

## *Women's Leadership Spotlight Series*

### **Excellence in Advocacy**

Katarina Lindley, DO, FACOFP has a unique background and life experiences that have shaped her passion for life and for osteopathic family medicine. Dr. Lindley is the owner of and a family physician at [Eagle Medical Center](#) in Brock, Texas, a direct primary care practice. She received her Doctor of Osteopathic Medicine from Nova Southeastern University College of Osteopathic Medicine in Fort Lauderdale, Florida and completed her residency at Palmetto General Hospital Family Medicine Residency, where she also served as Chief Family Medicine Resident.



She is the [2019-2020 President](#) of the [Texas ACOFP](#) and serves on several ACOFP Committees. Dr. Lindley knew from day one that she would someday become a family physician, but found there are many challenges in medicine, some of which require health care reform. These issues are what prompted her to become an active advocate for family physicians and patients at the local, state and federal levels.

Dr. Lindley was honored to be invited to the White House in late June for the signing of an executive order on transparency in health care. This order will allow patients to have a choice in hospitals and where to have the tests done, and to price shop. It will empower them to participate in their own health care choices. Parts of this order will also expand the use of the Health Savings Account for Direct Primary Care and Health Sharing Ministries.

Dr. Lindley is on the Board of DPCAction. Their advocacy firm sent a letter to the treasury department asking them to re-interpret the HSA and DPC parts of the tax code, which they feel could create a road map to the Treasury on how to execute the executive order.

Dr. Lindley was also present in the Rose Garden at the White House earlier in June for the HRA rule announcement giving businesses a better way to offer health insurance coverage by providing employees with tax-preferred funds to pay for the health insurance in the individual market. This could help small businesses and employees with their insurance choices and coverage.

For a girl who escaped war in Croatia and feels that she is living a true American dream, these trips to the White House are definitely a highlight of her career. She believes that we all can be very effective in different arenas and that it is important for all of us to make contact with our legislators on the state and federal levels. There is a lot more work to be done and Dr. Lindley is looking forward to working with the ACOFP Federal and State Legislation Committee on future endeavors.

ACOFP recognized Dr. Lindley for all of her work in Washington and Texas by presenting her with the 2019 Excellence in Advocacy Award at the annual convention in Chicago. The ACOFP Excellence in Advocacy Award honors an individual who exemplifies the osteopathic family medicine profession's highest standards of excellence in teaching and has made significant, commendable, and long-standing contributions to the academic advancement of osteopathic students, residents and the osteopathic profession.

In addition to advocating for direct primary care, she has volunteered her time and expertise for numerous medical organizations, including ACOFP, as a student, resident and physician for over 20 years. She has received numerous awards and has organized many community events including a Homeless Shelter Feeding Program, Doctor's Bag Program for Children, health care community events, and the Yellow Ribbon Suicide Prevention Program.

As if all of Dr. Lindley's accomplishments in her career were not enough, she is also a wife and mother of five children! She is truly an inspiration and great example of how to give back to your community while managing a healthy, happy work/life balance.