

SUBJECT: Transgender Health Education

SUBMITTED BY: Michigan Association of Osteopathic Family Physicians

REFERRED TO: 2023 American College of Osteopathic Family Physicians (ACOFP)
Congress of Delegates

RESOLUTION NO. 9

WHEREAS, transgender is an umbrella term for a diverse group of people such as male-to-female (MTF) and female-to-male (FTM), genderqueer people, and others; and

WHEREAS, transgender identity or expression differs from societal expectations of how one should look, act, or identify based on the assigned sex at birth¹; and

WHEREAS, transgender and other gender and sexual minority people are often the targets of discrimination and harassment that may lead to negative health outcomes²; and

WHEREAS, one in five transgender people postponed or refrained from getting health care in the past year due to fear of discrimination³; and

WHEREAS, fifty percent of transgender people reported having to educate their healthcare provider about transgender health issues⁴; and

WHEREAS, resolution 18 from the 2022 ACOFP Congress of Delegates, recommended that the ACOFP Diversity, Equity, and Inclusion (DEI) Advisory Group consider Continuing Medical Education (CME) regarding LGBTQ+, gender identity, and gender transitioning so that as family physicians we can increase our knowledge and understanding to better treat our patients; and

WHEREAS, there is currently no paid or free CME offered to educate the family medicine physician about transgender people or transgender health in the eLearning Center; and

WHEREAS, free CME to members of ACOFP is already available and accessible in the [eLearning Center](#); now, therefore be it

RESOLVED, that the American College of Osteopathic Family Physicians (ACOFP) encourages continuing medical education that addresses transgender and gender diverse healthcare that is accessible to all members; and, be it further

RESOLVED, that the ACOFP supports continuing medical education designed to create a more inclusive environment for all patients.

FINAL ACTION: APPROVED as of March 29, 2023

References:

1. LGBTQIA+ Glossary of Terms for Health Care Teams from The Fenway Institute's National LGBTQIA+ Health Education Center, August 30, 2020.
2. The National Center for Transgender Equality's 2015 US Transgender Survey (USTS) (ICPSR 37229), May 22, 2019.
3. The Project VOICE report from The Fenway Institute and the Massachusetts Transgender Political Coalition, July, 2014.
4. Injustice at every turn: A report of the National Transgender Discrimination Survey from the National Center for Transgender Equality and National Gay and Lesbian Task Force, 2011.