ACOFP 56TH Annual Convention & Scientific Seminars

35 Category 1-A CME credits anticipated
Including 8 pre-con credits beginning on Monday, March 18

www.acofp.org
Welcome to Chicago!

On behalf of the ACOFP Board of Governors and the Convention & Site Committee, I welcome you to the ACOFP 56th Annual Convention and Scientific Seminars. We have planned many ACOFP lectures and hands-on workshops, where you’ll learn about the latest advances in medicine while earning CME and networking with your peers. We have also lined up a special speaker for Opening Session that you won’t want to miss - US Assistant Surgeon General TeCora Ballom, DO, MPH, RADM.

Be sure to visit our Health Expo, featuring interactive and educational opportunities designed to increase the awareness of fitness resources and products that may improve both patient care and the personal wellness of the osteopathic family physician.

I hope you have a great time, and as always, thank you for choosing the ACOFP!

Duane G. Koehler, DO, FACOFP
2018 - 2019 ACOFP President

CONVENTION HOSTS
Ronnie B. Martin, DO, FACOFP dist.
Convention & Site Committee Chair
Joel M. Feder, DO, FACOFP dist.
Program Committee Chair
Sonia Rivera-Martinez, DO, FACOFP
Convention Education Program Chair
Bernadette Riley, DO, FACOFP
Convention Education Program Vice-Chair

What Kind of Doctor Works in Corrections?
The Kind With a Passion for Primary Care.

Join doctors just like you in one of the following locations:
- High Desert State Prison – Susanville
- Pelican Bay State Prison – Crescent City
- Salinas Valley State Prison* (Psychiatric Inpatient Program) – Soledad
- Sierra Conservation Center – Jamestown
- Substance Abuse Treatment Facility* – Corcoran

CCHCS also offers a competitive compensation package, including:
- 40 hour workweek – affords you true work-life balance
- Robust 401(k) and 457 retirement plans – tax defer up to $48,000 per year
- State of California pension that vests in five years

For more information, contact Danny Richardson at (916) 691-3155 or CentralizedSchedulingUnit@cdcr.ca.gov or www.cchcs.ca.gov

PHYSICIANS $276,684 – $290,520 (Time-Limited Board Certified)
PHYSICIANS $318,180 – $334,092 (Time-Limited Board Certified)

Visit our table for more information

2018 - 2019 ACOFP BOARD OF GOVERNORS

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Vice Speaker, Congress of Delegates

2019 Convention Programv3.indd   2-3
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2019  

ACOFP AWARD RECIPIENTS  

The ACOFP honors the following members for their contributions to the initiatives of the American College of Osteopathic Family Physicians.

Osteopathic Family Physician of the Year  
Kevin V. de Regnier, DO, FACOFP  
Winter Garden, IA

Young Osteopathic Family Physician of the Year  
Sean P. Perrine, DO  
Lancaster, PA

Excellence in Advocacy Award  
Katarina Lindley, DO, FACOFP  
Brock, TX

Outstanding Female Leader Award  
Jilliane K. Pitcher, DO, FACOFP  
Parker, CO

Osteopathic Family Medicine Educator of the Year  
William Joshua Cox, DO, FACOFP  
Kansas City, MO

Lifetime Achievement Award  
Steven F. Rubin, DO, FACOFP  
Paramus, NJ

AOF/ACOFP Osteopathic Family Medicine Resident of the Year  
Alexandra McKenna, DO  
Columbus, OH

ACOFP/Auxiliary to the ACOFP Osteopathic Medical Student of the Year  
Kelly Le, OMS II  
Fort Lauderdale, FL

QUICK FINDER  

7 Schedule at a Glance  
12 Convention Agenda  
30 New Physician & Resident Program  
35 Student Association of the ACOFP Program  
39 Health Expo Activities  
43 Auxiliary to the ACOFP Activities  
46 Scientific Poster Presentations  
48 Exhibitor Showcase  
51 Instructions for Online Evaluation & Attestation System  
53 General Information  
54 Maps

ACOFP REGISTRATION DESK  

Ballroom Promenade West, Level 4

Tuesday, March 19 12:00 - 5:00 pm  
Wednesday, March 20 6:30 am - 5:00 pm  
Thursday, March 21 6:30 am - 5:00 pm  
Friday, March 22 6:30 am - 5:00 pm  
Saturday, March 23 7:00 am - 3:00 pm

EXHIBITOR SHOWCASE  

Sheraton Ballroom IV-V

Thursday, March 21 11:00 am - 3:30 pm  
Friday, March 22 7:00 am - 3:30 pm  
Saturday, March 23 7:00 am - 10:30 am
While you’re caring for your community,

ISMIE is proud to be the endorsed medical professional liability insurance carrier for the Indiana Osteopathic Association, and the Pennsylvania and Iowa Osteopathic Medical Associations. Just as osteopathic physicians are committed to caring for their patients, ISMIE is committed to caring for DOs and their practices. Visit www.ismie.com/growth to learn more.

Who’s caring for you?

20 N. Michigan Avenue, Suite 700, Chicago IL 60602 | 800-782-4767 | info@ismie.com

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SCHEDULE AT A GLANCE

MONDAY, MARCH 18

3:00 – 4:00 pm
Congress of Delegates Reference Committees
See page 13 for locations

3:00 – 7:00 pm
OMT Boot Camp*
Sheraton Ballroom I-II, Level 4

TUESDAY, MARCH 19

3:00 – 7:00 pm
OMT Boot Camp*
Sheraton Ballroom I-II, Level 4

THURSDAY, MARCH 21

6:00 – 8:00 am
State Delegation Caucuses
See page 14 for locations.

WEDNESDAY, MARCH 20

3:00 – 4:00 pm
Congress of Delegates Reference Committees
See page 13 for locations

3:00 – 7:00 pm
OMT Boot Camp*
Sheraton Ballroom I-II, Level 4

6:00 – 8:00 am
State Delegation Caucuses
See page 14 for locations.

8:00 am - 12:00 pm
Written Test Taking Board Review*
Michigan A-B, Level 2

8:00 am – 5:00 pm
Dermatology Workshop Including an Introduction to Basic Wound Care*
Superior A-B, Level 2

11:00 am – 1:15 pm
Congress of Delegates Credentialing
Ballroom Promenade, Level 4

1:00 – 3:00 pm
Congress of Delegates Session I
Chicago Ballroom VIII-IX, Level 4

2:00 - 6:00 pm
Joint Injection Workshop*
Michigan A-B, Level 2

*Separate registration fee is required.

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Chicago Ballroom VIII-IX, Level 4

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Joint Injection Workshop*
Michigan A-B, Level 2

*Separate registration fee is required.
THURSDAY, MARCH 21 (cont.)

11:30 am – 12:30 pm
ACOF Opening Session & Award Presentations
Chicago Ballroom VI-VII, Level 4

12:30 – 1:30 pm
Exhibit Hall Opening Reception & Lunch
Sheraton Ballroom IV-V, Level 4

1:30 – 3:00 pm
• Get a Life: Physician Burnout and Suicide
Chicago Ballroom VI-VII, Level 4

1:30 – 3:30 pm
• Student Association of the ACOFP Welcome Program
Sheraton Ballroom III, Level 4

2:00 – 3:30 pm
• Navigating the New ADA’s Type 2 Diabetes Treatment Algorithm
Chicago Ballroom VI-VII, Level 4

2:30 - 4:30 pm
• Preparing for Your Family Medicine Residency Application
Sheraton Ballroom III, Level 4

2:30 – 5:00 pm
• Engaging the Most Important Member of the Health Care Team: The Patient
Chicago Ballroom VI-X, Level 4

7:00 am – 10:00 am
ACOF Osteopathic Residency Program Fair and Reception
Riverwalk A, Level 1

7:00 – 8:00 am
Conclave of Fellows Awards Ceremony
Chicago Ballroom VIII-IX, Level 4

7:30 – 9:00 pm
Hip Hop Dance
Riverwalk A, Level 1

8:00 – 9:00 pm
Conclave of Fellows Reception
Ballroom Promenade West, Level 4

8:30 – 10:30 pm
ACOF Future Leaders Alumni Reception
Lucky Strike
By invitation only.

FRIDAY, MARCH 22

6:30 – 8:00 am
Product Theater Breakfast
Fighting Flu’s Wrath in Older Adults: Empowering Clinicians to Become Immunization Champions
Sheraton Ballroom I-II, Level 4

7:00 am
Good Morning Tai Chi
Columbus A-B, Level 3

7:00 – 8:00 am
Breakfast & Exhibitor Showcase
Sheraton Ballroom IV-V, Level 4

8:00 – 9:00 am
Wound Management – Up to Date
Chicago Ballroom VI-X, Level 4

8:00 – 10:00 am
Auxiliary to the ACOFP Family Breakfast
Loews Hotel, Wright Ballroom

8:00 – 10:00 am
Procedural Medicine Workshops for Students
• Dermatology
  Superior A-B, Level 2
• IUD Insertion and Removal
  Erie, Level 2
• Joint Injection
  Michigan A-B, Level 2

9:00 – 10:00 am
Current Management of Cervical and Lumbar Disc Disease
Chicago Ballroom VI-X, Level 4

9:00 – 10:30 am
Current Management of Cervical and Lumbar Disc Disease
Chicago Ballroom VI-X, Level 4

10:00 – 10:30 am
Break in Exhibit Hall
Sheraton Ballroom IV-V, Level 4

10:00 – 10:30 am
MED Talk: Sports OMT Tips from the Sidelines
Columbus A-B, Level 3

10:30 am – 12:00 pm
Engaging the Most Important Member of the Health Care Team: The Patient
Chicago Ballroom VI-X, Level 4

10:30 am – 12:00 pm
OMT in the Office Setting
Sheraton Ballroom III, Level 4

10:30 am – 12:00 pm
Auxiliary to the ACOFP Membership Meeting
Ontario, Level 2

12:00 – 1:00 pm
Exhibit Hall Lunch Reception
Sheraton Ballroom IV-V, Level 4

12:00 – 1:00 pm
Product Theater Lunch
Advances in the Management of CAD/PAD: A New Treatment for Thrombotic Risk Reduction
Sheraton Ballroom III, Level 4

12:00 – 1:30 pm
Lightbeam Health Solutions Luncheon
Gold Coast, Level 2
By invitation only.

1:00 – 2:00 pm
• Cancer Treatment Centers of America - Lung Cancer Incidence, Diagnosis and Screening
Chicago Ballroom VI-X, Level 4

1:00 – 2:00 pm
• Single Accreditation
Sheraton Ballroom III, Level 4

2:00 – 3:00 pm
• 25x2030 Student Choice Collaborative
Sheraton Ballroom III, Level 4

2:00 – 4:30 pm
• Introduction to Ultrasound for the Family Physician*
  Superior A-B, Level 2

2:00 – 4:30 pm
• Common Braces and Splints in Primary Care*
  Michigan A-B, Level 2

2:00 – 4:30 pm
• IUD Insertion & Minor Gynecological Procedures*
  Erie, Level 2

2:00 – 3:00 pm
• Physician Impairment: Recognition and Response
Chicago Ballroom VI-X, Level 4

2:00 – 3:00 pm
• Over the Counter Supplements and Essential Oils
Sheraton Ballroom III, Level 4

3:00 – 3:30 pm
• MED Talk: What You Need to Know About Fad Diets
  Columbus A-B, Level 3

*Separate registration fee is required
FRIDAY, MARCH 22 (cont.)

3:00 - 3:30 pm
Break in Exhibit Hall
Sheraton Ballroom IV-V, Level 4

3:00 - 4:00 pm
Auxiliary Member Happy Hour
Sheraton Grand Hotel Lobby Bar

3:30 - 4:30 pm
* Separate registration fee is required.
CME
Student
New Physician & Resident
Health Expo Events

3:30 - 4:30 pm
A Multifactorial Case-Based Approach to Medical Dermatology
Chicago Ballroom VI-X, Level 4

3:30 - 5:00 pm
Abnormal Well Child Check
Sheraton Ballroom I-III, Level 4

3:30 - 5:30 pm
Student Association of the ACOFP Leadership Training
Sheraton Ballroom III, Level 4

4:00 - 5:00 pm
Fitness Communities
Chicago Ballroom VI-X, Level 4

5:00 - 6:00 pm
OPAC Reception
Fountainview, Level 3
By invitation only.

6:00 pm
Alumni Receptions
See page 23 for locations.

8:00 pm
LGBTQI + Allies Reception
Sidetrack | 3349 N. Halsted

SUNDAY, MARCH 25

8:00 - 9:00 am
Joint Hypermobility Syndromes
Chicago Ballroom VIII-X, Level 4

9:00 - 10:00 am
Improving Your Prognosis
Chicago Ballroom VIII-X, Level 4

10:00 - 11:00 am
Oncological Rehabilitation: Restoring Function and Enhancing Survival in the Cancer Population
Chicago Ballroom VIII-X, Level 4

11:00 am - 12:00 pm
Streamlining Medical Licensure and its Portability
Chicago Ballroom VIII-X, Level 4

SATURDAY, MARCH 24

6:30 - 8:00 am
5K Run/Walk in Chicago
Columbus A-B, Level 3

7:00 - 8:00 am
Breakfast & Exhibitor Showcase
Sheraton Ballroom IV-V, Level 4

8:00 - 9:00 am
Concussion: Evaluation, Treatment and Research Update
Sheraton Ballroom I-III, Level 4

8:00 - 9:00 am
Student Association of the ACOFP National Board Elections
Michigan A-B, Level 2

8:00 - 10:30 am
Assessment and OMT Treatment of Common Orthopedic Problems*
Gold Coast, Level 3

9:00 - 10:00 am
MACRA - What’s New for 2019
Chicago Ballroom VI-X, Level 4

9:00 - 10:00 am
Colorful, Flaky, Itchy, and Bumpy: Dermatology Day in Family Medicine
Sheraton Ballroom I-III, Level 4

9:00 - 10:00 am
Student Awards Program
Michigan A-B, Level 2

10:00 - 10:30 am
Break in Exhibit Hall
Sheraton Ballroom IV-V, Level 4

10:30 - 11:30 am
Emerging Diseases Are Crossing Our Border
Sheraton Ballroom I-III, Level 4

10:30 am - 12:00 pm
Oh the Places You’ll Go...in Family Medicine
Michigan A-B, Level 2

11:30 am - 12:00 pm
Becoming an ACOFP Fellow
Sheraton Ballroom I-III, Level 4

12:00 - 1:00 pm
Product Theater Lunch
Superior A-B, Level 2
By invitation only.

1:00 - 2:00 pm
Transgender Care: What Every Physician Should Know
Chicago Ballroom VI-X, Level 4

1:00 - 2:00 pm
An Update on Adolescent Contraception
Sheraton Ballroom I-III, Level 4

1:00 - 3:00 pm
Clinical Preceptor Education Series: What You Can Tell Students About ACGME
Gold Coast, Level 3

2:00 - 3:00 pm
To Breathe or Not to Breathe: An Update on Pediatric and Adult Asthma
Chicago Ballroom VI-X, Level 4
CONVENTION AGENDA

MONDAY, MARCH 18

3:00 - 7:00 pm
OMT Boot Camp
Sheraton Ballroom I-II, Level 4

4 Category 1-A CME extra credits

The ACOFP OMT Boot Camp is designed for osteopathic family physicians and residents preparing for the OMT Board Performance Examination. Instructors will present, demonstrate and discuss interactive case presentation scenarios, including related OMT techniques. Additionally, the sessions will assist family physicians who want to update their OMT skills to help patients in their practices.

Rob Danoff, DO, MS, FACOPF, FAAFP
Thomas E. Sobolewski, DO
Margaret Wilkins, DO, FACOPF
David C. Mason, DO, MBA, FACOPF
Harald Lausen, DO, FACOPF

8:00 am - 12:00 pm
Written Test Taking Board Review
Michigan A-B, Level 2

4 Category 1-A CME extra credits

The ACOFP Test Taking Skills Boot Camp is open to osteopathic and allopathic family physicians preparing for their Board examinations. The session is designed for residents and graduate family physicians who want to update their skills and knowledge in preparation for their written Board Certification or Recertification examinations. The goal is to help improve study and test taking skills utilizing high-yield study techniques.

Rob Danoff, DO, MS, FACOPF, FAAFP
Margaret Wilkins, DO, FACOPF

TUESDAY, MARCH 19

3:00 - 7:00 pm
OMT Boot Camp
Sheraton Ballroom I-II, Level 4

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Harald Lausen, DO, FACOPF

11:00 am – 1:15 pm
Congress of Delegates Credentialing
Ballroom Promenade, Level 4

1:00 – 3:00 pm
Congress of Delegates Session I
Chicago Ballroom VIII-IX, Level 4

2:00 - 6:00 pm
Joint Injection Workshop
Michigan A-B, Level 2

4 Category 1-A CME extra credits

At this workshop, participants will learn and enhance skills in joint and bursae injections. Common musculoskeletal complaints, exam and approaches will be covered to show how this valuable skill is utilized. The workshop will also cover billing and coding.

Edward Hosbach II, DO

3:00 – 4:00 pm
Congress of Delegates Reference Committees

WEDNESDAY, MARCH 20

8:00 am - 12:00 pm
Written Test Taking Board Review
Michigan A-B, Level 2

4 Category 1-A CME extra credits

The ACOFP Test Taking Skills Boot Camp is open to osteopathic and allopathic family physicians preparing for their Board examinations. The session is designed for residents and graduate family physicians who want to update their skills and knowledge in preparation for their written Board Certification or Recertification examinations. The goal is to help improve study and test taking skills utilizing high-yield study techniques.

Thomas Shima, DO, FACOPF, CMD
Donald Jablonski, DO, FACOPF, FAODME
Igor Altman, DO, MBA, FACOPF, CCDS

11:00 am – 1:15 pm
Congress of Delegates Credentialing
Ballroom Promenade, Level 4

1:00 – 3:00 pm
Congress of Delegates Session I
Chicago Ballroom VIII-IX, Level 4

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Michigan A-B, Level 2

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Edward Hosbach II, DO

3:00 – 4:00 pm
Congress of Delegates Reference Committees

Reference Committee #1
Colorado, Level 2

Reference Committee #2
Arkansas, Level 2

Reference Committee #3
Mississippi, Level 2

Reference Committee on MDs – #4
Chicago Ballroom VIII, Level 4
WEDNESDAY, MARCH 20 (cont.)

3:00 – 7:00 pm
OMT Boot Camp*
Sheraton Ballroom I-II, Level 4
4 Category 1-A CME extra credits

The ACOFP OMT Boot Camp is designed for osteopathic family physicians and residents preparing for the OMT Board Performance Examination. Instructors will present, demonstrate and discuss interactive case presentation scenarios, including related OMT techniques. Additionally, the sessions will assist family physicians who want to update their OMT skills to help patients in their practices.

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THURSDAY, MARCH 21

6:00 – 8:00 am
State Delegation Caucuses
Texas ACOFP and Colorado
Colorado, Level 2

Ohio Chapter of the ACOFP
Ohio, Level 2

Missouri Society of the ACOFP
Missouri, Level 2

Mississippi ACOFP
Mississippi, Level 2

Pennsylvania Osteopathic Family Physicians Society (POFPS)
Pennsylvania, Level 2

7:00 – 8:00 am
Good Morning Yoga
Columbus A-B, Level 3

You don't have to be an experienced yogi to attend this yoga session! Come to destress and balance your body, mind and spirit. Instructors teach physical postures as well as practical methods for relaxation, proper breathing, meditation, and concentration that promote health, alleviate stress, and increase muscular strength and flexibility.

8:00 – 9:00 am
Urgency vs. Emergency: Pearls for the Primary Care Physician
Chicago Ballroom VI-VII, Level 4
1 Category 1-A CME credit

This lecture provides for an interactive discussion of various common clinical presentations in the urgent care setting and their evidence based management.

Lindsay Tjottas-Salsoski, DO, MBA, FACOEP

8:00 – 11:00 am
Congress of Delegates Session II
Chicago Ballroom VIII-IX, Level 4

9:00 – 10:00 am
Nutrition Update: What You Need to Know About Fad Diets
Chicago Ballroom VI-VII, Level 4
1 Category 1-A CME credit

This lecture will update the family physician’s knowledge about fad diets so they can educate their patients and guide them to success through evidence-based medicine. Each physician will leave this lecture able to have an educated discussion about the fad diets with their patients.

Ronald W. Torrance II, DO

10:00 – 11:00 am
Multi-faceted Approaches to Optimize Care for Patients with Obesity
Chicago Ballroom VI-VII, Level 4
1 Category 1-A CME credit

In this lecture participants will learn how to evaluate and manage patients with obesity. The lecture will cover safety and efficacy of the currently approved pharmacologic options for managing obesity, as well as appropriate use of the medication for a patient type that will offer the best chance of weight loss with the lowest risk of adverse events. It will also teach effective ways to help patients learn healthy lifestyles that will increase a patient’s odds of success.

Adarsh K. Gupta, DO, MS, FACOFP

11:00 – 11:30 am
Break in Exhibit Hall
Sheraton Ballroom IV-V, Level 4

11:30 am – 12:30 pm
ACOFP Opening Session & Award Presentations
Chicago Ballroom VI-VII, Level 4

Keynote Speaker: TeCora Ballom, DO, MPH
United States Assistant Surgeon General
Rear Admiral, United States Public Health Service
THURSDAY, MARCH 21 (cont.)

12:30 - 1:30 pm
Exhibit Hall Opening Reception & Lunch
Sheraton Ballroom IV-V, Level 4

1:30 - 3:00 pm
Get a Life: Physician Burnout and Suicide
Chicago Ballroom VI-VII, Level 4
1.5 Category 1-A CME credits
This lecture will discuss trends in physician wellness focusing on burnout, self-care and physician suicide. At the end of this lecture, participants will be able to identify how burnout can occur and how they can better manage burnout in their careers. Participants will also hear physician suicide statistics and learn ways at which our health care system can do a better job in caring for the mental illness of our physicians.
Beth Wagner, DO
Katarina Lindley, DO, FACOFP

3:00 – 3:30 pm
MED Talk: How to Include Nutrition into the Busy Physician’s Lifestyle
Columbus A-B, Level 3
We all love the classic comfort foods. Listen to tips and tricks of how you can manage your diet by preparing healthy versions of the classic comfort foods on your busy schedule.
Hillary S. Haack, DO

3:00 – 3:30 pm
Break in Exhibit Hall
Sheraton Ballroom IV-V, Level 4

3:30 - 5:00 pm
Navigating the New ADA’s Type 2 Diabetes Treatment Algorithm
Chicago Ballroom VI-VII, Level 4
1.5 Category 1-A CME credits
This lecture will provide an overview of this brand-new roadmap for therapeutic approaches and medication selection for your patients with type 2 diabetes. It will walk through different case studies that put the patient at the center of care and show how the latest evidence-based research can improve patient outcomes and quality of life. Participants will:
• Recognize drug-specific and patient factors of antihyperglycemic agents to support patient-provider shared decision making
• Demonstrate when and how to intensify therapy
• Identify opportunities to refer patients to diabetes self-management education
Jay Shubrook Jr., DO, FACOFP, FAAFP, BC-ADM
James R. LaSalle, DO
Kim M. Pfotenhauer, DO

5:30 - 7:00 pm
Hot Topics in American Diabetes Association’s 2019 Standards of Medical Care in Diabetes
Chicago Ballroom VI-VII, Level 4
1.5 Category 1-A CME credits
This interactive lecture will address the newest diabetes recommendations impacting your daily practice. Participants will learn about diabetes technology, cardiovascular risk management, new nutrition guidelines, psychosocial issues and other diabetes-related issues facing family physicians. Participants will:
• Identify the current 2019 ADA Standards of Care for classifying, diagnosing, preventing and treating prediabetes and diabetes
• Identify practical methods for helping patients to achieve and maintain more effective diabetes self-care
• Identify the goals of nutrition therapy for adults with diabetes
Jay Shubrook Jr., DO, FACOFP, FAAFP, BC-ADM
James R. LaSalle, DO
Kim M. Pfotenhauer, DO

7:00 – 8:00 pm
Conclave of Fellows Awards Ceremony
Chicago Ballroom VIII-X, Level 4
The Board of Governors, Awards Committee, and Executive Council of the Conclave of Fellows invite all members to attend the induction of the 2019 Class of Fellows and Distinguished Fellows.

7:30 – 9:00 pm
Hip Hop Dance
Riverwalk A, Level 1
Dance with us! Don’t miss this workout filled with hip hop and Latino dance steps mixed into an aerobics routine. Burn fat, work up a sweat without stressing your joints and learn the latest trendy moves to take to the dance floor.

8:00 – 9:00 pm
Conclave of Fellows Reception
Chicago Ballroom Promenade West, Level 4

8:30 – 10:30 pm
ACOFP Future Leaders Alumni Reception
Lucky Strike
By invitation only.
FRIDAY, MARCH 22

6:30 – 8:00 am
Product Theater Breakfast
Fighting Flu’s Wrath in Older Adults: Empowering Clinicians to Become Immunization Champions
Sheraton Ballroom I-II
Patients with chronic health conditions, which are common in adults 50 years of age and older, can suffer severe outcomes from influenza. Health care providers and office staff may not recognize the impact of making strong recommendations for vaccination and their role in acting as vaccine champions. This presentation will review the serious adverse consequences associated with influenza, examine why influenza immunization rates are well below national goals, share effective communication techniques to overcome common vaccine hesitancy concerns, and create office champions to help protect your most vulnerable patients. Supported by Sanofi Pasteur.
D. Matthew Shoemaker, DO

7:00 – 8:00 am
Good Morning Tai Chi
Columbus A-B, Level 3
Wake up and learn the skills of recognizing, releasing and moving through physical and mental tension while cultivating an awareness of inner calm. Our instructor will use traditional Tai Chi materials to enhance the lives of the physician in the context of modern day business usage.

7:00 – 8:00 am
Breakfast & Exhibitor Showcase
Sheraton Ballroom IV-V, Level 4

8:00 - 9:00 am
Wound Management – Up to Date
Chicago Ballroom VI-X, Level 4
1 Category 1-A CME credit
Family physicians are often posed with issues related to wound care. The lecture will review current trends in management of diabetic foot infection, venous leg ulcers, pressure injuries, burns, and lymphedema.
Igor Altman, DO, MBA, CCDS, FACOFP

8:00 – 10:00 am
Auxiliary to the ACOFP Family Breakfast
LeWiss Hotel, Wright Ballroom
All ACOFP members and their families are invited to attend the Auxiliary Family Breakfast buffet, compliments of the Auxiliary to the ACOFP. Advance registration is required. Please wear your convention badge for entrance.

9:00 – 10:00 am
Current Management of Cervical and Lumbar Disc Disease
Chicago Ballroom VI-X, Level 4
1 Category 1-A CME credit
This lecture will provide an overview of the current management of cervical and lumbar disc disease. After attending this lecture, participants will be able to:
• Recognize the symptoms of cervical and lumbar radiculopathy
• Understand when to refer a patient to a neurosurgeon
• Understand the surgical techniques used to treat cervical and lumbar disc disease
Donald Krieff, DO

9:00 – 10:30 am
Breakfast Lecture: Women, Medicine and Leadership
Sheraton Ballroom I-II, Level 4
1.5 Category 1-A CME credits
Presented by the ACOFP Women’s Health and Leadership Committee. Hear from physician leaders on the topics of leadership, education, wellness, and global health. You’ll have the chance to build your network, bond over common goals, and be re-energized by the wealth of shared knowledge and experience.

10:00 – 10:30 am
Auxiliary to the ACOFP Membership Meeting
Ontario, Level 2
Join the Auxiliary for its annual membership meeting. All are welcome to attend and learn more about the Auxiliary fundraising activities supporting students and residents. You will receive one Opportunity Ticket for attending the meeting.

12:00 – 1:00 pm
Exhibit Hall Lunch Reception
Sheraton Ballroom IV-V, Level 4
FRIDAY, MARCH 22 (cont.)

12:00 – 1:00 pm
Product Theater Lunch
Advances in the Management of CAD/PAD: A New Treatment for Thrombosis Risk Reduction
Sheraton Ballroom I-II
Patients with chronic coronary artery disease (CAD) or peripheral artery disease (PAD) are at risk for major cardiovascu-
lar events, including cardiovascular death, myocardial infarction, and stroke. Join us for a presentation describing a
newly approved approach to reducing the risk of these events. Supported by Janssen Pharmaceuticals.

Matthew Told, DO
Thomas Told, DO, FACOFP dist.

12:00 – 1:30 pm
Lightbeam Health Solutions Luncheon
Gold Coast, Level 2
For ACOFP practicing physicians in ACO-affiliated hospitals or practices. Spencer Adams, Regional Vice President of
Sales at Lightbeam Health Solutions will lead a discussion on Improving Outcomes through Value-Based Reimbursement
and review Lightbeam’s technologies designed to assist in navigating the ever-changing landscape of reimbursement
within our profession. By invitation only.

1:00 – 2:00 pm
Cancer Treatment Centers of America - Lung Cancer Incidence, Diagnosis and Screening
Chicago Ballroom VI-X, Level 4
1 Category 1-A CME credit
This lecture will provide an overview of the risk factors, clinical presentation, incidence, prognosis and importance of
early identification of lung cancer. Upon completion of this lecture, participants will be able to:
• Recognize the significant improvement in survival of lung cancer patients when diagnosed early
• Identify patients at increased risk who may benefit from a lung cancer screening program
• Understand the main points of a lung cancer screening program

Kevin Tulipana, DO, MS, FHM

2:00 – 4:30 pm
Steps to Use Ultrasound Technology for the Benefit of Family Medicine Patients
Toronto Ballroom III, Level 2
1 Category 1-A CME credit
Participants will learn about the advances in resolution, technology and cost that have made ultrasonography a
valuable tool for the family physician. This session will include an overview of diagnostic ultrasound and
introduction to guidance of procedures.

Lynn Wilson, DO

2:00 – 3:00 pm
Physician Impairment: Recognition and Response
Chicago Ballroom VI-X, Level 4
1 Category 1-A CME credit
Presented by the ACOFP Ethics Committee. Recognizing and responding to physician impairment is the responsibility of
all who work in the medical setting. Failure to adequately address concerns can jeopardize patient safety and physician
well-being. Following this lecture participants will be able to:
• Identify causes and signs of physician impairment
• Understand personal and professional responsibility to suspected physician impairment
• Be familiar with resources available for impaired physicians

Joseph Malnar, DO, FACOFP
Antonio Tsompanidis, DO, FACOFP
Lisa Ann Witherite-Rieg, DO
Terrance Laverty, Illinois Professional Health Program

3:00 – 3:30 pm
IUD Insertion & Minor Gynecological Procedures*
Erie, Level 2
2.5 Category 1-A CME extra credits
This workshop will provide the participant with a greater understanding and technical expertise in placement
and removal of IUDs and minor gynecological procedures such as endometrial biopsy, vulvar biopsy and
condyloma removal. It will cover indications, contraindications, equipment needed, pre-procedure patient
preparation, technique, complications, post-procedure patient education, CPT billing and coding, and ICD-9-CM
diagnostic codes.

Jacob Curtis, DO, MS, FACOG

3:00 – 4:30 pm
Common Braces and Splints in Primary Care*
Columbus A-B, Level 3
2.5 Category 1-A CME extra credits
This lecture will present the application of splints to treat common sprains and fractures seen in the family medicine
or urgent care settings.

Priscilla Tu, DO, FAADSM, FAAFP

2:00 – 3:30 pm
MED Talk: What You Need to Know About Fad Diets
Columbus A-B, Level 3
Do fad diets really work? Learn about the latest about fad diets from the viewpoint of a physician so you can educate
your patients and guide them to success through evidence-based medicine. Get some tips on how to approach the
fad diet talk with your patients.

Lynn Wilson, DO

2:00 – 4:30 pm
Advances in the Management of CAD/PAD: A New Treatment for Thrombosis Risk Reduction
Sheraton Ballroom I-II
Patients with chronic coronary artery disease (CAD) or peripheral artery disease (PAD) are at risk for major cardiovascu-
lar events, including cardiovascular death, myocardial infarction, and stroke. Join us for a presentation describing a
newly approved approach to reducing the risk of these events. Supported by Janssen Pharmaceuticals.

Pamela R. Kushner, MD, FAAFP

2:00 – 3:00 pm
Over the Counter Supplements and Essential Oils
Michigan A-B, Level 2
1 Category 1-A CME credit
This workshop will provide the participant with a greater understanding and technical expertise in placement
and removal of IUDs and minor gynecological procedures such as endometrial biopsy, vulvar biopsy and
condyloma removal. It will cover indications, contraindications, equipment needed, pre-procedure patient
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Jacob Curtis, DO, MS, FACOG

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Jacob Curtis, DO, MS, FACOG

3:00 – 3:30 pm
MED Talk: What You Need to Know About Fad Diets
Columbus A-B, Level 3
Do fad diets really work? Learn about the latest about fad diets from the viewpoint of a physician so you can educate
your patients and guide them to success through evidence-based medicine. Get some tips on how to approach the
fad diet talk with your patients.

Ronald W. Torrance, DO
FRIDAY, MARCH 22 (cont.)

3:00 – 3:30 pm
Break in Exhibit Hall
Sheraton Ballroom IV-V, Level 4

3:00 – 4:00 pm
Auxiliary Member Happy Hour
Sheraton Grand Hotel Lobby Bar
Join the Auxiliary for fun, friendship and libations! All AACOFP members and their guests are welcome for a meet and greet at the Sheraton Grand Hotel Lobby Bar.

3:30 – 4:00 pm
A Multifactorial Case-Based Approach to Medical Dermatology
Chicago Ballroom VI-X, Level 4
1 Category 1-A CME credit
This lecture will be an up-to-date review of dermatological disorders for the family physician. It will cover the latest treatments of common dermatological disorders and help physicians feel comfortable with common dermatological disorders.
Suzanne Sirota Rozenberg, DO, FAOCD, FAAD

3:30 – 4:30 pm
Abnormal Well Child Check
Sheraton Ballroom I-II, Level 4
1 Category 1-A CME credit
This lecture will include some of the common abnormal findings on the routine well child check and the treatment options for these abnormal findings.
Rebecca Lewis, DO

4:30 – 5:00 pm
How to Open a Practice: Comparing FFS to DPC
Sheraton Ballroom I-II, Level 4
1 Category 1-A CME credit
This lecture will discuss how physicians established their respective DPC and FFS practices as new physicians, and changes they’ve made as their practices have grown. In this lecture, you will learn if owning your own clinic is potentially a good fit for you.
Justin Amaro, DO
Anastasia Benson, DO

4:30 – 5:30 pm
Fitness Communities
Chicago Ballroom VI-X, Level 4
1 Category 1-A CME credit
This lecture will be an in-depth look at the history of the fitness industry, the development of modern-day fitness culture, and the societal impact of individual fitness communities on promoting lasting health and wellness. After attending this lecture, participants will have a broader knowledge base of the inner-workings of fitness communities and how these varied methodologies can be integrated as part of a structured preventative health plan and treatment program.
Adam Schulte, DO, CF-L2
SATURDAY, MARCH 23

6:30 – 8:00 am
SK Run/Walk in Chicago
Columbus A-B, Level 3
Enjoy a 5K guided run/walk designed to increase energy and improve your mood! Our certified personal trainers will provide a warm up stretch before leading participants on the 5K track in the city. End with a cool down routine to bring heart rates back into range and to keep participants’ muscles limber. Plus, enjoy a hot chocolate reception after the run!

7:00 – 8:00 am
Breakfast & Exhibitor Showcase
Sheraton Ballroom IV-V, Level 4

8:00 – 9:00 am
Making Sense of Medicare Alternative Payment Models: ACOs, Medicare Shared Savings Plans and Advanced APMs
Chicago Ballroom VI-X, Level 4
1 Category 1-A CME credit
This lecture will look at the expanding types of ACOs available for physicians. New regulations provided by CMS for 2019 will require that up-side ACOs take on downside risk sooner. It will explore various types of ACOs including: MIPS ACOs, Medicare Shared Savings Plans and Physician-Led ACOs.
Ira P. Monka, DO, MHA, FACOFP

8:00 – 9:00 am
Concussion: Evaluation, Treatment and Research Update
Sheraton Ballroom I-III, Level 4
1 Category 1-A CME credit
This lecture will cover how osteopathic family physicians have taken an active role in promoting participation in athletics and exercise at all levels as a means to a healthy lifestyle. The care of the recreational and competitive athletic population may be of particular importance for improved performance, recovery from injury, prevention of injury and ultimately, successful outcomes in competition. Physicians must be aware of the latest research and treatment guidelines related to the evaluation and treatment of concussion. The lecture will also explore mounting evidence regarding the use of OMT as part of comprehensive concussion management.
P. Gunnar Brolinson, DO, FACOFP

8:00 – 10:30 am
Integrative Treatments of Common Musculoskeletal Complaints
Gold Coast, Level 3
2.5 Category 1-A CME extra credits
Many times we are trained to perform only one treatment at a time, and to stick with one process. Often patients do not respond immediately to just one method. The goal of this lecture is to demonstrate how to easily incorporate multiple modalities in the treatment of commonly occurring musculoskeletal complaints, and to do so in limited time constraints.
Amy Capoccia, DO, FACOFP

9:00 - 10:00 am
MACRA - What’s New for 2019
Chicago Ballroom VI-X, Level 4
1 Category 1-A CME credit
This lecture will provide members with a review of the CMS 2019 Final Rule and what you need to know for Payment and Quality Reporting for 2019.
Bruce R. Williams, DO, FACOFP

9:00 - 10:00 am
Colorful, Flaky, Itchy, and Bumpy: Dermatology Day in Family Medicine
Sheraton Ballroom I-III, Level 4
1 Category 1-A CME credit
Disorders of the skin can certainly get a person’s attention, often leading to a call requesting a quick visit to their family doctor. Case presentations will focus on some “look alike” and some different common and not so common dermatological concerns. Key clues to identification, diagnosis and treatment will be discussed.
Rob Danoff, DO, MS, FACOFP, FAAFP

10:00 – 10:30 am
Break in Exhibit Hall
Sheraton Ballroom IV-V, Level 4

10:30 - 11:30 am
Emerging Diseases Are Crossing Our Border
Sheraton Ballroom I-III, Level 4
1 Category 1-A CME credit
The US is continuously being invaded by travelers exposed to unusual diseases. A health care provider should know how to evaluate, prevent and treat emerging diseases. After this lecture, participants should be able to recognize and care for patients with migratory diseases from other parts of the world.
Stan Grogg, DO, FACOFP, FAAFP

10:30 am - 12:00 pm
The Addiction Epidemic
Chicago Ballroom VI-X, Level 4
1.5 Category 1-A CME credits
Addiction has been declared an epidemic in the United States. This lecture provides for an interactive discussion of key issues surrounding addiction medicine.
Shawn Cannon, DO, FACOI
SATURDAY, MARCH 23 (cont.)

11:30 am - 12:00 pm
Becoming an ACOFP Fellow
Sheraton Ballroom I-III, Level 4
.5 Category 1-A CME credits
Ronnie Martin, DO, FACOFP dist.

12:00 - 1:00 pm
Product Theater Lunch
Keys to Lawsuit Prevention, Medical License Protection and Tax Savings
Superior A-B, Level 2
1 Category 1-A CME credit

Making money is of little value if you don’t get to keep it. Two of the largest drains on the money you earn is lawsuits (and the attending legal fees) and taxes. This presentation will teach you how to eliminate any losses from lawsuits and the accompanying legal fees and how to reduce the cost of income tax through innovative approaches very few people are even aware exist. The most important asset you own is your medical license as it is the key to your earning power. We will show you how to keep your name and license off of the NPDB and protect your earning power now and into the future. With more than seven thousand medical practitioners as clients, Legally Mine is the most experienced and successful full-service Asset Protection Company in the nation. A small investment of your time and attention will pay a lifetime of dividends and keep more of the money you earn right where it belongs—IN YOUR POCKET. Supported by Legally Mine.
Steve Comer

1:00 - 2:00 pm
Transgender Care: What Every Physician Should Know
Chicago Ballroom VI-X, Level 4
1 Category 1-A CME credit

This lecture will provide an introduction to the unique needs for all transgender, gender non-conforming and non-binary (TGNCNB) patients. It will describe the difference between sexual orientation and gender identity, the role of pronouns and preferred name, cultural competency, and a discussion of health disparities. It will also cover various interventions for TGNCNB patients such as social transition, coming out, mental health support, hormone affirming therapy, and gender affirming surgery. Finally, it will introduce selective use of bio-behavioral risk reduction modalities such as HIV prevention with pre-exposure prophylaxis (PrEP).
David Rosenthal, DO, PhD

1:00 - 3:00 pm
Clinical Preceptor Education Series: What You Can Tell Students About ACGME
Gold Coast, Level 3
2 Category 1-A CME credits
This lecture will provide up-to-date information on the progress of the transition to a single accreditation system for graduate medical education.
Lorenzo Pence, DO, FACOFP
Boyd Buser, DO, FACOFP dist.

2:00 - 3:00 pm
To Breathe or Not to Breathe: An Update on Pediatric and Adult Asthma
Chicago Ballroom VI-X, Level 4
1 Category 1-A CME credit

This lecture will provide updated information on pediatric and adult asthma. At the end of this lecture, participants will be familiar with the different classifications of asthma and be up-to-date with how to treat asthma in the adult and pediatric primary care office settings.
Rebecca Moore, DO

2:00 - 3:00 pm
Adrenal Disorders in Primary Care
Sheraton Ballroom I-III, Level 4
1 Category 1-A CME credit

While adrenal disorders are not always managed by family physicians, physicians in primary care should know the signs and symptoms of these disorders. This lecture will help family physicians identify adrenal disorders seen in primary care, identify proper diagnosis and treatment for adrenal disorders, and determine when to refer to a specialist.
Philip Collins, DO

2:00 - 3:00 pm
Conclave of Fellows Annual Business Meeting
Michigan A-B, Level 2
All Fellows are invited to attend the annual business meeting for the election of the Executive Council of the Conclave of Fellows.

2:00 - 3:00 pm
Functional Fitness Course for Beginners
Riverwalk A, Level 3
Join your fellow physicians in a FUNctional fitness course led by the coaching staff of O’Hare CrossFit. This course is designed to lead participants through a number of the principle movements, as well as a simple-yet-challenging partner workout that can be easily scaled relative to each participants’ skill set. Get a taste of the typical intensity level and structure of a functional fitness class.
SATURDAY, MARCH 23 (cont.)

3:00 - 4:00 pm
Management of STDs
Chicago Ballroom VI-X, Level 4
1 Category 1-A CME credit
This lecture will provide information on the latest recommendations for contraception in the adolescent patient. At the end of the lecture participants will become familiar with long acting contraceptive methods as well as other recommended methods.

Aubrey M. Olson, DO, MSEd

3:00 - 4:00 pm
Rest Easy
Sheraton Ballroom I-III, Level 4
1 Category 1-A CME credit
This lecture will review the physiology of sleep health, why we sleep and tips to optimize sleep. The clinical implications and management of common sleep disorders faced in the outpatient setting will also be reviewed.

Kathleen Henley, DO

ACOFP President’s Reception & Banquet
6:30 pm Reception / 7:00 pm Banquet
Chicago Ballroom VI-VIII, Level 4
Join us on Saturday evening as we honor Robert C. DeLuca, DO, FACOFP dist. as the 66th President of the American College of Osteopathic Family Physicians. All attendees MUST exchange their Banquet Ticket Voucher for a seat in order to attend the Banquet. Exchange your voucher Tuesday to Saturday at the Banquet Voucher Exchange Table near the ACOFP Registration Area.

Featuring music by DJ Laura B!

SUNDAY, MARCH 24

8:00 - 9:00 am
Joint Hypermobility Syndromes
Chicago Ballroom VIII-X, Level 4
1 Category 1-A CME credit
This lecture provides an overview of joint hypermobility and associated genetic syndromes, including the Ehlers-Danlos syndromes and their recently revised consensus diagnostic criteria. At the conclusion of this lecture, participants will be able to:
• Distinguish localized from generalized joint hypermobility using validated scales such as the Brighton score
• Define asymptomatic joint hypermobility versus hypermobility spectrum disorder
• Recognize common hallmarks of heritable disorders of connective tissue
• Diagnose major subtypes of Ehlers-Danlos syndrome utilizing updated 2017 clinical and molecular diagnostic consensus recommendations

David Tegay, DO, FACMG, FACOI

9:00 - 10:00 am
Improving Your Prognosis
Chicago Ballroom VIII-X, Level 4
1 Category 1-A CME credit
Physicians face many obstacles as they seek to deliver the best care possible. Very often, these obstacles are avoidable. Sometimes these problems are self-inflicted. This lecture will discuss how to recognize that which can be recognized and how to avoid the avoidable. It will look at examples of conduct that could result in negative consequences and examine how to deal with such scenarios.

Thomas Gallo, PA, JD

10:00 - 11:00 am
Oncological Rehabilitation: Restoring Function and Enhancing Survival in the Cancer Population
Chicago Ballroom VIII-X, Level 4
1 Category 1-A CME credit
This lecture will provide with an introduction to the field oncological rehabilitation. It will discuss the growing need for this type of care within the United States due to a rising cancer survivor population. The lecture will cover common conditions encountered in the oncological rehabilitation setting and provide a framework for diagnosis and treatment.

Jonas Sokolof, DO

11:00 am - 12:00 pm
Streamlining Medical Licensure and its Portability
Chicago Ballroom VIII-X, Level 4
1 Category 1-A CME credit
Access to care and license portability are sometimes intertwined. In 2015, the nation’s state medical boards created an “Interstate Medical Licensure Compact,” by which eligible and interested physicians may quickly obtain multiple state medical licenses in participating states. Since that time, 25 states and two territories have adopted the compact into law. Several thousand medical licenses have been issued through this process, facilitating access to care and enabling telemedicine across the country. This lecture will provide a review of how the compact was developed, how it works, and how it may benefit physicians and patients alike.

Humayun Chaudhry, DO, MACOII

*Separate registration fee is required.
NEW PHYSICIAN & RESIDENT PROGRAM

FRIDAY, MARCH 22

7:00 – 8:00 am
Breakfast & Exhibitor Showcase
Sheraton Ballroom IV-V, Level 4

10:00 – 10:30 am
Break in Exhibit Hall
Sheraton Ballroom IV-V, Level 4

12:00 – 1:00 pm
Exhibit Hall Lunch Reception
Sheraton Ballroom IV-V, Level 4

2:00 – 3:00 pm
Over the Counter Supplements and Essential Oils
Sheraton Ballroom I-II, Level 4
1 Category 1-A CME credit
This lecture will review the most commonly used supplements, what is known and what remains unknown.
Lynn Wilson, DO

3:00 – 3:30 pm
Break in Exhibit Hall
Sheraton Ballroom IV-V, Level 4

3:30 – 4:30 pm
Abnormal Well Child Check
Sheraton Ballroom I-II, Level 4
1 Category 1-A CME credit
This lecture will include some of the common abnormal findings on the routine well child check and the treatment options for these abnormal findings.
Rebecca Lewis, DO

4:30 – 5:30 pm
How to Open a Practice: Comparing FFS to DPC
Sheraton Ballroom I-II, Level 4
1 Category 1-A CME credit
This lecture will discuss how physicians established their respective DPC and FFS practices as new physicians, and changes they’ve made as their practices have grown. In this lecture, you will learn if owning your own clinic is potentially a good fit for you.
Justin Amaro, DO
Anastasia Benson, DO

NEW PHYSICIAN & RESIDENT PROGRAM

SATURDAY, MARCH 24

7:00 – 8:00 am
Breakfast & Exhibitor Showcase
Sheraton Ballroom IV-V, Level 4

8:00 – 9:00 am
Concussion: Evaluation, Treatment and Research Update
Sheraton Ballroom I-III, Level 4
1 Category 1-A CME credit
This lecture will cover how osteopathic family physicians have taken an active role in promoting participation in athletics and exercise at all levels as a means to a healthy lifestyle. The role of the osteopathic physician in the care of the recreational and competitive athletic population may be of particular importance for improved performance, recovery from injury, prevention of injury and ultimately, successful outcomes in competition. Osteopathic physicians must be aware of the latest research and treatment guidelines related to the evaluation and treatment of concussion. The lecture will also explore mounting evidence regarding the use of OMT as part of comprehensive concussion management.
P. Gunnar Brolinson, DO, FACOFP

9:00 – 10:00 am
Colorful, Flaky, Itchy, and Bumpy: Dermatology Day in Family Medicine
Sheraton Ballroom I-III, Level 4
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Rob Donoff, DO, MS, FACOFP, FAAFP

10:00 – 10:30 am
Break in Exhibit Hall
Sheraton Ballroom IV-V, Level 4

10:30 – 11:30 am
Emerging Diseases Are Crossing Our Border
Sheraton Ballroom I-III, Level 4
1 Category 1-A CME credit
The US is continuously being invaded by travelers exposed to unusual diseases. A health care provider should know how to evaluate, prevent and treat emerging diseases. After this lecture, participants should be able to recognize and care for patients with migratory diseases from other parts of the world.
Stan Gropp, DO, FACOP, FAAFP
11:30 am - 12:00 pm
Becoming an ACOFP Fellow
Sheraton Ballroom I-III, Level 4
1 Category 1-A CME credit
Following this session, participants will be able to:
• Understand some history about the ACOFP Conclave of Fellows
• List reasons to aspire to ACOFP Fellowship
• List the criteria necessary for Fellowship
• Understand that Distinguished Fellowship is a second level of recognition
Ronnie Martin, DO, FACOFP dist.

1:00 - 2:00 pm
An Update on Adolescent Contraception
Sheraton Ballroom I-III, Level 4
1 Category 1-A CME credit
This lecture will provide information on the latest recommendations for contraception in the adolescent patient. At the end of the lecture participants will become familiar with long acting contraceptive methods as well as other recommended methods.
Marla D. Kushner, DO, FACOFP

2:00 - 3:00 pm
Adrenal Disorders in Primary Care
Sheraton Ballroom I-III, Level 4
1 Category 1-A CME credit
While adrenal disorders are not always managed by family physicians, physicians in primary care should know the signs and symptoms of these disorders. This lecture will help family physicians identify adrenal disorders seen in primary care, identify proper diagnosis and treatment for adrenal disorders, and determine when to refer to a specialist.
Philip Collins, DO

3:00 - 4:00 pm
Rest Easy
Sheraton Ballroom I-III, Level 4
1 Category 1-A CME credit
This lecture will review the physiology of sleep health, why we sleep and tips to optimize sleep. The clinical implications and management of common sleep disorders faced in the outpatient setting will also be reviewed.
Kathleen Henley, DO
STUDENT ASSOCIATION OF THE ACOFP PROGRAM

THURSDAY, MARCH 21

8:00 – 11:00 am
Congress of Delegates Session II
Chicago Ballroom VIII-IX, Level 4

11:00 – 11:30 am
Break in Exhibit Hall
Sheraton Ballroom IV-V, Level 4

11:30 am – 12:30 pm
ACOFP Opening Session & Award Presentations
Chicago Ballroom VI-VII, Level 4

12:30 – 1:30 pm
Exhibit Hall Opening Reception & Lunch
Sheraton Ballroom IV-V, Level 4

1:30 – 3:00 pm
Student Association of the ACOFP Welcome Program
Sheraton Ballroom III, Level 4
Meet other students and find out how to get the most out of your ACOFP ’19 experience. ACOFP President Duane G. Koehler, DO, FACOFP dist. and President-elect Robert C. DeLuca, DO, FACOFP dist. will share how to be involved in ACOFP.

3:00 – 3:30 pm
Break in Exhibit Hall
Sheraton Ballroom IV-V, Level 4

3:30 – 4:30 pm
Preparing for Your Family Medicine Residency Application
Sheraton Ballroom III, Level 4
Tracy Middleton, DO, FACOFP

4:30 – 5:30 pm
Certification Update
Sheraton Ballroom III, Level 4
Stacy D. Chase, DO, FACOFP, FAOGME

5:30 – 7:30 pm
ACOFP Osteopathic Residency Program Fair & Reception
Riverwalk A, Level 1
Meet representatives from residency programs around the country and learn what they have to offer.

Join our dynamic team of clinical faculty!

Assistant/Associate Professor Positions Available

Competitive Benefits and Incentives Package

Alabama’s First Osteopathic Medical School
Dothan, AL

Visit Booth #201 to learn more!

SB Students
THURSDAY, MARCH 21 (cont.)

2:00 – 3:00 pm
25x2030 Student Choice Collaborative
Sheraton Ballroom III, Level 4
Hear about the new 25 x 2030 Student Choice Collaborative to ensure that by 2030, 25 percent of combined U.S. allopathic and osteopathic medical school seniors select family medicine as their specialty.

3:00 – 3:30 pm
Break in Exhibit Hall
Sheraton Ballroom IV-V, Level 4

3:30 – 5:00 pm
Student Association of the ACOFP Leadership Training
Sheraton Ballroom III, Level 4

SATURDAY, MARCH 23

7:00 – 8:00 am
Breakfast & Exhibitor Showcase
Sheraton Ballroom IV-V, Level 4

2:00 – 3:00 pm
25x2030 Student Choice Collaborative
Sheraton Ballroom III, Level 4
Hear about the new 25 x 2030 Student Choice Collaborative to ensure that by 2030, 25 percent of combined U.S. allopathic and osteopathic medical school seniors select family medicine as their specialty.

3:00 – 3:30 pm
Break in Exhibit Hall
Sheraton Ballroom IV-V, Level 4

3:30 – 5:00 pm
Student Association of the ACOFP Leadership Training
Sheraton Ballroom III, Level 4

FRIDAY, MARCH 22

7:00 – 8:00 am
Breakfast & Exhibitor Showcase
Sheraton Ballroom IV-V, Level 4

8:00 – 10:00 am
Procedural Medicine Workshops for Students

Dermatology
Superior A-B, Level 2

IUD Insertion and Removal
Erie, Level 2

Joint Injection
Michigan A-B, Level 2

10:00 – 10:30 am
Break in Exhibit Hall
Sheraton Ballroom IV-V, Level 4

10:30 am – 12:00 pm
OMT in the Office Setting
Sheraton Ballroom III, Level 4
Margaret Wilkins, DO, FACOFP

12:00 – 1:00 pm
Exhibit Hall Lunch Reception
Sheraton Ballroom IV-V, Level 4

1:00 – 2:00 pm
Single Accreditation
Sheraton Ballroom III, Level 4
David Connett, DO, FACOFP dist.

7:00 – 8:00 am
Breakfast & Exhibitor Showcase
Sheraton Ballroom IV-V, Level 4

8:00 – 10:00 am
Procedural Medicine Workshops for Students

Dermatology
Superior A-B, Level 2

IUD Insertion and Removal
Erie, Level 2

Joint Injection
Michigan A-B, Level 2

10:00 – 10:30 am
Break in Exhibit Hall
Sheraton Ballroom IV-V, Level 4

10:30 am – 12:00 pm
OMT in the Office Setting
Sheraton Ballroom III, Level 4
Margaret Wilkins, DO, FACOFP

12:00 – 1:00 pm
Exhibit Hall Lunch Reception
Sheraton Ballroom IV-V, Level 4

1:00 – 2:00 pm
Single Accreditation
Sheraton Ballroom III, Level 4
David Connett, DO, FACOFP dist.

STUDENTS

2019 Convention Programv3.indd   36-37
3/6/19   9:43 AM
THURSDAY, MARCH 21

7:00 – 8:00 am
Good Morning Yoga
Columbus A-B, Level 3

You don’t have to be an experienced yogi to attend this yoga session! Come to destress and balance your body, mind and spirit. Instructors teach physical postures as well as practical methods for relaxation, proper breathing, meditation, and concentration that promote health, alleviate stress, and increase muscular strength and flexibility.

9:00 - 10:00 am
Nutrition Update: What You Need to Know About Fad Diets
Chicago Ballroom VI-VII, Level 4

1 Category 1-A CME credit

This lecture will update the family physician’s knowledge about fad diets so they can educate their patients and guide them to success through evidence-based medicine. Each physician will leave this lecture able to have an educated discussion about the fad diets with their patients.

Ronald W. Torrance II, DO

10:00 - 11:00 am
Multi-faceted Approaches to Optimize Care for Patients with Obesity
Chicago Ballroom VI-VII, Level 4

1 Category 1-A CME credit

In this lecture participants will learn how to evaluate and manage patients with obesity. The lecture will cover safety and efficacy of the currently approved pharmacologic options for managing obesity, as well as appropriate use of the medication for a patient type that will offer the best chance of weight loss with the lowest risk of adverse events. It will also teach effective ways to help patients learn healthy lifestyles that will increase a patient’s odds of success.

Adarsh K. Gupta, DO, MS, FACOFP

Don’t miss the Health Expo at ACOFP ’19! There will be interactive and educational opportunities designed to increase the awareness of fitness resources and products that may improve both patient care and the personal wellness of the family physician.
THURSDAY, MARCH 21 (cont.)

1:30 - 3:00 pm
Get a Life: Physicians Burnout and Suicide
Chicago Ballroom VI-VII, Level 4

1.5 Category 1-A CME credits
This lecture will discuss trends in physician wellness focusing on burnout, self-care and physician suicide. At the end of this lecture, participants will be able to identify how burnout can occur and how they can better manage burnout in their careers. Participants will also hear physician suicide statistics and learn ways at which our health care system can do a better job in caring for the mental illness of our physicians.
Katarina Lindley, DO, FACOFP
Beth Wagner, DO

3:00 - 3:30 pm
MED Talk: How to Include Nutrition into the Busy Physician’s Lifestyle
Columbus A-B, Level 3

We all love the classic comfort foods. Listen to tips and tricks of how you can manage your diet by preparing healthy versions of the classic comfort foods on your busy schedule.
Hillary Noack, DO

SATURDAY, MARCH 23

6:30 - 8:00 am
SK Run/Walk in Chicago
Columbus A-B, Level 3

Get outside for some fresh air with a 5K guided run/walk designed to increase energy and improve mood! Certified personal trainers will provide a warm up stretch and then lead participants on a 5K track. Finish the workout with a cool down routine to bring heart rates back into range and to keep muscles limber. Following the run, join the Health Expo huddle for a hot chocolate reception!

3:00 - 3:30 pm
MED Talk: What You Need to Know About Fad Diets
Columbus A-B, Level 3

Do fad diets really work? Learn about the latest about fad diets from the viewpoint of a physician so you can educate your patients and guide them to success through evidence-based medicine. Get some tips on how to approach the fad diet talk with your patients.
Ronald W. Torrance II, DO

FRIDAY, MARCH 22

7:00 - 8:00 am
Good Morning Tai Chi
Columbus A-B, Level 3

Wake up and learn the skills of recognizing, releasing and moving through physical and mental tension while cultivating an awareness of inner calm. Our instructor will use traditionnal Tai Chi materials to enhance the lives of the physician in the context of modern day business usage.

10:00 - 10:30 am
MED Talk: Sports OMT Tips from the Sidelines
Columbus A-B, Level 3

Learn the pearls of OMT use on the sidelines, in the locker room and during competition from nationally recognized sport medicine providers. Get the “inside scoop” on rapid evaluation and treatment techniques based on real world experience for both axial and appendicular somatic dysfunctions.
P. Gunnar Brolinson, DO, FACOFP
John J. Dougherty, DO, FACOFP

HEALTH EXPO

3:00 - 3:30 pm
MED Talk: How to Include Nutrition into the Busy Physician’s Lifestyle
Columbus A-B, Level 3

We all love the classic comfort foods. Listen to tips and tricks of how you can manage your diet by preparing healthy versions of the classic comfort foods on your busy schedule.
Hillary Noack, DO

7:30 - 9:00 pm
Hip Hop Dance
Riverwalk A, Level 1

Dance with us! Don’t miss this workout filled with hip hop and Latino dance steps mixed into an aerobics routine. Burn fat, work up a sweat without stressing your joints and learn the latest trendy moves to take to the dance floor.

3:00 - 3:30 pm
MED Talk: What You Need to Know About Fad Diets
Columbus A-B, Level 3

Do fad diets really work? Learn about the latest about fad diets from the viewpoint of a physician so you can educate your patients and guide them to success through evidence-based medicine. Get some tips on how to approach the fad diet talk with your patients.
Ronald W. Torrance II, DO

4:30 - 5:30 pm
Fitness Communities
Chicago Ballroom VI-X, Level 4

1 Category 1-A CME credit
This lecture will be an in-depth look at the history of the fitness industry, the development of modern-day fitness culture, and the societal impact of individual fitness communities on promoting lasting health and wellness. After attending this lecture, participants will have a broader knowledge base of the inner-workings of fitness communities and how these varied methodologies can be integrated as part of a structured preventative health plan and treatment program.
Adam Schulte, DO, CF-L2
AUXILIARY TO THE ACOFP ACTIVITIES

FRIDAY MARCH 22

Auxiliary Family Breakfast
8:00 – 10:00 am
Loews Hotel, Wright Ballroom
All ACOFP members and their families are invited to attend the Auxiliary Family Breakfast buffet, compliments of the Auxiliary to the ACOFP. Advance registration is required. Please wear your convention badge for entrance.

Auxiliary Membership Meeting
10:30 am - 12:00 pm
Ontario, Level 2
Join the Auxiliary for its annual membership meeting. All are welcome to attend and learn more about the Auxiliary fundraising activities supporting students and residents. You will receive one Opportunity Ticket for attending the meeting.

Auxiliary Member Happy Hour
3:00 - 4:00 pm
Sheraton Grand Hotel Lobby Bar
Join the Auxiliary for fun, friendship and libations! All AACOFP members and their guests are welcome for a meet and greet at the Sheraton Grand Hotel Lobby Bar.

AUXILIARY OPPORTUNITY DRAWING

Opportunity tickets are available at the Auxiliary to the ACOFP Table on Level 4

Don’t miss the chance to win one of the drawing prizes!
Winners will be announced during the President’s Banquet. You do not need to be present to win.

Get your opportunity tickets for a chance to win:
• 2020 ACOFP Membership
• ACOFP ‘20 Convention Registration
• 3 Nights Stay at The Hilton New Orleans Riverside
• Apple iPad
• Apple iPad Mini
• $500 Visa Gift Card (2)
• Apple Watch
• Apple AirPods, $100 iTunes Card and $100 gift card (2)

Donations from the drawing will benefit projects of the Auxiliary, in particular the osteopathic family medicine student scholarships.

2018-2019
Auxiliary to the ACOFP Officers

Mimi Lindenbaum
President

Deidre Froelich
President Elect

Ayrron Polk
Vice President

Tyler Lewis
Treasurer

Suse Cohen
Immediate Past-President

Joan Shaffer
Secretary

Pat Molnar
Parliamentarian

Nicholas Tyszka
Appointed Member

Bruce Williams, DO, FACOFP
Board Liaison

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We are looking for full- and part-time physicians. With over 70 locations throughout greater Washington, D.C., Maryland, Virginia, Pennsylvania, and New Jersey, Patient First physicians have been providing urgent and primary care for over 35 years. In addition to flexible schedules and career advancement opportunities, we offer a comprehensive compensation package that includes:

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- Relocation package
- Outstanding malpractice insurance
- Health, dental, vision, life, and disability insurance, plus more.

To learn more, contact Recruitment Coordinator Eleanor Hertzler at 804-822-4478 or eleanor.hertzler@patientfirst.com, or visit www.patientfirst.com/PatientFirstCareers.
2019 POSTER PRESENTATIONS AND PARTICIPANTS

FACULTY – ORIGINAL RESEARCH
1. Baby Boomers Chronic Hepatitis C: The Primary Care Process of Hepatitis C Elimination
Katherine M Bewley-Thomas, DO, FAAFP
2. What patients want: An empirical test of verbal and nonverbal empathy statements and actions
Katherine M Bewley-Thomas, DO, FAAFP

RESIDENT – ORIGINAL RESEARCH
3. Comparing Rates of Burnout in Osteopathic, Allopathic, and Dually Accredited Programs in New Jersey
Aimee Morahan, DO
4. Evaluation of SAM Risk Score for Meaningful Skin Cancer Screening Checks
Christen Ground, DO
5. Developing a Credentialing Process for OMT Proficiency for Family Medicine Residents
Jason Hui, DO
6. The Influence of Telehealth on Psychiatric Involuntary Admissions Rates in New Jersey
Ameera Jiwani, DO
7. Identification of Physician Barriers to Advanced Care Planning
Audra Oakley, DO
8. Decreasing Risk of C. Difficile Infections in ICU Patients By Using Fomtecide in lieu of Protexin
Daniel Tolamo, DO
9. Spanish-speaking patients are more likely to follow-up if seen by a Spanish-speaking provider
Linda Nguyen, DO
10. Developing a Screening Tool to Identify Human Trafficking Victims for Primary Care Physicians
Adam C. Link, DO
11. Exploring Human Papillomavirus (HPV) Vaccination Rates of Patients in Family Medicine Clinic Sites
Arii Paek, DO
12. Assessing Barriers to Participation in a Clinic Based Medical Food Pantry in Food Insuree Patients
Sarah Tamrowsky, DO
13. Is Self-Enrollment in Nursing Homes Associated with Better Psychological Outcomes?
Hsiien Dang, DO
14. QI Study: Improving Health Literacy of Hypertensive Patients of an Underserved Residency Clinic
Lee Dinning, DO
15. Stimulating the Use of OMT in Primary Care Offices via Point of Care Reminders
Annebel Agcopra, DO
16. Stress in Pregnancy: Improving Stress Screening and Linkage to Services at a Chicago FQHC System
Lauren Harriet, DO, MBA
17. “WHAT WAS THE INTERN THINKING?” Improving Intern Rapid Response Competence
David A. Dalton, DO
18. Evaluation of likelihood of re-presentation to emergency department post NSAID vs opioid treatment
Annabel Agcopra, DO
19. A Case of Acute Migrainous Infarction
Nicholas C. Gottert, DO
20. Acute colonic pseudo-obstruction in an elderly Hispanic female
Lynn Marie Wilson, DO
21. Acute acalculous cholecystitis: a case report
Stuart Hahn, DO
22. 21H anti-CD40L Therapy for the Treatment of Inflammatory Bowel Disease
Cindy Nguyen, DO
23. Polyarteritis as a presenting sign of lung cancer
Cindy Nguyen, DO
24. Miyamoya Syndrome Associated with Graves’ Disease in an African American Adult
Eric Noh, DO
Kwabena Brown-Boateng, DO
26. A case of cerebral venous sinus thrombosis in a patient with IBD
Kwabena Brown-Boateng, DO
27. WITHERDRAWN

STUDENT – CASE REPORTS
28. Croupy, E. & Jacobs: A Challenging Diagnosis in Primary Care
Stephanie Kild, DO, MBA
29. A Case Emphasizing The Importance Of Surveillance Endoscopy In Barrett Esophagus
Brian Melcher, DO
30. Language Barriers and Transverse Myelitis—Sending the Correct Signals
Christopher Basom, DO
31. Pulmonary embolism in healthy female with contraceptive vaginal ring
Matthew Bragg, DO
32. Refractory Hypotension and Subclavian Steal Syndrome
Christine Chen, DO
33. Malignant catatonia in a twenty-two year old with no underlying psychiatric disorder
Farah Ghou, DO
34. Tapering Oral Opioid Regimens in the Chronic Pain Patient: A Stepwise Approach
Mohshek Singh, DO
35. A Rare Case of Cogan’s Syndrome in a Primary Care Setting
Christina Leake, DO
36. Cerebral manifestation of Paragonimiasis in a 19 year old female
Jaymin Patel, DO
37. Ovarian Small Cell Carcinoma, Hypercalcemia Type - A Case Report
Ayasha Atman, DO
38. Severe hemolysis in a Female Infant Heterozygous for Glucose-6-Phosphate dehydrogenase deficiency
Lilach Merke, DO
39. Tattoo pigment causing reactive peripheral lymphadenopathy mimicking cancer years later
Oksana Miller, DO
40. Case of Congenital Leukemia
Kymberly Mayo, DO
41. Fever of Unknown Origin: A Case Study
Marie Baird, DO
42. Pancost- Tobias Syndrome: The Last Art of Physical Examination
Jay Bhavar, DO
43. Marjolin’s Ulcer in a Chronic Wound
Diana Gourdet, DO
44. Rare Hereditary Hemochromatosis Subtype as Cause of Decompensated Liver Failure
Patricia Deli, DO
45. Myocarditis: Not always your friendly neighborhood walking pneumonia
Catherine Hoyas, DO
46. Ethical Considerations for Definitive Treatment of Infective Endocarditis in a Recidivist IV Drug User
Gudrun Rahnerne, DO
47. An Unusual Constellation of Symptoms: Outpatient Diagnosis of Neurosyphilis
Elizabeth Tang Liu, DO
48. Heart Block Secondary To Lyme Carditis With Initial Diagnosis of Uncomplicated Cellulitis
Anum Khan Siddiqui, DO
49. The Epic Mimic: Epiploic Appendagitis
Justin Hahn, DO
50. Association Between Crohn’s Disease and Benign Positional Vertigo with Myokymy and Polynuropathy
Ehwa Mahbub, OMS
51. Association Between Crohn’s Disease and Benign Positional Vertigo with Myokymy and Polynuropathy
Huong Nguyen, OMS
52. Distal Tibial Stress Fracture: An Unusual Presentation of Primary Hyperparathyroidism
Danny M. Tran, OMS
53. A Case of Hereditary Hemosprhagic Telangiectasia in an Aspiring Female Collegiate Athlete
Everett Willson, OMS
54. Don’t Look Inside the Air Conditioning Unit: Legionnaire’s Pneumonia Complicated by Aspergillosis
Jonathan Wu, OMS
55. Cerebral Toxoplasmosis in Patient Taking TNF-Inhibitor with Rheumatoid Arthritis
Khosh Truong, OMS

2019 Convention Promenade East, Level 4
Thursday, March 21 8:00 am – 5:00 pm
Friday, March 22 8:00 am – 5:00 pm

Sponsored by the ACOFP Education & Research Foundation.
EXHIBITORS

3RNet - National Rural Recruitment
Adventist Health
Advocate Aurora Health
American College of Osteopathic Family Physicians - California
American Osteopathic Association
Arkansas College of Osteopathic Medicine
AYTU BioScience
Boiron
Brymill Cryogenic Systems
California Health Sciences University
Centurion
Cleveland Clinic
Community Health Systems
Concentra
Consilium Staffing
Davita Medical Group
Duke Primary Care
Edward Via College of Osteopathic Medicine
Electromedical Products International
Factor Medical
Family HealthCare Network
HCA
Ideal Protein of America
Indiana University Health Physicians
Kansas City University of Medicine and Biosciences
Laclede
LifePoint Health
Lincoln Memorial University - DeBusk College of Osteopathic Medicine
Medical Books by Success Concepts
Mercy Clinic
Microbiome Labs
Midwestern University
Millennium Physician Group
MSU College of Osteopathic Medicine
OptumCare
Parkview Health
Penn State Health
Premise Health
Providience - Provider Solutions + Development
Quadmed
RockTape
Rocky Vista University College of Osteopathic Medicine
Sanford Health
Sanofi Pasteur
Southcentral Foundation
Southern Illinois Healthcare
Staff Care
The 20Lighter Program
The Permanente Medical Group
The Wright Center for Graduate Medical Education
Tooti Enterprise
TriHealth Physician Partners
Tsehootsooi Medical Center
U.S. Army Medicine Civilian Corps
Universal Diagnostic Solutions
University of New England College of Osteopathic Medicine
UPMC Pinnacle
Vista Staffing Solutions
Vituity
Wolters Kluwer
Yakima Valley Farm Workers Clinic

EXHIBITOR SHOWCASE

Sheraton Ballroom IV-V

EXHIBIT HALL HOURS
Thursday, March 21 11:00 am – 3:30 pm
Friday, March 22 7:00 am – 3:30 pm
Saturday, March 23 7:00 am – 10:30 am

NETWORKING BREAKS
Visit the exhibitors during networking breaks throughout ACOFP ’19:

Thursday, March 21 11:00 - 11:30 am
12:30 - 1:30 pm
3:00 - 3:30 pm
Friday, March 22 7:00 - 8:00 am
10:00 - 10:30 am
12:00 - 1:00 pm
3:00 - 3:30 pm
Saturday, March 23 7:00 - 8:00 am
10:00 - 10:30 am
Founded in 1899, Philadelphia College of Osteopathic Medicine is one of the nation’s premiere osteopathic medical schools. Our students learn the importance of health promotion, education and service to the community and, through PCOM’s Healthcare Centers, provide care to the medically underserved populations in inner city and rural locations.

To learn more about PCOM, please visit pcom.edu

ONLINE EVALUATION & ATTESTATION SYSTEM

The Web-based Convention Attestation, Evaluation, and CME System provides the only way to obtain a Certificate of Attendance and/or a CME Certificate for ACOFP ’19 and for ACOFP to report your CME hours to the American Osteopathic Association (AOA). You will only receive CME credit for those activities for which you complete an evaluation.

Your online evaluation and attestation of participation must be completed by Monday, May 6, 2019

This can be done in one of two ways:

1. Use the CME kiosks while at the Convention. They will be available at the following times:
   - Wednesday, March 20 1:00 – 5:00 pm
   - Thursday, March 21 9:00 am – 7:30 pm
   - Friday, March 22 7:00 am – 6:00 pm
   - Saturday, March 23 7:00 am – 5:00 pm
   - Sunday, March 24 7:00 am – 1:00 pm

2. Visit www.acofp.org and submit your evaluations and attestation.
   - To access the system, log into www.acofp.org using the following information:
     - User Name: AOA number - without leading ZERO
     - Password: yourlastname2002 (unless you have created your own)
   - Under My ACOFP, click on Evaluations then:
     - View 2019 Convention CME Activity. Your responses will be saved and you will have the ability to go back and edit previous responses until your evaluation is completed. You cannot submit an evaluation until the conclusion of a session.
   - Once you are logged in, you will see the sections you must complete:
     - Demographics, Overall Evaluation, Certificate (available only when all other sections are completed), and General Session Evaluation (including extra workshops available to registrants who paid).
   - AOA requires verification of attendance for any workshop you attended. The Certificate button will not be functional until ACOFP verifies all registrations and attendance signatures.
   - ATTENDANCE VERIFICATION PENDING will be flashing. Your verification of attendance will be completed by Wednesday, March 28, 2018 at 5:00 pm CST.
   - After you have completed all sections and your attendance has been verified showing ATTENDANCE VERIFIED, you will have the option to download the certificate to your computer or email it to yourself. You may download it at any time by logging back in and clicking Certificate.

ACOFP will record your CME credit to AOA only after you have clicked on the “Certificate” icon.

If you have questions, please contact Cari Lamberg at caril@acofp.org or call 847.952.5110.
Both the Family Practice Certification and OCC Written/Cognitive Assessment examinations are offered in the spring and fall. The OMT performance evaluation is offered separately from the cognitive test and may be completed at either the ACOFP Annual Convention & Scientific Seminars in the spring or at the AOA/ACOFP Osteopathic Medical Conference & Exposition in the fall.

**Family Medicine Initial Certification and OCC (recertification) Cognitive Examinations**

The examinations are administered as computer tests at Pearson VUE regional test sites across the US. Beginning in the fall of 2019 the AOBFP will expand the testing windows to a 2-week period. The Board believes this will provide greater flexibility and scheduling for the exams. The dates for the 2019 fall exams have been confirmed. The test dates for 2020 are still being finalized.

**Cognitive Initial Certification Examination**
- March 30, 2019
- September 22- October 12, 2019
- A 2-Week Window around April 3, 2020
- A 2-Week Window around September 26, 2020

**Cognitive OCC (recertification) Examination**
- May 4, 2019
- September 22- October 12, 2019
- A 2-Week Window around May 1, 2020
- A 2-Week Window around September 26, 2020

**Family Medicine OMT Initial Certification and OCC (recertification) Examination**

The OMT practical exam may be completed at either the fall AOA OMED conference or at the spring ACOFP Conference. The dates for the OMT performance evaluation exams are:

**Initial Certification/OCC OMT Performance Evaluation ONLY Exam:**
- October 25-28, 2019 in Baltimore, MD (in conjunction AOA OMED Convention)
- March 19-22, 2020 in New Orleans, LA (in conjunction with the ACOFP Convention)
- October 16-19, 2020 in Austin, TX (in conjunction with the AOA OMED Convention)
- March 18-21, 2021 in Orlando, FL (in conjunction with the ACOFP Convention)

Osteopathic Continuous Certification (OCC) began January 1, 2013. There are several new changes to OCC which will be posted to the website at www.aobfp.org. The most recent update is the Early Entry Certification Program available to residents who have completed at least 2 osteopathic In-Service Exams.

Dates may be subject to change. Visit the AOBFP website at www.aobfp.org for additional information or call (312) 202-8477.

**GENERAL INFORMATION**

**CME INFORMATION**

The American College of Osteopathic Family Physicians (ACOFP) is accredited by the American Osteopathic Association (AOA) to sponsor continuing medical education for osteopathic physicians. ACOFP has requested that the AOA Council on Continuing Medical Education approve this program for 35 credits of AOA Category 1-A CME credits, including 8 Category 1-A CME extra credits. Approval is currently pending. In addition, Application for CME credit has been filed with the American Academy of Family Physicians (AAFP) for those osteopathic physicians seeking CME credit through this mechanism.

**Determination of AAFP credit is pending.**

This program is sponsored by the ACOFP for educational purposes only. The material presented is not intended to represent the sole or best medical interventions for the discussed diagnoses, but rather is intended to present the opinions of the authors or presenters that may be helpful to other practitioners. Attendees participating in this medical education program do so with the full knowledge that they waive any claim they may have against the ACOFP for reliance on any information presented during these educational activities.

**HANDOUTS**

Handouts will only be available to attendees prior to and during ACOFP ‘19 at www.acofp.org or through the ACOFP ‘19 app.

**WEB-BASED CONVENTION ATTESTATION, EVALUATION AND CME SYSTEM**

To obtain a Certificate of Attendance and/or a CME Certificate for the 2019 ACOFP Annual Convention & Scientific Seminar all attendees must complete the online evaluations of the sessions attended with an attestation of your participation. This will be the only mechanism for reporting your CME credit hours to the American Osteopathic Association.

**CONDUCT**

Each physician in attendance at ACOFP meetings is free to act in any way he/she chooses with regard to issues discussed. Any conclusion or decision based upon issues discussed must be a business decision made by each physician independently and based solely on what is in the best interests of that physician. In conducting education and information programs for its membership, ACOFP does not recommend nor necessarily enforce any particular course of conduct.

**RECORDING & PHOTOGRAPHY CONSENT**

ACOFP reserves the right to record and/or photograph all conference proceedings for use in marketing materials.

**NURSING MOTHERS ROOM**

ACOFP is pleased to provide a room for nursing mothers, located on the east end of the third level near the Fountainview Room.
Sheraton Grand Chicago
MAPS:

LEVEL 1

LEVEL 3

LEVEL 2

LEVEL 4
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