

2019 SCHEDULE

THURSDAY, AUGUST 22

PRE-PROGRAM SESSIONS*

2:00 – 6:00 pm

Written Test Taking Skills, Strategies and Practice
4 Category 1-A CME extra credits

7:00 - 9:00 pm

OMT Pre-Test Review
2 Category 1-A CME extra credits

OMT Pre-Test Review is designed to present real-life clinical scenarios to attendees. The focus is on board test type situations, whereby somatic dysfunction would be identified and the attendees would be asked to demonstrate various OMT techniques to address the particular somatic dysfunction. This is an interactive session with the instructors and table trainers, and will help to close the gaps in those areas needing a refresh of information.

** Attendance is limited and additional fees apply.*

12:00 - 1:00 pm

Lunchtime Brought to You by "OMT Moments"

1:00 - 2:30 pm

AFTERNOON SESSIONS

- Adults Need Immunizations Too - *Guideline Update*
- Adult Infectious Disease Review
- Inpatient Medicine - *Next Steps in Management*

2:45 - 6:00 pm

OMT BREAKOUT SESSIONS

- OMT for the Thoracic and Cervical Spine
- OMT for the Lumbar Spine and Sacrum
- Viscerosomatic OPP: *Common Cases*
- OMT for Extremity Complaints
- Advanced OMT Techniques

FRIDAY, AUGUST 23

6:00 - 6:45 am

Registration & Breakfast

6:45 am - 12:00 pm

MORNING SESSIONS

- Evidence Based Screening Guidelines
- Need to Know X-Ray Findings
- EKG Case Review in Family Medicine
- How to Interpret those PFT Results
- Getting Ready for Baby - *Obstetrics Review*
- Bringing Up Baby - *Key Health Concerns*
- Key Clues to Identify Common Infections in Children
- Focus on Women's Health
- Men's Health Matters

EXTRA CREDIT SESSIONS*

6:30 – 8:00 pm

Pain Management and the Opioid Crisis
1.5 Category 1-A CME Extra Credits

8:00 - 9:30 pm

Basic OMT Demonstration
1.5 Category 1-A CME Extra Credits

This session is designed for those who have been away from utilizing OMT, or would like a refresher of focused techniques and potential applications. This interactive, fun and lively session will demonstrate the role that the structural exam and Fryette Mechanics play in osteopathic family medicine. Additionally, it will present basic techniques and scenarios to help in preparation for use in practice, as well as a provide review for the board examination.

**Attendance is limited and additional fees apply.*

2019 SCHEDULE CONTINUED

SATURDAY, AUGUST 24

6:00 - 7:00 am

Registration & Breakfast

7:00 - 8:30 am

MORNING SESSIONS

- Therapeutic Applications of OMT for Specific Disease Processes
- A Rash of Information – It's Dermatology Day
- Decision Points in Diagnostic Testing

8:30 - 11:45 am

OMT Breakout Sessions

- OMT for the Thoracic and Cervical Spine
- OMT for the Lumbar Spine and Sacrum
- Viscerosomatic OPP: *Common Cases*
- OMT for Extremity Complaints
- Advanced OMT Techniques

11:45 am - 12:45 pm

Lunch

12:45 - 4:30 pm

Afternoon Sessions

- Endocrinology Review:
Type 1 Diabetes and Thyroid Disorders
- Heart to Heart - *A Cardiovascular Review*
- More than a Filter - *Rapid Renal Review*
- Care Based Neurologic Scenarios
- The ABC's of Autoimmune Presentations
- Letting the Air Out (and in) - *Pulmonary Medicine*
- Common Surgical Concerns
- *Behavioral Health Disorders Review*

EXTRA CREDIT SESSIONS*

6:30 - 8:00 pm

Examination Techniques for Office Orthopedics - Primary Orthopedics: What You Need to Know
2 Category 1-A CME extra credits

This session will review the basic tests done in a standard musculoskeletal exam for common orthopedic problems. It will include a review of several joints, including the shoulder, elbow, wrist, cervical and lumbar spine, hip, knee and ankle. The name and technique for each test will be reviewed, and the injuries that can be diagnosed from positive tests will also be covered. Additionally, OMT pearls will be discussed for many of the injuries reviewed, particularly for the extremities. This session is helpful for those in clinical practice, as well as for those who want to brush up on their orthopedic examination techniques.

6:00 - 9:00 pm

Practical Examination Scenarios: Simulated Test Taking and Hands on Approach
1 Category 1-A CME extra credit

No talking here; just a full-fledged approach and simulated OMT test. This will be a hands-on session that provides the participants with a realistic simulation of the actual practical portion of the board exam. Instructors will provide useful tips on test-taking strategies and osteopathic manipulative treatment techniques at each testing station after the participants have completed that particular testing scenario. This session will present testing questions covering the spine and extremities, as well as a systems-based visceral somatic scenario to common medical health concerns.

**Attendance is limited and additional fees apply.*

2019 SCHEDULE CONTINUED

SUNDAY, AUGUST 25

6:00 - 7:00 am

Registration & Breakfast

7:00 am - 11:45 am

MORNING SESSIONS

- Score High - *Sports Medicine Review*
- Type 2 Diabetes - *Approach to Diagnosis and Treatment*
- Case Based Presentations in GI and Liver Disease
- Interactive OMT Board Review Questions
- Senior Moments – *Review Topics in Geriatrics*
- Hematologic Disorders Review
- Risk Management – *What We Need to Know*
- Medical Legal Medicine – *Ethics and the Law*

EXTRA CREDIT SESSIONS*

12:15 - 1:45 pm

ACOFM Family Medicine Institute:
EKG Review and Interpretation Workshop
1.5 Category 1-A CME extra credits

Interactive course with a refresher on EKG basics and a review of uncommon but critical EKG presentations. The course will be in a case based format.

**Attendance is limited and additional fee applies with lunch included.*

OMT BREAKOUT SESSIONS

Included in the registration fee and open to all attendees are four 1.5 hour hands-on sessions that are taught by Osteopathic Manipulative Treatment (OMT) mentors to refresh or enhance your OMT skills.

Each attendee will be participating in four different hands on OMT sessions covering four topic areas. There will be two sessions on Friday and two sessions on Saturday.

Advanced OMT is intended for those who are comfortable with basic OMT skills and want to further integrate OMT into their family medicine practice. This session is limited in attendance. Those participating in Advanced OMT will not rotate through the OMT Breakout Sessions.

OMT for the Thoracic and Cervical Spine

This session will provide an overview of clinical anatomy and osteopathic evaluation of the thoracic and cervical spine. Following a brief didactic review, the session will consist of a hands-on demonstration of basic OMT techniques geared toward the performance exam.

OMT for the Lumbar Spine and Sacrum

This session will offer a brief didactic review of the evaluation and application of OMT in the lumbar spine, pelvis and sacral regions, followed by clinical scenarios anticipated in the performance portion of the board examination.

Viscerosomatic OPP: Common Cases

Similar to what may be seen in an office or on an OMT performance examination, this session will present clinical situations (migraines, asthma, sinusitis, etc.) while providing didactic and hands-on demonstrations of the appropriate therapeutic OMT options for treating them.

OMT for Extremity Complaints

In a combined didactic and hands-on approach, this session will deliver osteopathic diagnosis and treatment options for commonly seen issues in the upper and lower extremities. It will help prepare for the board examination, as well as enhance osteopathic clinical skills and manipulative techniques.

Advanced OMT Techniques

Case-based application with 6 hours of hands-on OMT training. Develop a plan of treatment for common presentations to your FM office including upper and lower respiratory complaints, GI presentations, and extremity musculoskeletal complaints. It also features seated treatment options for thoracic, rib, abdomen and extremity somatic dysfunctions. Your questions will be answered about treatment options, billing coding and documentation. Attendees will also discuss precepting for students and residents who perform OMT in the office.