

Preliminary SCHEDULE

PRE-CON

MONDAY, MARCH 19

3:00 - 7:00 pm

-  OMT Boot Camp*

PRE-CON

TUESDAY, MARCH 20




3:00 - 7:00 pm

-  OMT Boot Camp*


PRE-CON

WEDNESDAY, MARCH 21

8:00 am - 12:00 pm

-  Joint Injection Workshop*
-  Written Test Taking Board Review Boot Camp*
-  Essentials of Addiction Medicine*

8:00 am - 5:00 pm

-  Dermatology Skills Including an Introduction to Basic Wound Care*

1:00 - 3:00 pm

Congress of Delegates Session I

3:00 - 7:00 pm

-  OMT Boot Camp*

 Health Expo Events




Schedule is subject to change. Visit acofp.org for updates.

THURSDAY, MARCH 22

8:00 - 11:00 am

Congress of Delegates Session II

CME Lectures




-  Prescription Fitness
-  Portion Control
-  Primary Care Dermatology Review

11:30 am - 12:30 pm

Opening Session

1:30 - 5:00 pm

CME Lectures

-  My Aching Back - Updating Guidelines for the Treatment of Low Back Pain
-  How Complicated is Your Panel? Effective Risk Coding in Primary Care Opioid Lecture
-  Opioid Dependency Among Adolescents and Young Adults

STUDENT PROGRAMMING

1:30 - 4:30 pm

Student Welcome Program

Cultural Competency in an Era of Cultural Challenge

Preparing for Your Family Medicine Residency Application

4:30 - 6:30 pm

ACOFP Osteopathic Residency Program Fair

 6:00 - 7:30 pm

Country Two Step Dance Event

Sponsored by the Auxiliary to the ACOFP and the Health Expo

7:00 pm

ACOFP Conclave of Fellows Awards Ceremony & Reception




FRIDAY, MARCH 23

8:00 - 10:00 am

Auxiliary Family Breakfast




8:00 am - 12:00 pm

CME Lectures

-  **CME** Fitness Goals in a Physician Lifestyle
-  **CME** FMAHealth: Health Equity - The Role of ACOFP
-  **CME** Supercharge Your Knowledge: A Focus on Breast, Cervical and Prostate Cancer Screening Guidelines and Controversies

NEW PHYSICIAN & RESIDENT PROGRAMMING

8:00 am - 5:00 pm

-  **CME** Understanding CME
-  **CME** Update on OCC
-  **CME** Direct Primary Care
-  **CME** Introduction to Wound Care
-  **CME** Managing Finances
-  **CME** Sports Medicine - Fractures and Sprains
-  **CME** Minority Medicine - Communication Barriers

STUDENT PROGRAMMING

8:00 am - 5:00 pm

Procedural Medicine Workshops

- Dermatology
- IUD Insertion and Minor Gynecological Procedures
- Joint Injection

Incorporating OMT in the Office Setting





Rural Medicine

Service Project




New Officer Briefing

1:00 - 5:30 pm

CME Lectures

-  **CME** Providing Care for the LGBT Patient
-  **CME** How to Discharge a Patient from Your Practice
-  **CME** Neurology and OMT
-  **CME** The Changing Landscape of Tick-Borne Illness

1:30 - 4:00 pm

-  **CME** Splinting and Bracing Workshop*
-  **CME** Incorporating OMT in the Office Setting*
-  **CME** Introduction to Ultrasound for the Family Physician*

6:00 pm

Alumni Receptions



Don't miss the Health Expo at ACOFP '18! There will be interactive and educational opportunities designed to increase the awareness of fitness resources and products that may improve both patient care and the personal wellness of the family physician.

* Separate registration fee is required.

SATURDAY, MARCH 24

7:00 - 8:00 am

Conclave of Fellows Annual Business Meeting

8:00 am - 12:00 pm

CME Lectures

- CME** Modern Obesity
- CME** How to Use the ADA Type 2 Diabetes Treatment Algorithm
- CME** Taking Value-Based Care from Discussion to Doing
- CME** IUD Insertion and Minor Gynecological Procedures*

NEW PHYSICIAN & RESIDENT PROGRAMMING

8:00 am - 12:00 pm

- CME** Becoming an ACOFP Fellow
- CME** Primary Care of Pregnant and Breastfeeding Patients
- CME** PRP/Stem Cells
- CME** Contracts and Malpractice Insurance

STUDENT PROGRAMMING

8:00 am - 12:00 pm

National Student Executive Board Elections
SAACOFPP Awards
Oh the Places You'll Go...in Family Medicine

12:00 - 2:00 pm

LUNCH SESSION:
Women, Medicine and Leadership*

1:00 - 4:00 pm

CME Lectures

- CME** Physician Depression and Suicide Prevention
- CME** Urgency vs. Emergency
- CME** A Different Approach to Reversing Metabolic Crisis
- CME** Clinical Preceptor Education Series: Evidence Based Practice OMT Indications - Facilitating the Incorporation of Osteopathic Principles and Practice



PRESIDENT'S RECEPTION & BANQUET

7:00 pm - Reception

7:30 pm - Banquet

Join us as we honor
Duane G. Koehler, DO, FACOFP as
the 65th President of the ACOFP.

SUNDAY, MARCH 25

8:00 am - 12:00 pm

CME Lectures

- CME** Men's Health: Traditional and Innovative Treatment of Hypogonadism - Middle Age vs. Advanced Age, Risks and Benefits
- CME** The Well Woman Visit in 2018/2019... What is the Point?
- CME** Adolescent Mental Health
- CME** FMAHealth: Shared Principles of Primary Care - A Call to Action

ADDITIONAL CME PROGRAMS

Additional registration fees apply. Please make your selection on the registration form.

OMT Boot Camp

4 Category 1-A CME Extra Credits

Monday 3:00 – 7:00 pm

Tuesday 3:00 – 7:00 pm

Wednesday 3:00 – 7:00 pm

OMT Boot Camp is designed for osteopathic family physicians and residents preparing for their OMT Board Performance Examination. Interactive case presentation scenarios, including specific OMT techniques that can be utilized for those clinical presentations, will be presented, demonstrated and discussed. Additionally, OMT Boot Camp will assist family physicians who want to update their OMT skills to help patients in their osteopathic family medicine practice.

Register to attend on Monday, Tuesday, or Wednesday.

Written Test Taking Board Review Boot Camp

4 Category 1-A CME Extra Credits

Wednesday 8:00 am – 12:00 pm

The ACOFP Test Taking Skills Boot Camp is open to osteopathic and allopathic family physicians preparing for their Board examinations. The course is designed for residents and graduate family physicians who want to update their skills and knowledge in preparation for their written Board Certification or Recertification examinations. The goal is to help improve study and test taking skills utilizing high-yield study techniques. Test question approaches as well as interactive audience responses while working toward the desired answers will also be incorporated.

Essentials of Addiction Medicine

4 Category 1-A CME Extra Credits

Wednesday 8:00 am – 12:00 pm

The CDC has identified opioid dependence as an epidemic currently affecting all areas of the United States. There are more people dying yearly in the US from overdose than motor vehicle accidents. This has resulted in part from the prescribing practices of physicians in the use of these medication. There are indicators of the development of both mental health and substance use problems that if identified early can impact the progression of the disease. It is important for the primary care health professional to have an understanding of these indicators. Following the development for the illness there are many problems that can be cared for in primary care. However, there is a shortage of health professionals with knowledge, skill, and experience in this field.

Essentials of Addiction Medicine is designed to provide up-to-date data and practice techniques for basic addiction treatment. It will provide basic, fundamental clinically oriented teaching that would be essential to all family physicians.

HANDS-ON WORKSHOPS

Additional registration fees apply. Please make your selection on the registration form.

Joint Injection Workshop

4 Category 1-A CME Extra Credits

Wednesday **8:00 am – 12:00 pm**

Participants will learn and enhance skills in joint and bursae injections. Common musculoskeletal complaints, exam, and approaches will be covered to show how this valuable skill is utilized. Billing and coding will also be covered.

Dermatology Skills Including an Introduction to Basic Wound Care

8 Category 1-A CME Extra Credits

Wednesday **8:00 am – 5:00 pm**

We have dedicated an entire day of application based, hands-on training in various skills of office based dermatologic procedures including an introduction to basic wound care. At the conclusion of this workshop participants will be able to: perform procedure preparation; review various skin pathologies; demonstrate techniques for excisions of cysts, lipomas and other skin lesions; cryosurgery techniques, basic suturing and nail surgery; basic wound care techniques; discuss surgical safety and possible complications, identify the equipment needed, proper usage and vendor locations; and use proper coding for reimbursement and promote procedures to patients.

Splinting and Bracing Workshop

2.5 Category 1-A CME Extra Credits

Friday **1:30 – 4:00 pm**

This workshop provides education and hands-on training for splinting and bracing of the lower and upper extremity for MSIC injuries. At the end of this workshop participants will be able to recognize injuries that need immobilization, splint/brace appropriately and recognize complication of improper immobilization.

Incorporating OMT in the Office Setting

2.5 Category 1-A CME Extra Credits

Friday **1:30 – 4:00 pm**

This workshop will discuss the use of OMT in various common diagnoses encountered in the office and demonstrate effective techniques that can easily be incorporated into the treatment plan without adding time to the visit. Billing and coding will also be explained.

Introduction to Ultrasound for the Family Physician

2.5 Category 1-A CME Extra Credits

Friday **1:30 – 4:00 pm**

The advances in ultrasound resolution, technology and cost have put this modality well within the scope and ability of every practicing family physician. This workshop is designed to give the participant a basic knowledge of science and application of outpatient ultrasound. The workshop will provide hands-on experience with abdominal, musculoskeletal, and vascular ultrasound; and also review obstetrical ultrasound and ultrasound guided procedures.

At the end of the workshop the participant should have a basic knowledge of clinical ultrasound technology for diagnosis and procedural guidance, and be familiar with technical steps to use ultrasound technology for the benefit of family medicine patients.

IUD Insertion and Minor Gynecological Procedures

2.5 Category 1-A CME Extra Credits

Saturday **8:00 – 10:30 am**

This workshop will provide the participant with a greater understanding and technical expertise in placement and removal of IUD's and minor gynecological procedures such as endometrial biopsy, vulvar biopsy, and condyloma removal. Topics to be covered include indications, contraindications, equipment needed, pre-procedure patient preparation, technique, complications, post-procedure patient education, CPT billing and coding and IC-D-9-CM diagnostic codes.