THURSDAY, AUGUST 11

PRE-PROGRAM SESSION

Attendance is limited and additional registration fee applies.

7:00 – 9:00 pm
OMT Pre-Test
2 Category 1-A CME Extra Credits

This session is designed to present “real-life” clinical scenarios to attendees. The focus is on board test type situations, whereby somatic dysfunction would be identified and the attendees would be asked to demonstrate various OMT techniques to address the particular somatic dysfunction. Cases involve the spine, extremities and visceral somatic concerns. This pre-test will help the attendee determine where they stand prior to the formal Intensive Review OMT sessions, as well as help prepare the attendee for the type of learning approach the review OMT sessions provide. This is an optional session, but one that may be very helpful, especially for those who are not as familiar or as practiced with their OMT diagnosis and treatment.

FRIDAY, AUGUST 12

6:00 – 6:45 am
Registration and Breakfast

6:45 – 11:45 am
MORNING SESSIONS
Test Taking Skills
EKG Case Presentations
Radiology Review
Baby Basics - Common Concerns of the Infant Years
Pediatric Infectious Disease Review
Overview of Obstetrics
The World of Women’s Health in 30 Minutes
Men’s Health Matters

11:45 am – 12:45 pm
Diabetes Lunch Lecture

1:00 – 2:30 pm
AFTERNOON SESSIONS
Adult Infectious Disease
Matters of the Heart
Common Concerns of the Kidney

2:45 – 6:00 pm
OMT BREAKOUT SESSIONS 1 & 2
OMT for the Thoracic and Cervical Spine
OMT for the Lumbar Spine and Sacrum
Visceral Somatic OMT
OMT for Extremity Complaints

EXTRA CREDIT SESSIONS

Attendance is limited and additional registration fee applies.

6:30 – 7:30 pm
Increasing Your Exam Score: A Guided Tour of What High Scoring Examinees Know and Do
1 Category 1-A CME Extra Credits

This session is designed to improve your examination performance. Attendees will gain insight into how item-writers design test questions, and allow attendees to practice test-taking skills that will improve examination scores.

7:30 – 9:30 pm
Basic OMT Demonstration
2 Category 1-A CME Extra Credits

This hands-on OMT review session is presented in three sections to better enhance the participant’s knowledge of OMT for the written and practical board exam. The first part discusses the structural exam, Fryette mechanics, and mechanisms of action of various osteopathic techniques. The second section gives a thorough review of lymphatic treatment to facilitate a more complete understanding of its utilization in Osteopathic Manipulative Treatment. The third section will be held in a small group setting and is open to individual questions to review or enhance any diagnostic or treatment clarifications or questions in preparation for the exam.

SATURDAY, AUGUST 13

6:00 – 7:00 am
Registration and Breakfast

7:00 – 8:30 am
MORNING SESSIONS
Therapeutic Applications of OMT for Specific Disease States
Dermatology from the Outside In
Dermatology from the Inside Out
8:30 – 11:45 am
OMT BREAKOUT SESSIONS 3 & 4
OMT for the Thoracic and Cervical Spine
OMT for the Lumbar Spine and Sacrum
Visceral Somatic OMT
OMT for Extremity Complaints

11:45 am – 12:45 pm
Lunch - provided by ACOFP

12:45 – 4:30 pm
AFTERNOON SESSIONS
Targeted Issues in Endocrinology
Pulmonary Predicaments in Primary Care
ENT for the Family Physician
Selected Review of Surgical Issues
Rheumatology Review
Neurology Notes for Boards
Mindful Medicine - Behavioral Concerns in Primary Care

SUNDAY, AUGUST 14

6:00 – 7:00 am
Registration and Breakfast

7:00 – 11:45 am
MORNING SESSIONS
Helpful Hints in Hematology
It’s a Gas - A Review of Gastroenterology
Focused Review in Oncology
Health Issues for the Aging Adult
Addiction Medicine - Substance Abuse
Improve Your Score - Sports Medicine Update
Bone-Up on Orthopedics
Medical Legal Review

EXTRA CREDIT SESSIONS
Attendance is limited and additional registration fee applies.

6:00 – 8:00 pm
Examination Techniques for Office Orthopedics
2 Category 1-A CME Extra Credits
This presentation will review high-volume musculoskeletal injuries seen by family physicians, proper diagnostic tests, including physical exam and radiologic test, and the proper treatments of these injuries.

6:00 – 9:00 pm
Practical Examination Workshop: Review of Clinical Scenarios Utilizing a Hands-On Approach in Preparation for Your Board Examination
1 Category 1-A CME Extra Credit
This one-hour hands-on workshop gives participants a realistic simulation of the actual practical portion of the board exam. Instructors will provide useful tips on test taking strategies and OMT techniques. Simulation scenarios covering the spine and extremities, as well as a systems-based approach to common medical health concerns will also be utilized. Please select the time you would like to participate on the registration form.

ACGME SESSION
Attendance is limited.

12:15 – 1:15 pm
ACGME Intensive Accreditation Application Process
No CME will be awarded.
Lunch will be provided.
Presented by ACGME Review Committee - Family Medicine Executive Director, Ms. Eileen Anthony. This session will assist osteopathic family medicine residency programs through the application process for ACGME accreditation. Recommended for program directors and/or for your DIO and program coordinator.
One-on-one meetings with Ms. Anthony will be held following the session.
Contact Bina Mehta at binam@acofp.org to schedule your one-on-one meeting.

Schedule is subject to change. Visit www.acofp.org for updates.
DAILY OMT HANDS-ON BREAKOUT SESSIONS

Included in the registration fee and open to all attendees are four 1.5 hour hands-on sessions that are taught by Osteopathic Manipulative Treatment (OMT) mentors to refresh or enhance your OMT skills.

Each attendee will be participating in four different hands on OMT Sessions covering four topic areas. There will be two sessions on Friday and two sessions on Saturday.

OMT for Extremity Complaints
This session will provide participants with a greater understanding of osteopathic principles as they pertain to the extremities. Osteopathic diagnosis and treatment options for commonly seen issues in family medicine of the upper and lower extremities will be discussed in a combined didactic and hands-on approach. This session will help in preparation for the board examination, as well as enhance osteopathic clinical skills and manipulative techniques.

OMT for the Thoracic and Cervical Spine
This session will provide participants with a review of clinical anatomy and osteopathic evaluation of thoracic and cervical spine. Following a brief didactic review, the session will consist of hands-on demonstration of basic OMT techniques geared toward the practical exam.

Visceral Somatic OMT
This session will provide the participants with real clinical scenarios similar to what may be seen in your office or as preparation for your OMT board examination. Participants will be presented with clinical situations (migraines, asthma, sinusitis, etc.) and receive didactic as well as hands-on demonstrations of the appropriate therapeutic OMT options applicable to treating those particular clinical situations.

OMT for the Lumbar Spine and Sacrum
This session will provide participants with a review of the evaluation and application of OMT in the lumbar spine, pelvis and sacral regions. Participants will receive a brief didactic review relating to this information, followed by clinical scenarios aimed at allowing exposure to the basic structure of the practical portion of the board examination.

American Osteopathic Board of Family Physicians (AOBFP)

EXAM SCHEDULE
Both the Family Medicine Certification and Recertification Cognitive Assessment examinations are offered in the spring and fall. The OMT performance evaluation is offered separately from the cognitive test and may be completed at either the ACOFP Annual Convention & Scientific Seminars in the spring or at the AOA/ACOFP Osteopathic Medical Conference & Exposition in the fall.

FAMILY MEDICINE INITIAL CERTIFICATION & OCC (RECERTIFICATION) COGNITIVE EXAMINATIONS
The examinations are administered as computer tests at regional test sites across the US.

The dates for the cognitive assessment exams during 2016 - 2017 are:

Cognitive Initial Certification Examination
- September 24, 2016
- April 1, 2017
- October 21, 2017

Cognitive OCC (recertification) Examination
- September 24, 2016
- May 20, 2017
- October 21, 2017

FAMILY MEDICINE OMT INITIAL CERTIFICATION & OCC (RECERTIFICATION) EXAMINATION
The OMT practical exam may be completed at either the fall AOA OMED conference or at the spring ACOFP Conference. The dates for the OMT performance evaluation exams during 2016 - 2017 are:

Initial Certification OMT Performance Evaluation ONLY Exam:
- September 16 - 18, 2016 in Anaheim, CA
- March 14 - 17, 2017 in Kissimmee, FL
- October 6 - 8, 2017 in Philadelphia, PA

OCC (recertification) OMT Performance Evaluation ONLY Exam:
- September 16 - 18, 2016 in Anaheim, CA
- March 14 - 17, 2017 in Kissimmee, FL
- October 6 - 8, 2017 in Philadelphia, PA


Dates may be subject to change. Visit the AOBFP website at www.aobfp.org for additional information on all exams and to download the appropriate application form or call (847) 640-8477.