

OSTEOPATHIC MUSCULOSKELETAL EXAMINATION

Patient's Name: _____

Subjective: _____

Vitals: T _____ B/P _____ H _____ R _____ Pulse ox _____ Date/Time: _____

Initial Visit F/u Pain level _____ / 10 WT: _____ HT: _____

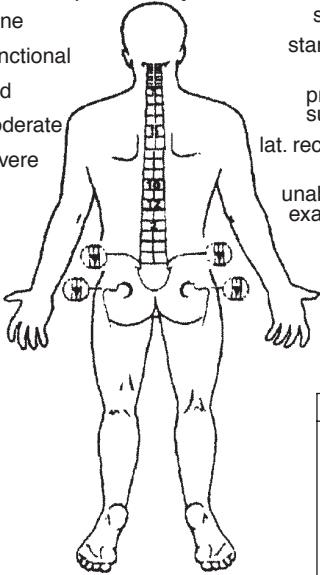
Required

| Ant./Post. Spinal Curves: | I | N | D |
|---------------------------|--------------------------|--------------------------|--------------------------|
| Cervical Lordosis | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Thoracic Kyphosis | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Lumbar Lordosis | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

I = increased; N = normal; D = decreased.

Scoliosis (Lateral Spinal Curves)

- | | |
|-------------------------------------|--|
| <input type="checkbox"/> None | sitting <input type="checkbox"/> |
| <input type="checkbox"/> Functional | standing <input type="checkbox"/> |
| <input type="checkbox"/> Mild | prone/supine <input type="checkbox"/> |
| <input type="checkbox"/> Moderate | lat. recumb. <input type="checkbox"/> |
| <input type="checkbox"/> Severe | unable to examine <input type="checkbox"/> |



For Coding Purposes Only

Assessment Tools:

- T = Tenderness
- A = Asymmetry
- R = Restricted Motion
 - Active
 - Passive
- T = Tissue Texture Change

Severity Key:

- 0 = No SD or background (BG) levels
- 1 = Minor TART more than BG levels
- 2 = TART obvious (R & T esp) +/- symptoms
- 3 = Symptomatic, R and T very easily found, "key lesion"

Meds:

| Region Evaluated | Severity | | | | Specific of Major Somatic Dysfunctions |
|-------------------|--------------------------|--------------------------|--------------------------|--------------------------|--|
| | 0 | 1 | 2 | 3 | |
| Head | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Neck | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Thoracic T1 - 4 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| T5 - 9 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| T10 - 12 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Lumbar | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Pelvis/Sacrum | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Pelvis/Innominate | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Extremity (lower) | R | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| | L | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Extremity (upper) | R | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| | L | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Ribs | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |
| Other | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | |

Neuro:

DTR _ / 4 MS _ / 5 _____

Major Correlations with:

| | | |
|-----------------|------------|------------------|
| Traumatic | Orthopedic | Neurological |
| Primary Mus-Skl | ADLs | Rheumatological |
| Cardiovascular | Pulmonary | Gastrointestinal |
| Viscerosomatic | Congenital | |
| EENT | Other | |
| Genitourinary | | |

Assessment: Head/cranial somatic dysfunction 736.0

| | | |
|-----------------|-------|-------------------|
| Cervical | 739.1 | Ribs: 739.8 |
| Thoracic | 739.2 | Abd / Other 739.9 |
| Lumbar | 739.3 | _____ |
| Sacral | 739.4 | _____ |
| Pelvic | 739.5 | _____ |
| Lower Extremity | 739.6 | _____ |
| Upper Extremity | 739.7 | _____ |

Improved Unchanged Worse

Comments: _____

Treatment time: _____ min, F/u appt _____

Plan:

| | | |
|--|-----------|-------------------------|
| OMT Performed | | Procedure Codes: |
| ART | BMT | 1-2 Reg 98925 |
| ST | MFR ME | 3-4 Reg 98926 |
| ART | SCS HVLA | 5-6 Reg 98927 |
| BLT | BD FPR | 7-8 Reg 98928 |
| CR | VIS LYMPH | > 9 Reg 98929 |
| Patient/Guardian explained the risks and benefits of OMT, and consented to treatment. <input type="checkbox"/> | | |
| Exercise plan given <input type="checkbox"/> | | |
| Nutritional advise given <input type="checkbox"/> | | |
| Smoking cessation counseling <input type="checkbox"/> | | |
| Compliance with home exercise program ____% | | |
| Post treatment pain level ____/10 | | |

Signatures:

Intern / Resident: _____
 Attending: _____

