: 1,800+

Clinical Osteopathic Recognition Training Exam: 730

THE OSTEOPATHIC FAMILY PHYSICIAN JOURNAL
The Osteopathic Family Physician (OFP) journal, the ACOFP’s peer-reviewed publication, continues to deliver timely information to help osteopathic family physicians care for their patients, improve their practices, and better understand the activities ACOFP is taking on their behalf. In 2023, the OFP journal will move from monthly to quarterly beginning with the winter 2023 issue.
SECTION 2: STRENGTHEN AND ADVANCE OUR MEMBERSHIP, GOVERNANCE, OPERATIONS, AND RESOURCES

• ACOFP continues to grow stronger across key areas such as membership, governance, and operations, especially as the pandemic continues to wane.

• The sale of the ACOFP building and relocating the headquarters close to O’Hare Airport was a strategic financial move that provided an influx of cash to reinvest and reduced annual operating expenses.

• Implementation of a new association management system and a website redesign is underway this year to improve the member experience.

Membership Support Grows in Recovery From Pandemic

In 2022, ACOFP prioritized enhancing its membership benefits to better meet member needs, including expanding its free continuing medical education (CME) library and investing in new technologies to create a better member experience.

While ACOFP membership did not reach pre-pandemic levels in 2022, there was still growth as we build back from the pandemic. At the end of the 2022 dues cycle, physician membership was 5,605, student membership totaled 10,562 from 54 student chapters, and resident membership was 9,473. With the addition of Pennsylvania and Iowa at the end of 2022, ACOFP has 22 ACOFP state and regional societies participating in joint dues billing.

MEMBER PROFILE UPDATES

In August, we launched a multi-week member profile update campaign to members, with more than 1,500 physicians, residents, and students verifying and updating their profile information. Student chapters were incentivized to promote the initiative, with Rocky Vista University College of Osteopathic Medicine bringing in the most updates and winning a $500 chapter prize.

AOA DUES INVOICE PARTNERSHIP

ACOFP pilot-tested a partnership with the American Osteopathic Association (AOA) for its dues invoice participation to recruit new members who have never had a relationship with ACOFP by aligning with the AOA annual membership dues invoice cycle. As a result, 44 new members joined ACOFP.
ACOFP Enhances Member Benefits and Resources

NEW ASSOCIATION MANAGEMENT SYSTEM (AMS) SELECTED
ACOFP’s current association management system (the database we use to house your member information, process registration, etc.) will no longer be supported by the host company. Given the significant cost of migration to their new platform, a thorough search was conducted to determine the best possible AMS for ACOFP so that we can better serve the current and future needs of our members. A decision was made to switch to Nimble AMS, which is based on the well-known Salesforce platform. Our work migrating to Nimble will take all of 2023 and we have a goal to launch in 2024.

NEW AI-BASED MEMBER NEWSLETTER GAINS READERS
In January, we launched our re-imagined newsletter, The Osteopathic Way, harnessing the power of artificial intelligence. While the newsletter still includes ACOFP-specific content, content from external sources is gathered and delivered in a manner that is hyper-personalized to each member based on the individual’s areas of interest. Based upon articles you read, the newsletter will continually become customized based upon your reading patterns. This means each member will have their own unique ACOFP newsletter.

Throughout the year, the newsletter averaged a 36% unique open rate—more than 50% higher than our newsletter open rate on our previous platform.

FREE MEMBER CME
ACOFP expanded its library of free CME programming available for members on the eLearning Center, adding webinars on HIV prevention, testing, and treatment initiation; the virtual cervical osteopathic exam; the Fascial Distortion Model; and hyperbaric oxygen therapy. The most downloaded webinar of 2022 was Joint Injections, released in 2021.

NEW ACOFP WEBSITE WORK BEGINS
ACOFP’s website is tied to the current AMS. Since it will no longer be supported, and ACOFP is moving to a new AMS, we conducted an assessment of the ACOFP website this past year. In 2023 we will work to build a new, modern, and relevant website for ACOFP and our members in 2024.
SECTION 2: STRENGTHEN AND ADVANCE

Building Sale Highlights Strong Financial Performance

ACOFP HEADQUARTERS BUILDING SOLD AND RELOCATED NEAR O’HARE INTERNATIONAL AIRPORT
ACOFP has a new home! In 2021, the ACOFP Board made the decision to sell the ACOFP building in Arlington Heights since the upkeep and expenses kept increasing, and the value of the building continued to decline. In February 2022, the building was sold. The proceeds from the building will prove more valuable in investments. Additionally, the new office near O’Hare Airport is more accessible to members and staff and better suited for our organizational needs. As of October, our new address is 8501 W. Higgins Road, Suite 400, Chicago, IL 60631.

The sale of the building will save ACOFP almost $100,000 annually in building and administrative costs.

NEW FINANCIAL TECHNOLOGY LAUNCHED
With the need to move to a more remote work environment and improve staff efficiency in preparing checks to our vendors, ACOFP implemented a system with an outside vendor to print and mail checks for ACOFP and the ACOFP Foundation. We utilized this system to mail 470 checks, saving on printing and postage costs.

EXCELLENT 2022 FINANCIAL AUDIT
ACOFP and the ACOFP Foundation undergo annual financial audits to examine our processes and ensure that the financials are recorded accurately and to minimize the possibility of fraud. If there are areas that need to be addressed, the auditors summarize these findings and suggestions for improvements in a management letter to the management and governing bodies. ACOFP and the Foundation have been receiving management letters over the years due to segregation of duties, in part due to our small staff size. We are proud to say that changes made to our accounting processing in 2020 and 2021 met the auditors’ expectations, and they did not need to present a management letter for our 2021 audits.

2022 Expense Allocation

- 25% CME
- 22% Membership
- 16% GME
- 15% Governance
- 12% Management/General
- 6% Publications
- 4% Government Affairs
ACOFP Leadership Opportunities Grow

IN-PERSON CONGRESS OF DELEGATES
After two years of e-voting, the Congress of Delegates met in person on March 16, 2022 in Dallas, Texas. New this year, Sessions I and II were combined to allow delegates to make the most of the CME programming and expanded networking opportunities. There were 28 resolutions submitted.

NATIONAL STUDENT EXECUTIVE BOARD OF THE STUDENT ASSOCIATION OF THE ACOFP
The 2022 National Student Executive Board (NSEB) of the Student Association of the ACOFP was elected in March for a one-year term. The NSEB conducts, manages, and oversees the business and affairs of the Student Association of the ACOFP.

NSEB members include (left to right) President Ashley Beckham, OMS-IV from Pacific Northwest University of Health Sciences (PNWU-COM); Vice President Rachel Souza, OMS-IV from Philadelphia College of Osteopathic Medicine (PCOM); Secretary Kensley Grant, OMS-III from Sam Houston State University College of Osteopathic Medicine (SHSU COM); Parliamentarian Ciara Robb, OMS-II from Rocky Vista University College of Osteopathic Medicine – Southern Utah (RVUCOM- Southern Utah); and Chapter Outreach Director Cassidy Miller, OMS-IV from the University of North Texas Health Sciences Center/Texas College of Osteopathic Medicine (UNTHSC/TCOM). Student Governor Evan Bischoff, OMS-IV from Edward Via College of Osteopathic Medicine – Virginia (VCOM-Virginia) is not pictured.

CALL FOR VOLUNTEERS
The call for volunteers opened in September, and by the November deadline we had 48 applications, with 15 being new volunteers. There are 300 members engaged in ACOFP volunteer and leadership opportunities through participation in almost 50 committees, task forces, and work groups.

ACOFP RESIDENT COUNCIL
The ACOFP Resident Council and its 12 regional representatives ensure that residents in Accreditation Council for Graduate Medical Education (ACGME) programs remain connected to ACOFP. In September, the Resident Council collaborated with the American Osteopathic Board of Family Physicians (AOBFP) and recent Initial Certification Grant recipients by hosting an interactive Resident Virtual Town Hall.

GOVERNANCE TASK FORCE
Over the past several years, the ACOFP Board of Governors has been researching and assessing our current governance structure to increase and diversify the voice of the membership in ACOFP leadership and advance organizational performance. Five resolutions pertaining to ACOFP’s Constitution and Bylaws were approved at the 2022 ACOFP Congress of Delegates, including changing the name of the Nominating Committee to the Leadership Development Committee to reflect plans for year-round leadership development opportunities for members. Term limits were reduced to two three-year terms for governors and six one-year terms for standing committee members.

Leadership Development Opportunities
ACOFP worked on a leadership pipeline activity and created Physician, New Physician, Resident, and Student webpages that provide centralized, easy access information for members explaining ways to get involved with ACOFP and advance as leaders.
In October 2021, the ACOFP Board of Governors approved 15 recommendations submitted by the Diversity, Equity, and Inclusion (DEI) Task Force, with implementation to begin in 2022. Of the 15 recommendations, three are complete. These recommendations include drafting a resolution for the Congress of Delegates related to ACOFP’s stance on DEI, health disparities, and any other relevant topics that aren’t currently in ACOFP policies charging certain ACOFP committees and work groups with the task of identifying ways to facilitate DEI efforts and drafting a generic DEI statement that explains ACOFP’s DEI efforts.

Of the remaining 12 recommendations, four are improvements to existing processes that have been implemented. These recommendations include collecting member demographic data to aid in the appointment process and ACOFP’s ability to connect with members, implementing a process where the selection criteria for Board members includes their commitment to DEI, implementing cultural competency into OMT training, and incorporating diversity, equity, and inclusion goals into ACOFP’s objectives, annual operating plan, and strategic plan.

In addition, in 2022 ACOFP implemented new processes such as conducting implicit bias training for leadership on a regular basis, developing a calendar of cultural celebrations and establishing a communications plan to raise awareness of these events, and supporting a future leadership pipeline by illustrating ACOFP’s leadership pathways and opportunities.

The newly formed DEI Advisory group met quarterly in 2022 to review progress of these approved recommendations.
2022 DEI RESOLUTIONS
The DEI resolutions approved at the March 2022 Congress of Delegates are:

- Recognizing the Ongoing Need to Support Diversity, Equity, and Inclusion in Patient Care Settings
- Use of Gender Affirming Names and Pronouns for Patients Who Are Transgender
- Transgender Healthcare
- Addressing Disproportionate Infant Mortality in Minority Populations and those Experiencing Racism.

DEI BLOG POSTS
Members of the DEI Blog Content Development Team and the Health & Wellness Committee, as well as student and resident submitters to the Namey/Burnett Preventive Medicine Writing Award competition, continued to provide a wealth of content on social determinants of health and share their personal experiences on the ACOFP Blog.

ACOFP WINS TEAM EQUITY AWARD
The SIIA IMPACT Awards is a new awards program that acknowledges leadership in the publishing industry, specifically championing emerging talent and equity. ACOFP was awarded a team Equity Award for organizations with less than 50 employees. This award recognizes teams demonstrating significant progress and identifiable achievement toward efforts related to advancing diversity, equity, and inclusion.

STORYTELLING WORKSHOP PILOTED
In support of the Task Force on DEI recommendations, and in partnership with The Moth and the ACOFP Foundation, ACOFP hosted an introductory storytelling workshop to uplift the voices of those underrepresented in medicine. This program is based on the idea that as we champion these narratives, we grow both individually and collectively by seeking to create a more empathetic world through the power of storytelling. This workshop took place over three hours via Zoom and acquainted participants with The Moth storytelling principles and guided them through a brainstorming process.

IMPLICIT BIAS TRAINING FOR STAFF AND COMMITTEES
One of the recommendations made by the DEI Task Force was to conduct implicit bias training for leadership on a regular basis, ACOFP launched its inaugural training from April to July. Of the 285 committee members, 85% completed this training. The response from committee members being asked to complete this training was nearly all positive, and ACOFP plans to continue this process as a requirement for committee members moving forward. ACOFP staff also completed their annual training.

FAMILY MEDICINE COMMITTEE ON ANTI-RACISM PARTNERSHIP
Inspired by the American Medical Association (AMA) strategic plan addressing health equity and racism, the Family Medicine Leadership Consortium (FMLC) recognized the advantage of having a coordinated approach across family medicine to address racism and formulated the Family Medicine Committee on Anti-Racism (FM-CAR). This partnership launched in 2021 and continued throughout 2022 by convening the eight family medicine groups quarterly to discuss recommendations on a coordinated approach/plan, shared talking points and messaging to FMLC.

“Loved it! I think delving into the medical narrative and the art of storytelling can be a significant part of the healing process for both the healer as well as for those seeking to be healed. It really touches on the spiritual side of healing as well! Also, this is great prevention, treatment, and reversal of burn out all in one!”

- Carol Penn, DO, MA, ABOM, FACOFP
SECTION 2: STRENGTHEN AND ADVANCE

Member Engagement

ACOFP BLOG
The ACOFP Blog's presence continues to grow, with 40 blog posts added in 2022—more than 90% of which was member-generated content.

NATIONAL VOLUNTEER WEEK
For National Volunteer Week 2022, ACOFP gathered our leadership and created a thank-you video highlighting what it means to be a volunteer and how much our volunteers are valued by ACOFP.

NATIONAL PRIMARY CARE WEEK
For National Primary Care Week 2022, the ACOFP Student Public Relations Committee launched podcast episodes on addiction medicine, which focused on various subtopics within addiction medicine, and the diversity of academic careers in family medicine.

ACOFP STATE AND REGIONAL AFFILIATE SOCIETIES
ACOFP currently has 29 active state and regional affiliate societies that provide valuable grassroots networks, advocacy for osteopathic family medicine, community-based continuing medical education, and a leadership development pipeline.

NEW STATE SOCIETY EXECUTIVE DIRECTOR TOWN HALL MEETINGS
This year, ACOFP held quarterly virtual State Society Executive Director Town Hall meetings to discuss leadership, educational and collaboration opportunities as well as other topics. ACOFP also completed a new program about leadership state succession as an on-demand series for state and regional executive directors and leaders to add to the current online catalog of resources for the executive directors.

NATIONAL ACOFP LEADERSHIP PARTICIPATES AT STATE SOCIETY MEETINGS
ACOFP hosted a welcome reception for the ACOFP Illinois State Society in December with the new state President, national President, and President-Elect. The ACOFP exhibited, sponsored, or had leadership present at ACOFP meetings in a number of states.

PRESIDENT/BOARD MEMBER TRIPS
Members of the ACOFP Board of Governors attended 14 state societies to meet with leadership and provide a national update.

STATE JOINT MEMBERSHIP DUES PROGRAM
ACOFP continues to offer the opportunity to include state and regional societies membership dues as a service on the national membership dues invoice. ACOFP currently provides this and other services, like membership data sharing, at no cost for 22 participating states and regional societies.
Staff Partnerships and Engagement

**STAFF VOLUNTEER LEADERSHIP ROLES**

ACOFP continues to gain recognition on a national and international level through Executive Director Bob Moore’s volunteer leadership in the association community. He currently serves as Secretary/Treasurer of Association Forum, a Chicagoland group representing association professionals. Moore was also asked to serve as co-chair of the American Society of Association Executives (ASAE) Association Industry Council, which brings together CEOs from many associations to identify and address key issues affecting organizations such as ACOFP. He also chaired the ASAE Future Focus Subcommittee in 2022.

To advance ACOFP interests in the healthcare sector, Moore is a member of the Steering Committee of the Healthcare Collaborative and the ASAE Healthcare Community Advisory Committee.

Through these volunteer activities, Moore gains valuable perspective, ideas, and best practices that support the Board’s strategic planning efforts and programmatic operations.

Within the osteopathic community, Moore was appointed to serve on the Executive Committee for the Society of Osteopathic Specialty Executives (SOSE). Director of Knowledge, Learning and Assessment Steve Legault, MSW, CAE, represents ACOFP on the Hepatitis B Foundation’s HBV Screening & Vaccine Advisory Council which brings together a diverse group of healthcare professionals and professional associations to identify and promote strategies for implementation of the new hepatitis B vaccination guidelines for adults. Professional Development Manager Lyndsey Aspaas, CHCP, volunteers for the Accreditation Council for Continuing Medical Education (ACCME) as a site reviewer, helping to maintain the quality of CME for the medical community while bringing best practices back to ACOFP.

**STAFF ENGAGEMENT**

Every two years ACOFP conducts a staff engagement survey to assess and benchmark engagement and satisfaction levels of the team. Since 2018, staff engagement and satisfaction have increased by approximately 30% and 31%, respectively. ACOFP continues to outperform the national averages in all 10 measurement categories for a second consecutive survey. Staff and the ACOFP Board reviewed the results and the staff brainstormed ways to make additional improvements during an end-of-year staff retreat.

While the great resignation continued well into 2022 for most employers—ranging from 20% to 40% for most associations according to HR Source—ACOFP’s voluntary turnover rate was 11.8% in 2022. Staff culture and employee benefits are two of the more popular reasons cited for remaining employed and engaged at ACOFP.

**Level of Engagement**

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<thead>
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<th></th>
<th>2022</th>
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<tr>
<td>HIGHLY ENGAGED</td>
<td>44%</td>
<td>50%</td>
<td>20%</td>
</tr>
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<td>50%</td>
<td>43%</td>
<td>73%</td>
</tr>
<tr>
<td>DISENGAGED</td>
<td>6%</td>
<td>7%</td>
<td>7%</td>
</tr>
<tr>
<td>SATISFACTION</td>
<td>85%</td>
<td>93%</td>
<td>62%</td>
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</tbody>
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A change in the rating scale from 4-points to 5-points may have impacted scores.

*Previous administration
SECTION 2: STRENGTHEN AND ADVANCE

Student Engagement

Led by the National Student Executive Board (NSEB), the Student Association of the ACOFP has 54 student chapters with almost 200 student chapter officers at the 59 colleges of osteopathic medicine and branch campuses.

STUDENT COMMITTEES

The Student Education Committee organized a Point-of-Care Ultrasound (POCUS) Workshop at ACOFP ’22, submitted a monthly article for the student newsletter, organized three live webinars, and completed a survey of the students’ educational interests.

The Student Public Relations Committee led the activities again this year for National Primary Care Week. NSEB and the Student Public Relations Committee collaborated to produce nine podcasts. The committee also recognized an outstanding student chapter and a student chapter president in the Student Spotlight series by featuring them on ACOFP social media channels.

The Student Membership Recruitment Committee completed the membership recruitment drive in August and sent more than 50 recruitment boxes for the chapters to use during their club recruitment fairs to promote joining the Student Association of the ACOFP. The ACOFP also sent digital toolkits to each chapter to use in promoting membership. A member of the committee participated in a roundtable meeting to provide recruitment ideas and assist chapter presidents with their annual membership plans.

The Student Resolutions Committee submitted five resolutions to the NSEB and the Congress of Delegates.
STUDENT CHAPTERS

Student chapters organized 446 local activities or events. The student chapter presidents and members of NSEB hold quarterly virtual leadership roundtable discussions about the local chapter activities.

The Student Association of the ACOFP recognized the outstanding ACOFP student chapters in March 2022 with these awards:

- Student Chapter Recruitment Award — Kansas City University of Medicine and Biosciences College of Osteopathic Medicine (KCU-COM) for having the highest percentage of student members
- Most Improved Student Chapter Award — University of the Incarnate Word School of Osteopathic Medicine (UIWSOM) for having the biggest increase in overall gold points from the previous year
- Student Chapter Communication Award — Lincoln Memorial University-DeBusk College of Osteopathic Medicine (LMU-DCOM) for the best communication strategies
- Student Chapter Humanitarian Award — Ohio University Heritage College of Osteopathic Medicine (OU-HCOM) for their humanitarian events and advocate for osteopathic physicians
- A.T. Still Award — Rocky Vista University College of Osteopathic Medicine - Southern Utah (RVUCOM - Southern Utah) for their integration of osteopathic manipulative medicine (OMM) and the profession’s founder, A.T. Still, into family medicine activities
- President’s Award — Ohio University Heritage College of Osteopathic Medicine (OU-HCOM) for best exemplifying the spirit and goals of the Student Association of the ACOFP and for the highest total gold points

NEW STUDENT CHAPTERS

The Student Association of the ACOFP approved new chapters at Kansas College of Osteopathic Medicine (KCOM), Kansas City University of Medicine and Biosciences College of Osteopathic Medicine - Joplin (KCU-COM - Joplin), and Idaho College of Osteopathic Medicine (ICOM). The NSEB developed a guide on how to start a chapter and updated the online student chapter president training.

STUDENT NEWSLETTER

The Student Association sent out a monthly newsletter that included articles written by members of the National Student Executive Board and the Student Education Committee.

STUDENT LEADER SPOTLIGHTS

The Student Public Relations Committee featured a student chapter president each month in the Student Spotlight series on social media. Throughout the year, more than 20 students were featured and the series was met with high engagement. These short features make a huge impact to encourage students to excel in their fields and the osteopathic profession.

STUDENT THANK-YOU VIDEOS

This past year was challenging for our physicians, and we wanted to give our students a chance to say thank you. Students acknowledged the struggles our physicians have faced through the ongoing pandemic and the inspiration they have felt. The video premiered during the Opening Session at ACOFP ’22 and was appreciated by the physicians in the room and online.
CALL-TO-ACTION CAMPAIGNS

As osteopathic family physicians have been tirelessly responding to the COVID-19 pandemic and ensuring patients have access to high-quality primary care, looming Medicare reimbursement cuts threatened reimbursement levels for osteopathic family physicians. ACOFP spearheaded a call-to-action campaign for osteopathic family physicians to urge members of Congress to avert these looming Medicare reimbursement cuts of more than 10%. One hundred and sixty ACOFP members submitted letters to their representatives. On December 29, 2022, President Biden signed into law H.R.2617, the Consolidated Appropriations Act, 2023, which included a 2.5% Physician Fee Schedule increase in 2023, a 1.25% Physician Fee Schedule increase in 2024, as well as a delay of Statutory Pay-As-You-Go (PAYGO). ACOFP played an instrumental role in gaining congressional support to mitigate these cuts.
PROMOTING EFFICIENCY AND EQUITY WITHIN CMS PROGRAMS
ACOFP submitted comments and recommendations in response to a Centers for Medicare & Medicaid Services (CMS) Request for Information (RFI) entitled, Make Your Voice Heard: Promoting Efficiency and Equity Within CMS Programs. Among other topics, ACOFP recommended that CMS address low reimbursement paid for primary care services, onerous administrative requirements, the need for more family medicine residency programs in rural and underserved areas, and inequities in CMS programs.

RURAL PHYSICIAN WORKFORCE ACT CAMPAIGN
ACOFP organized a call-to-action campaign for members to urge their members of Congress to address the rural physician workforce shortage by passing S.1893, the Rural Physician Workforce Production Act. The bill provides solutions such as establishing a Medicare graduate medical education (GME) methodology for hospitals training rural residents, enabling hospitals such as critical access hospitals and sole community hospitals to receive Medicare GME funding under this new methodology, and allowing for the growth of resident training without regard to resident caps set under the Medicare program. ACOFP was also instrumental in securing the bill’s introduction in the U.S. House of Representatives. ACOFP advocacy activities helped ensure that this important legislation is both bipartisan and bicameral and is well-positioned for advocacy efforts in 2023.

2022 PRINCIPLES AND PRIORITIES OF HEALTHCARE SYSTEM REFORM
The ACOFP Principles of Healthcare System Reform outlines ACOFP health policy priorities for the year. These principles were developed by Alston & Bird in partnership with the ACOFP Federal Legislation & Advocacy Committee and were presented to the Board of Governors for approval. This document focuses on key priorities of osteopathic family physicians, including reducing burdensome requirements for physicians, preserving the family medicine model of care, addressing the family physician shortage, improving outcomes and reducing costs through primary care, protecting vulnerable populations, and confronting both COVID-19 and the opioid crisis.

COMMENT AND COALITION LETTERS
ACOFP plays an active role in responding to requests for comment from Congress and the Administration. ACOFP submits public comments on key issues individually and in partnership with other organizations to policy makers from the Centers for Medicare & Medicaid Services (CMS), the U.S. Department of Health and Human Services (HHS), and Congress. ACOFP responded to a number of major proposed rules and Requests for Information (RFIs) including:

■ The CY 2023 Physician Fee Schedule Proposed Rule
■ Centers for Disease Control and Prevention Opioid Prescribing Guidelines RFI on implementation of the Medicare Access and CHIP Reauthorization Act of 2015 (MACRA) and associated payment mechanisms
■ RFI on the HHS Initiative to Strengthen Primary Health
■ RFI on Make Your Voice Heard: Promoting Efficiency and Equity Within CMS Programs

We also wrote letters of support for the Rural Physician Workforce Production Act. ACOFP joined comment letters from other organizations on issues related to physician payment cuts, step therapy, scope of practice, and addressing the maternal mortality crisis, among others.

ADVOCACY BLOG POSTS
In their charges for 2022–23, members of the Federal Legislation & Advocacy Committee were tasked with writing blog posts to communicate why key advocacy priorities for ACOFP were important to them as members and practicing physicians, and why they should be important to the rest of ACOFP members. Philip Eskew, DO, JD, MBA, kicked off the series with a post on the need to reduce administrative burden, and Stephanie Kidd, DO, MBA, focused on the importance of preserving the family medicine model of care.
FUTURE LEADERS
The 2022 ACOFP Future Leaders Conference was held June 16-18, 2022, at the Hilton San Diego Gaslamp Quarter in San Diego, California. There were 20 residents and new physicians selected to attend this conference, and they met with the ACOFP Board of Governors and physician mentors to learn about ways to utilize their leadership skills and knowledge by volunteering with ACOFP.

ACOFP recognizes the 2022 Future Leaders Conference mentors Steven Barag, DO, FACOFP, Elizabeth dos Santos Chen, DO, Matt Else, DO, and Stephanie Kidd, DO, for volunteering their time and sharing their experiences and expertise. ACOFP would also like to thank our conference sponsors Eli Lily, the ACOFP Foundation, and the Auxiliary to the ACOFP.

AOBFP BOARD CERTIFICATION
Now that DO residents can choose between the American Osteopathic Board of Family Physicians (AOBFP) and the American Board of Family Medicine (ABFM) for initial board certification, ACOFP, its leaders, and the ACOFP Foundation feel strongly that promoting AOBFP and its certification options is the best way to ensure osteopathic distinctiveness.

EEIC BENCHMARKING SURVEY
AOBFP’s Early Entry Initial Certification (EEIC) pathway allows residents to take a shortened written exam earlier in residency. To establish how familiar residents and their programs are with the new option, ACOFP launched two benchmarking surveys.

Nearly 500 residents responded. When asked how familiar they were with the AOBFP EEIC pathway, the residents rated their awareness at an average 2.1 out of 5.0. When asked the same question, residency program directors and faculty rated their awareness at an average of 3.8 out of 5.0.

CORRELATION STUDY
A correlation study between the AOBFP In-Service Exam (ISE), produced and administered by ACOFP, and the AOBFP cognitive exam (CE), was completed through a partnership with the American Osteopathic Association (AOA), the National Board of Osteopathic Medical Examiners (NBOME) and ACOFP. As a result of this partnership, we completed a research study, and the findings were submitted for publication.

In September, “The Predictive Value of the Residency AOBFP In-Service Exam, Produced and Administered by ACOFP” was published in the Journal of Family Medicine supporting the value of the ISE predicting performance on the AOBFP CE.
ACOFP RECEIVES FAMILY MEDICINE NEXT GRANT
ACOFP is a recipient of the Family Medicine NEXT grant, an initiative of the American Board of Family Medicine (ABFM) Foundation grant-making program. Knowing that most interventions to attract future family physicians have been created via a top-down approach, ACOFP aims to flip the script and empower the next generation of physicians to provide insights and solutions to strengthen their own future within family medicine. This will be done by identifying and addressing weaknesses and opportunities in attracting osteopathic students to the specialty of family medicine, all while educating students on the importance and benefits of family medicine. This project will kick off in 2023.

NATIONAL OSTEOPATHIC MEDICINE WEEK
ACOFP celebrated National Osteopathic Medicine Week April 18–24, 2022. Throughout the week we opened the floor to our followers on Instagram to answer questions such as “What is your favorite OMM technique?” and “What does it mean to be an osteopathic family physician?” We had great engagement and responses from osteopathic students, residents, and physicians.

FAMILY MEDICINE LEADERSHIP CONSORTIUM
ACOFP continues to participate in the Family Medicine Leadership Consortium (FMLC). This year, ACOFP also participated in conversations related to the National Academies of Sciences, Engineering and Medicine report, advocacy, diversity, equity, and inclusion (DEI), and competency based education—to name a few. As part of FMLC, we signed on to a request asking the Committee on Requirements (COR) and the ACGME Board of Directors to reconsider the decision that rejected the Family Medicine Review Committee’s request for a variance regarding support for dedicated educational time for residency faculty.

NATIONAL PRIMARY CARE WEEK
ACOFP partnered with its student Public Relations Committee and took to our Instagram page to share enlightening testimony from primary care physicians in all different specialties. Throughout National Primary Care Week October 4–10, 2022 we also heard from four different student chapters of ACOFP and learned more about how they are shaping the future of osteopathic medicine. They also shared a new edition of the DO.fm podcast by Dr. Johnny Stackhouse, DO, who describes his experience in family medicine along with the importance of primary care physicians.

PRIVMAY CARE COLLABORATIVE
In 2022, ACOFP signed on to the Concordance Recommendations for Primary Care and Investment, part of Primary Care Collaborative (PCC) Better Health Now campaign. This campaign focuses on the implementation of high-quality primary care as outlined in the National Academies of Science, Engineering, and Medicine (NASEM) published in May of 2021. The Better Health Now campaign was also the focus of the PCC Annual Conference in December where Dr. Williams attended and participated in a workshop directed at increasing primary care payment.

ADVOCATE
SECTION 3: ADVOCATE FOR THE PROFESSION

RECOGNIZING EXCELLENCE IN THE PROFESSION

ACOFP AWARDS

Osteopathic Family Physician of the Year Award
Robert I. Danoff, DO, MS, FACOFP, FAAFP

ACOFP Lifetime Achievement Award
Carol L. Henwood, DO, FACOFP dist.

ACOFP Lifetime Achievement Award
Rodney M. Wiseman, DO, FACOFP dist.

Certificate of Special Recognition
Nicole Heath Bixler, DO, MBA, FACOFP

Excellence in Advocacy Award
Elizabeth Pionk, DO, FAAFP

Distinguished Service Award
Brian Bixler, MD

Diversity, Equity and Inclusion Award
Damon A. Schranz, DO, FACOFP

Osteopathic Family Medicine Educator of the Year Award
Joshua S. Coren, DO, MBA, FACOFP

Distinguished Service Award
Janel H. Johnson, DO, MPH

Outstanding Female Leader Award
Natalie A. Nevins, DO, MSHPE

New Osteopathic Physician of the Year Award
Hilary S. Haack, DO
**FELLOWS OF THE ACOFP**
The Fellow of the American College of Osteopathic Family Physician (FACOFP) is an honorary designation bestowed upon candidates who have contributed outstanding national and local service through teaching, authorship, research, or professional leadership and who demonstrate dedication to ACOFP, as well as commitment to the health and welfare of their patients and to the future of osteopathic family medicine. The 2022 Class of the ACOFP Conclave of Fellows is highlighted here.

**DISTINGUISHED FELLOWS OF ACOFP**
The designation of Distinguished Fellow of the ACOFP acknowledges those Fellows who have distinguished themselves through service to ACOFP by meeting attendance, as well as by their support of the ACOFP local and national governance and committees.

"To me, being an ACOFP Fellow shows my dedication to doing more and giving back to the profession."

– Melinda Ford, DO, FACOFP
SECTION 3: ADVOCATE FOR THE PROFESSION

MASTER PRECEPTOR AWARDS
The Master Preceptor Awards of the ACOFP recognize preceptors for their sustained commitment to excellence in the training, education, and mentoring of osteopathic medical students in family medicine. The purpose of this award is to recognize the dedicated practicing physicians who comprise the majority of preceptors in our profession and is not exclusive to full-time teaching faculty of the colleges of osteopathic medicine.

Emerging Osteopathic Student Leaders
Kensley Grant, OMS-II
Mereze Visagie, OMS-II
Evan Starr, OMS-II

Osteopathic Family Medicine Student Awards
Shalini Agrawal, OMS-II
Dennis Chou, OMS-IV
Anita Ho, OMS-II
Jack Kennady, OMS-III
Steffany Moreno, OMS-II
Sarah Nasiff, OMS-II
Bonnie Nguyen, OMS-II
Amelia Park, OMS-III
Erica Renfrew, OMS-III
Kristyn Robling, OMS-II
Rachel Souza, OMS-III
Anna Taylor, OMS-II
Annalise Wille, OMS-III
Frenda Yip, OMS-IV

OFP Editorial Awards
Student Authors of the Year:
Adult Hearing Loss: Applying the Five Models of Osteopathic Medicine to Diagnose and Treat by Adel Elnashar, OMS-IV, and Zachary Lodato, OMS-III

Resident Paper of the Year:
Perceptions of the Osteopathic Profession in New York City’s Korean Communities by Justin Chin, DO

Attending Paper of the Year:
Heel Pain With an Osteopathic Component by Jack Italiano III, DO, RT (R), and Adam Bitterman, DO, FAAOS

NAMEY/Burnett Preventive Medicine Writing Awards
First Place
Let’s Talk About Sleep by Michelle Lanspa, OMS-III

Second Place
Recognizing Advance Care Planning as Preventative Medicine by Lissie Arndt, PhD, OMS-IV

Third Place
The Value in Prioritizing Immigrant LGBTQI+ Adult Health by Krisdaniel Berreta, OMS-III

Marie Wiseman Outstanding Osteopathic Student of the Year Award
Sander A. Kushner, DO, FACOFP
Memorial Osteopathic Family Medicine Resident Award
Ravin Patel, DO

Resident Awards
Lissie Arndt, PhD, OMS-IV

Steven Barag, DO, FACOFP
David Connett, DO, FACOFP
Jeremy Fischer, DO, FACOFP
Ellice Goldberg, DO, FACOFP
James Michael Lally, DO, MMM, FACOFP, FACP, FAOASM, CPE, CMD
Samuel Stone, MD
Priscilla Tu, DO, FAAFP, FAOASM, FAAMA, FACOFP

AOF/ACOFP Outstanding Resident of the Year in Family Medicine
Athena ChatziGiannidis, DO
Looking back, 2022 was a momentous year for the ACOFP Foundation. With the help of our generous supporters, the Foundation was able to continue its mission of advancing osteopathic medicine while also laying the groundwork to further increase our impact for the future of the profession as a whole.

With our first in-person meeting since 2019, the Foundation recognized our many donors and partners over the last several years via our Forging Our Osteopathic Future Appreciation Reception at both ACOFP ’22 and OMED and fulfilled a backlog of grantee payments to those who were able to sit for the practical exam. Donations to the Forging Our Osteopathic Future campaign continued to stream in, and we completed our third cycle of Initial Certification Grants to third-year residents seeking AOBFP board certification.

In order to better support the osteopathic family medicine profession, new strategic and operating plans were created, and the Foundation was renamed the ACOFP Foundation. As part of this paradigm shift, the Foundation approved an updated vision statement to advance access to comprehensive osteopathic health care for all and a mission statement to champion comprehensive osteopathic family medicine that provides high-quality health care, improved patient health outcomes, and reduces health disparities.

As we look to the horizon, we are eager to expand our initiatives given our new strategic plan. These initiatives include providing osteopathic training, resources, and other learning opportunities to promote delivery of the highest quality of care for the body, mind, and spirit, as well as demonstrating the impact of osteopathic family medicine in improving the health of patient populations and communities. With the help of our partners, the Foundation was able to pilot-test fresh initiatives in support of this new mission and vision. These new initiatives include the In-Service Exam pilot program and a storytelling partnership with The Moth to uplift voices of those underrepresented in medicine.

This has been a pivotal year for the Foundation, and we are excited for this renewed direction. We would like to extend a sincere thank you to ACOFP for their partnership and support, as well as the Foundation leadership for their stewardship during this evolution. We would also like to extend a special thank you to our individual and organizational donors for helping to make our programs possible, with a special note of thanks to our diamond-level donors for their generosity and commitment to our mission.

In particular, I would like to thank the American Osteopathic Foundation whose inaugural 3-year, $100,000 matching grant for the Initial Certification Fund helped us engage many new individual and organizational donors. Given the historical significance of the Initial Certification Fund and the generous matching grant, we were able to match these funds in year one. As a result, we are on pace to hit our target campaign goal two years ahead of schedule.

We look to 2023 with a fresh perspective and a desire to support not just the next generation of osteopathic family physicians, but the communities who depend on them.

Paul A. Martin, DO, FACOFP dist.
President, ACOFP Foundation
New and Renewed Strategic Priorities

The ACOFP Foundation adopted a new strategic plan in March to better support those entering (workforce) or within (professional development) the osteopathic family profession and demonstrate the impact of our profession (community health). The ACOFP Foundation adopted a new name, simply the ACOFP Foundation, and logo to reflect the new plan.

NEW STRATEGIC PLAN

UPDATED MISSION: The mission of the ACOFP Foundation is to champion comprehensive osteopathic family medicine that provides high-quality care, improves patient outcomes, and reduces health disparities.

UPDATED VISION: To advance access to comprehensive osteopathic health care for all.

The ACOFP Foundation works to achieve our mission through a tri-pronged approach:

■ Strengthening the osteopathic family physician profession by promoting a diverse and distinct workforce
■ Providing osteopathic training, resources, and other learning opportunities to promote delivery of the highest quality of care for the body, mind and spirit
■ Demonstrating the impact of osteopathic family medicine in improving the health of patient populations and communities through addressing social determinants of health

GOVERNANCE TASK FORCE
To support this updated strategy, the Foundation launched a governance project to ensure that the current leadership structure and bylaws support the organization’s new strategic goals. The governance project concluded in January 2023.

Strategic Plan 2022-25

VISION
To advance access to comprehensive osteopathic health care for all.

MISSION
To champion comprehensive osteopathic family medicine that provides high-quality care, improves patient outcomes and reduces health disparities.

GOALS

WORKFORCE
Strengthen the osteopathic family physician profession by promoting a diverse and distinct workforce.

PROFESSIONAL DEVELOPMENT
Provide osteopathic training, resources, and other learning opportunities to promote delivery of the highest quality of care for the body, mind and spirit.

COMMUNITY HEALTH
Demonstrate the impact of osteopathic family medicine in improving the health of patient populations and communities through addressing social determinants of health.

281 Initial Certification Fund Donors 232 Individuals / 49 Organizations
Fundraising and Finances

INITIAL CERTIFICATION FUND
In its third year, donations to the Forging Our Osteopathic Future campaign remained strong. This fund supports the Foundation’s Initial Certification Grant, which offers financial support to third-year residents taking both the American Osteopathic Board of Family Physicians cognitive and practical exams.

In 2022, the ACOFP Foundation raised $161,600 from donor renewals and new gifts. The campaign has raised 96% of its $2 million goal—a total of $1,936,268 as of December 31—with 83% of total pledges collected.

In addition to the commitments made directly to the Forging Our Osteopathic Future campaign, more than 1,900 ACOFP members contributed more than $74,000 to the ACOFP Foundation when renewing their membership dues.

An additional thank-you to Pennsylvania Osteopathic Medical Association (POMA) Foundation for their new three-year grant of $75,000 to the Initial Certification Fund received in 2022!

The Foundation is also grateful for our $50,000+ individual donor, Jeffrey S. Grove, DO, FACOFP dist.

INITIAL CERTIFICATION GRANT
With the first practical exam taking place since the inception of the grant, ACOFP was able to disperse grant funds to 138 initial certification grantees who took the practical exam in 2022, amounting to a total of $182,988 in support to residents seeking osteopathic distinctiveness.

In 2022, the ACOFP Foundation received 89 grant applications from applicants in 21 states.

FOUNDATION RECEIVES EXCELLENT FINANCIAL AUDIT
One aspect of the annual audit is that it examines the process that ACOFP and the ACOFP Foundation have in place to ensure that the financials are recorded accurately and to minimize the possibility of fraud. The auditors summarize these findings and suggestions for improvements in a management letter to the management and governing bodies. ACOFP and the Foundation have been receiving management letters over the years due to the segregation of duties due to the small staff size. We are proud to say that innovative changes made to our accounting processes in 2020 and 2021 have met the auditors’ expectations, and they did not need to present a management letter for our 2021 audits.

| ALABAMA - 1 | CALIFORNIA - 1 | DELAWARE - 4 | FLORIDA - 6 | ILLINOIS - 1 | KANSAS - 1 | KENTUCKY - 1 | MAINE - 1 | MASSACHUSETTS - 1 | MICHIGAN - 14 | MISSOURI - 1 | NEW JERSEY - 10 | NEW YORK - 8 | NORTH CAROLINA - 5 | OHIO - 3 | OKLAHOMA - 7 | PENNSYLVANIA - 12 | TENNESSEE - 2 | TEXAS - 4 | VIRGINIA - 4 | WISCONSIN - 2 |
| 96% | 90 | 80 | 70 | 60 | 50 | 40 | 30 | 20 | 10 | 0 |

| ALABAMA - 1 | CALIFORNIA - 1 | DELAWARE - 4 | FLORIDA - 6 | ILLINOIS - 1 | KANSAS - 1 | KENTUCKY - 1 | MAINE - 1 | MASSACHUSETTS - 1 | MICHIGAN - 14 | MISSOURI - 1 | NEW JERSEY - 10 | NEW YORK - 8 | NORTH CAROLINA - 5 | OHIO - 3 | OKLAHOMA - 7 | PENNSYLVANIA - 12 | TENNESSEE - 2 | TEXAS - 4 | VIRGINIA - 4 | WISCONSIN - 2 |
| 96% | 90 | 80 | 70 | 60 | 50 | 40 | 30 | 20 | 10 | 0 |
FUTURE LEADERS
The ACOFP Foundation is grateful for our partnership with Eli Lilly, which has graciously provided sponsorship support for the 2022 ACOFP Future Leaders Conference in San Diego, California. The conference hosted 20 outstanding new physicians and residents and five mentors interested in achieving a greater awareness of their leadership style and its impact on their professional performance.

Eli Lilly’s purpose of uniting caring and discovery to create medicine that makes lives better for people around the world fundamentally aligns with the Foundation’s strategic goals of improving public health and developing new healthcare leaders. We look forward to continuing this partnership.

STATE SOCIETY SUPPORT
The ACOFP Foundation is grateful to have increased the visibility of our programs that support the leadership pipeline and value of osteopathic medicine through exhibiting at and attending various meetings in 2022. These meetings included 12 ACOFP state societies and the Family Medicine Education Consortium (FMEC) Meeting.

FAMILY MEDICINE EDUCATION CONSORTIUM (FMEC) MEETING
For the second year in a row, the Foundation exhibited at the FMEC. The Foundation also supported three resident scholarships which included all conference meals, meeting registration, and two-night hotel stays to osteopathic family medicine residents.

aoP COVID STUDY
In 2021, the ACOFP Foundation Board approved to support an American Osteopathic Foundation (AOF) study “COVID-19 Immunization Study with Lymphatic Pump and Antibody Response.” In March 2022, the Foundation received notice that all necessary funds have been secured and this project is moving forward as planned.

EARLY ENTRY INITIAL CERTIFICATION (EEIC) WEBINARS
In partnership with ACOFP and AOBFP, the Foundation hosted its fifth joint webinar with program directors to discuss the pathway to osteopathic initial certification. The Foundation also presented during the Resident Council’s EEIC Town Hall which was geared toward residents.

IN-SERVICE EXAM PILOT PROGRAM
Under the umbrella of the Initial Certification Fund, the Foundation is in the process of developing a pilot program to cover the cost of the In-Service Exam for select California residency programs since this state has many untapped opportunities to engage more residents in osteopathic certification. While we had a couple residency programs take advantage of the Initial Certification Fund opportunity in 2022, the Foundation is looking to expand participation in 2023.

INITIAL CERTIFICATION VIDEO CAMPAIGN
We asked Initial Certification Grant awardees to share their words of gratitude and support for the ACOFP Foundation donors who dedicate their time to supporting the future of ACOFP and family physicians. Grantees provided wonderful insight on how the grant has impacted their individual journeys and how thankful they are to the Foundation for providing this opportunity.
ORGANIZATIONAL DONOR HONOR ROLL

$25,000+

AT Still University School of Osteopathic Medicine in Arizona
Campbell University School of Osteopathic Medicine
Idaho College of Osteopathic Medicine
Kansas Association of Osteopathic Medicine & Kansas Osteopathic Foundation
Marian University College of Osteopathic Medicine
Nova Southeastern University College of Osteopathic Medicine
Osteopathic Founders Foundation
Pacific Northwest University of Health Sciences College of Osteopathic Medicine
Sam Houston State University College of Osteopathic Medicine
Texas Society of the American College of Osteopathic Family Physicians

$15,000+

Touro University College of Osteopathic Medicine - California
University of North Texas Health Sciences Center - Texas College of Osteopathic Medicine
University of Pikeville - Kentucky College of Osteopathic Medicine
West Virginia School of Osteopathic Medicine

$10,000+

MSMS Foundation

$5,000+

As of 12/31/2022
## INDIVIDUAL DONOR HONOR ROLL

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