Women’s Leadership Spotlight Series

State President, Fellow and Much More

Jennifer L. Gwilym, DO, FACOFP is an ACOFP leader with an impressive list of activities and designations! As you can see from the list below, she is very active in ACOFP nationally and in her state, currently serving as the Ohio ACOFP President. The record of Dr. Gwilym’s past positions and activities was too long to share in this article! She is a role model for young female physicians who are looking for ways to gain leadership experience: follow her lead and join associations, get active on Committees and eventually run for elected officer positions.

Dr. Gwilym has been awarded fellowships with ACOFP, the American Academy of Family Physicians (FAAFP), with the American Association of Colleges of Osteopathic Medicine (AACOM), in Health Policy (HPF) and the Residency Director Program (RDFP) at Ohio University, and with the Costin Leadership Institute of Midwestern University. Also, she has won several awards and has published many articles on topics such as vaccines, sexually transmitted diseases, Medicare programs, e-cigarettes and preventative screening guidelines. She served as an editor on the textbook published by Houghton Mifflin Company titled *An Introduction to Physical Science, Ninth Edition*, by Shipman and Baker. In addition to writing, Dr. Gwilym has given presentations to physicians, residents and students to share insights on being a thriving osteopathic family physician with lectures titled *Finding Joy in Practice* and *Professional Organizations & Leadership – Finding Your Voice as a Leader*.

Dr. Gwilym currently serves as Assistant Dean of Clinical Education, Southeastern Ohio Campus at Ohio University Heritage College of Osteopathic Medicine, Athens, Ohio; Assistant Dean of Clinical Education, Central Ohio Campus at Ohio University Heritage College of Osteopathic Medicine, Athens, Ohio; Medical Director, Medical Claims Reviewer at Anthem FEP, Indianapolis, Indiana; Director of Student Medical Education (DSME) at A.T. Still University, Kirksville, Missouri; and Assistant Professor Family Medicine, Dept. of Family Medicine at Ohio University Heritage College of Osteopathic Medicine, Athens, Ohio.

**Dr. Gwilym’s Current Activities and Designations**

- **ACOFP CEE Subcommittee: Intensive Update & Board Review**, Member, 3/2017-Present
- **ACOFP Health Expo Committee**, Member, 5/2017-Present
- **ACOFP Convention Planning Committee**, Member, 4/2017-Present
- **ACOFP Women’s Health and Leadership Committee**, Member, 3/17-Present
- **Ohio ACOFP, President**, 4/2019-Present
  - **Initiatives:** Revision Bylaws, Increase Membership, Develop Scholarship Awarding Process
- **OU-HCOM, Society of Alumni and Friends**, President, 1/2019-Present
- **Student Selection Advisory Committee**, OU-HCOM, Chair, 1/2016-Present
- **Ohio Musculoskeletal and Neurological Institute (OMNI) at Ohio University**, Affiliate Scientist, 6/2017-Present
For the ACOFP Women’s Leadership Spotlight series, Dr. Gwilym answered a few questions about her career and involvement with ACOFP.

**How has your ACOFP membership been of value to you and your career?**

I have been an active member of ACOFP since 1999. My ACOFP membership has been invaluable to me over the years. The resources and networking provided by ACOFP has helped catapult my career on so many levels. Many think that seeing patients five days a week is the only option that exists for family medicine physicians. Thanks to the many networking opportunities provided by ACOFP, I know that a family physician’s opportunities are endless.

**What is your favorite part of the job?**

My favorite part of being a family physician is teaching students about the importance and need for competent, excited family physicians.

**How do you spend your free time?**

I am an avid scuba diver and I have traveled the world to dive new places. I also enjoy golfing in my spare time.