OCTOBER 5 - 9, 2018
SAN DIEGO, CALIFORNIA

AOA/ACOFP Osteopathic Medical Conference & Exposition

34.5 Category 1-A CME Credits Anticipated for Osteopathic Family Physicians
AMERICAN OSTEOPATHIC BOARD OF FAMILY PHYSICIANS (AOBFP)

EXAM SCHEDULE

Initial Certification, OCC/Recertification

Family Medicine Practical OMT Examination

Manchester Grand Hyatt, San Diego

_**Grand Ballroom A - C**_

Administered only to candidates who have met filing deadline and have been pre-approved and scheduled. Candidates should report for sign-in and examination at their assigned time as individually provided by the AOBFP (written confirmation sent mid August).

PRACTICAL EXAM

Friday, October 5 - Sunday, October 7

For more information regarding the exams, call the AOBFP at (847) 640-8477.
12:00 – 2:00 pm
Colors of Health - The Key to “Real” Happy Meals
2 Category 1-A CME credits
Nicole Paul, DO, RD
Rob Danoff, DO, MS, FACOFP, FAAFP

Learning Objectives:
• Identify foods that provide the vitamins and minerals we need for health
• Identify the mystery ingredients in foods that have the potential to cause undesired side effects
• Gain knowledge of the current “trendy” diets, and get the evidence based facts on which ones are really helpful for long term health and weight loss

2:00 – 3:00 pm
Medical Approach to the Obese Patient
1 Category 1-A CME credit
Oksana O. Karpov, DO

Learning Objectives:
• Identify weight management as the key to treating chronic disease
• Assess hormonal regulation of food intake
• Review current approach to obesity treatment and provide new recommendations utilizing specific patient case

3:00 – 4:00 pm
Current Trends in Total Joint Replacement of the Hip and Knee
1 Category 1-A CME credit
David W. Anderson, MD

Learning Objectives:
• Explore emerging trends in hip and knee replacement and strategies for enhanced recovery after arthroplasty
• Discuss the diagnosis and management of hip and knee pain
• Review the continuum of care for progressive levels of arthritis in the hip and knee
• Evaluate state of the art and future trends in primary total hip and total knee arthroplasty
• Identify characteristics of the problematic total joint replacement, understand the treatment options for a failed hip or knee replacement, and learn strategies to avoid failed joint replacements in the general population
8:00 am - 5:00 pm
ACOFP in Collaboration with Cleveland Clinic
7.5 Category 1-A CME credits

8:00 – 9:00 am
Update in the Diagnosis and Management of Sleep Apnea
Nancy Foldvary-Schaefer, DO, MS

Learning Objectives:
• Review the prevalence, epidemiology and diagnostic criteria for obstructive sleep apnea (OSA)
• Recognize the indications for in-lab polysomnography (PSG) vs. home sleep apnea testing (HSAT) for the evaluation of OSA
• Discuss treatments and evidence-based outcomes of OSA therapy

9:00 – 10:00 am
Update in Migraine Management
Eric P. Baron, DO

Learning Objectives:
• Examine migraine pathophysiology and diagnosis
• Discuss selection and use of acute migraine treatments
• Review preventive strategies and options
• Provide updates in new migraine treatments

10:00 – 11:00 am
Update on Outpatient Management of Heart Failure
Maria Mountis, DO

Learning Objectives:
• Identify the most common etiologies and symptoms of heart failure
• Recognize the differences between heart failure with preserved ejection fraction versus those with reduced ejection fraction
• Describe evidence-based medical management of heart failure
• Recognize when to refer to cardiology
11:00 am – 12:00 pm
Get Conversation Ready! Facilitating Meaningful Advance Care Discussions for Patients with Serious Illness
Laura Shoemaker, DO, MS
Learning Objectives:
• Conduct discussions with patients about treatment goals, end-of-life care preferences, and related documentation like living wills and healthcare POAs
• Facilitate timely transitions to hospice care
• Utilize advance care billing codes

1:30 – 2:30 pm
Managing Chronic Kidney Disease - A Primary Care Guide
Jonathan Taliercio, DO
Learning Objectives:
• Review KDIGO CKD classification
• Learn how to manage hyperlipidemia, hypertension and metabolic acidosis in CKD

2:30 – 3:30 pm
Update on Management of VTE and Chronic Venous Insufficiency, with Cases
Douglas E. Joseph, DO
Learning Objectives:
• Interpret chronic venous insufficiency
• Recognize and manage lymphedema
• Review what is new with direct oral anticoagulants

3:30 – 4:30 pm
Update in COPD/Asthma
Rachel Taliercio, DO
Learning Objectives:
• Review updated management guidelines for COPD and asthma, with a focus on outpatient management
• Review COPD/asthma overlap syndrome and the implications for management

4:30 – 5:00 pm
Questions and Answers
Moderator: Rachel Taliercio, DO
8:00 – 10:30 am

Current Update on Vaccines and Immunology

2.5 Category 1-A CME credits

Facilitator: Stanley E. Grogg, DO, FACOP, FAAFP
Family Medicine: Ronna New, DO, FACOFP
Pediatrics: Carl Backes, DO
Infectious Disease: Marvin J. Bittner, MD, MSc

8:00 - 8:10 am

Introductions

Stanley E. Grogg, DO, FACOP, FAAFP

8:10 - 8:30 am

Latest Update on ACIP Recommendations

Stanley E. Grogg, DO, FACOP, FAAFP

8:30 - 9:00 am

Herpes Zoster Vaccine Update

Ronna New, DO, FACOFP

9:00 - 9:30 am

Pediatric Vaccine Update

Carl Backes, DO

9:30 - 10:00 am

Latest on Adult Flu Vaccine

Marvin J. Bittner, MD, MSc

10:00 - 10:30 am

Panel Discussion and Questions
10:30 am – 12:00 pm
Joint Session with the American Osteopathic Academy of Addiction Medicine

1.5 Category 1-A CME credits

**LGBTQ and Addiction Medicine**

*Marla Kushner, DO, FACOFP*

*Jeff Zacharis, LCSW, CSAT, CAADC*

**Learning Objectives:**

- Discuss substance abuse in the LGBTQ community
- Develop competent communication skills to meet the needs of the LGBTQ community
- Recognize information and resources designed to help assist and support the LGBTQ community

1:30 – 2:20 pm

**Ocular Emergencies**

*Leonid Skorin Jr., DO, OD, MS, FAAO, FAOCO*

**Learning Objectives:**

- Draw a simple ocular trauma tree
- Distinguish between the different methods to treat a corneal abrasion
- Summarize the evaluation for a suspected orbital blow-out fracture

2:20 – 3:10 pm

**HIV for Primary Care Physicians and a Primer on HIV Prevention Treatment**

*Craig Dietz, DO*

**Learning Objectives:**

- Understand updates in HIV management strategies in primary care
- Review the latest HIV regimens used in modern practice
- Learn how to prescribe and monitor HIV prevention medication
All programs will be held in Exhibit Hall A in the San Diego Convention Center unless otherwise noted.

3:10 – 4:00 pm
Psychosocial Care for People with Diabetes

1 Category 1-A CME credit

Jay H. Shubrook Jr., DO, FACOFP

Learning Objectives:
• Describe psychosocial issues associated with diabetes
• List screening tools for assessing symptoms of psychosocial issues within routine care
• Identify ways to implement psychosocial services into team-based care
• Indicate appropriate referral and treatment options for people impacted by psychological distress

4:00 – 5:00 pm
Global Insight to Domestic Problems of Human Trafficking and Drug Smuggling

1 Category 1-A CME credit

Presented by HIS – Homeland Security Investigations of San Diego

James A. Plitt, Deputy Special Agent in Charge

Learning Objectives:
• Recognize that victims of human trafficking come from all socio-economic levels, races, ages and genders
• Educate stakeholder groups to increase awareness of human trafficking and thwart exploitation through outreach and community support
• Identify ever-changing ways smugglers use youth in the drug trade, which can have devastating effects on children and their families
• Present emerging technologies that law enforcement uses to disrupt and dismantle criminal organizations
8:00 am – 12:00 pm

Joint Session with the Academy of Sports Medicine and the American Academy of Osteopathy: Athletic Wellness and Awareness

4 Category 1-A CME credits

8:00 – 9:00 am

Safe Sport and Physician Prep for Events

Rebecca Rodriguez-Regner, DO, FACOFP
Priscilla Tu, DO, FAOASM, FAAFP, DABMA

Learning Objectives:
- Educate physicians on safe sport
- Discuss training for a sports medicine physician to be qualified to represent at the Olympics and for traveling with Team USA
- Educate physicians on etiquette of the sports medicine team physician when traveling and protocol for seeing athletes

9:00 – 10:00 am

Five Ethical Dilemmas Physicians Face in Everyday Practice

Elizabeth Petsche, JD

Learning Objectives:
- Review 5 of the most common ethical dilemmas physicians face on a daily basis
- Examine survey responses for how these dilemmas are often handled
- Discuss how the impacts of those decisions could impact the doctor-patient relationship
- Explore other ethical dilemmas faced by session participants

10:00 – 11:00 am

OMT Sensitive Treatments, Documentation and Physician Protection

Sharon Gustowski, DO, MPH

Learning Objectives:
- Discuss the indications, contraindications and precautions for performing osteopathic manipulative treatment
- Consider ethics and professionalism in physician/patient/family interactions from the perspective of respecting human dignity
- Reflect on one’s own unconscious cognitive and noncognitive biases as an osteopathic physician

11:00 am – 12:00 pm

Panel Discussion
1:30 – 5:00 pm
Joint Session with the American Osteopathic Academy of Sports Medicine and the American Academy of Osteopathy

3.5 Category 1-A CME credits

1:30 – 2:30 pm
Advanced Neuroimaging in Concussion: A Translational Collaboration Opportunity
David Baron, MSEd, DO, DFLAPA, DFACN

Learning Objectives:
• Compare and contrast TBI from concussion
• Discuss the role of biomarkers, especially advanced neuroimaging, in concussion management
• List the needs and challenges for future research in concussion neuroimaging

2:30 – 2:45 pm
OMT on the Field
Thomas M. Motyka, DO

2:45 – 3:30 pm
Concussion Update Guidelines, Sideline Management, Return to Play and Learn Protocol
Jeffrey Bytomski, DO, FAOASM

Learning Objectives:
• Review diagnosing concussion
• Understand current treatment options for acute and chronic concussion
• Assess how to direct a return-to-learn and return to play progression

3:30 – 3:45 pm
OMT in the Office
Thomas M. Motyka, DO
3:45 – 4:30 pm
In Office Treatment and Follow-Up of the Concussed Athlete and Discussion on Return to Learn and Play Protocols
Jeffrey P. Anthony, DO, FAAFP, FAOASM

Learning Objectives:
• Understand practical and effective evaluation of the concussed patient in the office
• Review VOMS (Vestibular Ocular Motor Screening)
• Summarize neurocognitive, KD (King-Devick) and balance testing with concussions
• Learn utilization of RTP (return to play) and RTL (return to learn) concepts with concussion management

4:30 – 5:00 pm
OMT Return to Play
Thomas Motyka, DO

4:00 – 5:00 pm
Clinical Preceptor Series - How to Engage Students in Their Osteopathic Approach: Preceptor Development
1 Category 1-A CME credit
Sarah J. James, DO, FACOFP
Margaret M. Wilkins, DO, FACOFP
Room 11, San Diego Convention Center

Learning Objectives:
• Discuss basic requirements for precepting a procedure
• Learn the basic documentation and billing of an OMT visit
• Develop strategies to improve precepting OMT within their programs using new OMT precepting tools
8:00 am – 12:00 pm

Joint Session with the American College of Pediatrics

4 Category 1-A CME credits

8:00 - 9:00 am
**Atopic Dermatitis**

*Magdalene Dohil, MD*

Learning Objectives:
- Identify the latest information regarding the pathophysiology of atopic dermatitis
- Discuss new treatment modalities for atopic dermatitis and an update on established treatments
- Recognize the role of food allergies in the context of atopic dermatitis

9:00 - 10:00 am
**Acne Treatment Updates**

*Lusia Yi, DO, MS, FAOCD, FAAD*

Learning Objectives:
- Recognize grading and classification of acne for developing a targeted and effective treatment regimen
- Classify current acne treatments and apply treatment effectiveness and potential side effects in selecting the optimal treatment regimen
- Define the role of diet in acne

10:00 - 11:00 am
**Vascular Hemangioma**

*Jessica Sprague, MD*

Learning Objectives:
- Correctly identify infantile hemangiomas, particularly those that require dermatologic evaluation and possible treatment
- Gain familiarity with management options of infantile hemangiomas, including essential work-up for associated syndromes, dosing and adverse effects of common treatments
- Recognize other common vascular lesions and determine if additional management is needed
11:00 am - 12:00 pm
Hair Loss for All Ages (Alopecia Areata)
Lusia Yi, DO, MS, FAOCD, FAAD

Learning Objectives:
• Define diagnostic criteria for alopecia areata
• Identify types of treatment modalities for alopecia areata
• Recognize and analyze recent treatment modalities for alopecia areata

1:00 – 2:00 pm
Gender Considerations in Treatment of Various Conditions
1 Category 1-A CME credit
John E. Kazilionis, DO

Learning Objectives:
• Define sex and gender as they apply to medical practice
• Discuss the importance of sex and gender with regard to treatment of medical conditions - with examples of several common clinical situations
• Review the need to include sex and gender information in medical education curricula

2:00 – 3:00 pm
Lyphedema – Unraveled
1 Category 1-A CME credit
Igor Altman, DO, MBA, FACOFP

Learning Objectives:
• Recognize critical anatomical and clinical elements of the lymphatic system
• Distinguish lymphedema from edema and lipedema
• Become familiar with potential cutaneous complications of lymphedema
• Recognize differences between cellulitis, acute lipodermatosclerosis and stasis dermatitis
• Formulate an effective management plan for lymphedema and wounds associated with it
3:00 – 4:00 pm
CTCA: Lung Cancer Screening
1 Category 1-A CME credit
Kevin F. Tulipana, DO, MS, FHM

Learning Objectives:
• Discuss the risk factors, clinical presentation, incidence, prognosis and importance of early identification of lung cancer
• Understand the significant improvement in survival of lung cancer patients when diagnosed early
• Identify patients at increased risk who may benefit from a lung cancer screening program
• Review the main points of a lung cancer screening program.

4:00 – 5:00 pm
Chronic Pain Management and Opioid Guidelines
1 Category 1-A CME credit
M. Jay Porcelli, DO, FACOFP dist.

Learning Objectives:
• Update the primary physicians who prescribe opioid medications, including level 2, 3 and some 4 controlled drugs, on the latest information and recommendations
• Understand the CDC guidelines on prescribing opioids
GENERAL INFORMATION

CME INFORMATION

The American College of Osteopathic Family Physicians (ACOFP) is accredited by the American Osteopathic Association (AOA) to sponsor continuing medical education for osteopathic physicians. ACOFP anticipates this program will be approved for 34.5 AOA Category 1-A CME credits for osteopathic family physicians.

In addition, Application for CME credit has been filed with the American Academy of Family Physicians (AAFP) for those osteopathic physicians seeking CME credit through this mechanism. Determination of AAFP credit is pending.

This program is sponsored by the ACOFP for educational purposes only. The material presented is not intended to represent the sole or the best medical interventions for the discussed diagnoses, but rather is intended to present the opinions of the authors or presenters that may be helpful to other practitioners. Attendees participating in this medical education program do so with the full knowledge that they waive any claim they may have against the ACOFP for reliance on any information presented during these educational activities.

CONDUCT

Each physician in attendance at ACOFP meetings is free to act in any way he/she chooses with regard to issues discussed. Any conclusion or decision based upon issues discussed must be a business decision made independently and based solely on what is in the best interests of that physician. In conducting education and information programs for its membership, ACOFP does not recommend nor necessarily enforce any particular course of conduct.

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MARCH 21 - 24, 2019
Sheraton Grand Chicago
Chicago, Illinois

Over 30 Category 1-A CME credits anticipated, including pre-con credits beginning on Monday, March 20

Register online at acofp.org