



Program Preview

ACOFP 49th Annual Convention & Scientific Seminars
The Spectrum of Osteopathic Family Medicine

Gaylord Palms Resort & Convention Center
March 15–18, 2012 • Kissimmee, Florida

» Approximately 30 Category 1-A CME credits anticipated



The Spectrum of Osteopathic Family Medicine

ACOFP's 49th Annual Convention & Scientific Seminars

Be in Kissimmee

Whether you're a seasoned physician, a mid-career professional or still in training, you'll want to be in Kissimmee, Florida in March. That's where our profession's leading experts and practitioners will be, working to shape the future of osteopathic family medicine.

The American College of Osteopathic Family Physicians' Annual Convention & Scientific Seminars is the premier educational event for osteopathic family physicians and professionals. And it's only getting better.

The bold, energetic logo you see on this brochure represents an updated identity for this important and forward-thinking annual gathering. With this fresh new look, we're bringing you more: more education, more connections and more ways to grow your practice.

On behalf of ACOFP's Board of Governors and Program Committee, we invite you to come to Kissimmee March 15-18 for this unparalleled experience. If you've never joined us before, make this the year you attend!

George T. Sawabini, DO, FACOFP dist.

George T. Sawabini, DO, FACOFP *dist.*
ACOFP President

Andrew S. Gross, D.O., FACOFP

Andrew S. Gross, DO, FACOFP
Convention Program Chair

Albert A. Talone, DO

Albert A. Talone, DO, FACOFP
Convention Program Vice-Chair

Looking for reasons to attend ACOFP's 49th Annual Convention & Scientific Seminars? We've got them!

Be Educated

A wide range of workshops and lectures will update you on the latest techniques and advances in the field. Hear about dementia care, stroke prevention, medical home, practical/procedural dermatology, sleep apnea, pain management, sports medicine, women's health, diabetes, cardiac interventions, disaster preparedness and more.* And it's not all sitting and listening; you'll engage in hands-on learning and review of the most current methods and treatment strategies. This sharpened clinical knowledge will help you better serve your patients – and it can earn you up to 22 anticipated Category 1-A CME credits. Plus, get up to an additional 16 Category 1-A CME by registering for the pre-convention sessions and workshops.

**Topics are subject to change.*

Be Inspired

An undeniable benefit of the ACOFP Annual Convention is to step out of our normal routine and be reminded of why we love our work. You're guaranteed a good dose of inspiration this year with a keynote address on Thursday by national political correspondent Mara Liasson (see page xx for details). And on Saturday evening, join us in celebrating ACOFP award winners as well as **Paul Martin, DO, FACOFP *dist.***, the College's new president.



Get up-to-the-minute course information and register online at acofp.org

Key Dates: **February 11:** \$100 early registration discount ends

March 2: Advance registration ends; register onsite after this date

Be Equipped

NEW! Discover the latest product and service innovations in osteopathic family medicine through the exhibitor showcase. This new convention feature – scheduled for Friday and Saturday – will allow you to learn about technologies and resources that can help grow your practice. Talk with exhibitors face to face to see what solutions are best for you.

Be Connected

This convention is your best opportunity to interact with peers, share ideas and develop new relationships. While ACOFP now offers more chances to connect with colleagues online, there’s no substitute for meeting in person. And students, residents and new physicians can advance their careers by connecting with leading professionals and programs in special sessions designed just for them.

Be Heard

As osteopathic family physicians, we must stay informed. Come hear about emerging socioeconomic challenges and legislative initiatives that will impact family medicine practice and reimbursement. Learn how you can play a role in ACOFP’s efforts to communicate the benefits of osteopathic medicine and serve as a respected resource for educators and policymakers.

Be Rejuvenated

The Annual Convention is a wonderful opportunity for a reprieve from winter’s cold. The spectacular Gaylord Palms Resort in sunny Kissimmee is the perfect setting for professional enrichment as well as a little R&R. You can enjoy rejuvenating spa services, work out in the fitness center, lounge in the hotel’s tropical plant-filled atrium, take a dip in the pool, or enjoy a meal or beverage at one of five restaurants. A quick drive from Orlando, the Gaylord also offers easy access to the area’s many theme parks and attractions.

Residency Program Director’s Workshop

Sunday, March 18 • 8:00 am-6:00 pm

Monday, March 19 • 6:30 am-11:30 am

All program directors (or their physician designees) are required by the Basic Standards to participate in this two-day workshop. Recommended participants include Residency Program Directors, Directors of Medical Education and Residency Coordinators. You will be contacted via separate correspondence for your workshop breakout session preferences.

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Convention Week at a Glance

Wednesday, March 14

8:00 am-12:00 pm

Joint Injection Workshop

8:00 am - 5:00 pm

Dermatology Skills Workshop

12:30 pm - 3:00 pm

Congress of Delegates » Credentialing

3:00 pm - 5:00 pm

OMT Update Workshop

3:00 pm - 5:00 pm

Congress of Delegates » Session I

5:00 pm - 6:00 pm

Congress of Delegates » Reference Committee Meetings

5:30 pm - 7:30 pm

Evening CME Program » Prevention of Acute Coronary Syndrome and Strategies for Regression of Artery Disease

Thursday, March 15

7:00 am - 9:00 am

Congress of Delegates » Caucus Meetings

9:00 am - 11:00 am

Congress of Delegates » Session II

7:00 am - 11:00 am

Extra Credit CME Programs

11:00 am - 12:00 pm

Presidential Inauguration

1:00 pm - 4:00 pm

CME Programs

1:00 pm - 4:00 pm

Student Programs

4:00 pm - 5:00 pm

Opening Session and Award Presentations

5:30 pm - 7:30 pm

Extra credit evening CME Lecture » Dementia and Managing Patients Needing Extra Care

5:30 pm - 8:30 pm

Residency Program Fair and Reception for Students

Friday, March 16

7:30 am - 5:30 pm

New Physician and Resident Educational Programs

8:00 am - 12:30 pm & 1:30 - 6:30 pm

CME Programs

8:00 am - 10:00 am

Auxiliary Family Breakfast

8:00 am - 4:00 pm

Student Programs (including OMT and Procedural Workshops)

9:00 am - 5:00 pm

Scientific Poster Presentations and Display

10:00 am - 10:30 am

Networking Break and Exhibitor Showcase

10:15 am - 11:30 am

Auxiliary Business Meeting

1:30 pm - 2:30 pm

Town Hall Meeting

2:30 pm - 4:00 pm

Women's Institute for Leadership Program

3:30 pm - 4:00 pm

Networking Break and Exhibitor Showcase

4:30 pm - 6:00 pm

OPAC Reception

6:00 pm - 7:30 pm

Alumni Receptions

Saturday, March 17

8:00 am - 5:00 pm

CME Programs

8:00 am - 12:00 pm

Student Programs

9:00 am - 10:00 am

Conclave of Fellows Business Meeting

9:00 am - 12:00 pm

Scientific Posters Display

10:00 am - 12:00 pm

IUD (Intra-Uterine Device) Placement and Removal Workshop

10:00 am - 10:30 am

Network Break and Exhibitor Showcase

12:30 pm - 2:30 pm

Satellite Symposium / Lunch Program

Clinical Decision-Making in Diabetes

2:30 pm - 4:30 pm

Colposcopic Examination Workshop: Cervical Cancer Screening

2:30 pm - 4:30 pm

OMT Workshop: OMT and Peripheral Nerve Complaints (Larson's Syndrome)

2:30 pm - 4:30 pm

Splinting and Bracing Workshop: Fractures and the Proper Splint Application

3:30 pm - 4:00 pm

Networking Break and Exhibitor Showcase

5:00 pm - 6:30 pm

2012 Conclave of Fellows Awards Ceremony

6:30 pm - 10:00 pm

President's Reception & Banquet

Sunday, March 18

7:00 am - 11:00 am

CME Programs

8:00 am - 6:30 pm

Residency Program Director's Workshop

Monday, March 19

6:30 am - 11:30 am

Residency Program Director's Workshop

Scientific Poster Presentations Focus on Innovative Research

Don't miss the 2012 Scientific Poster Presentations, scheduled throughout the day Friday. Poster presentations provide in-depth information about new investigations, methods and innovative research in osteopathic family medicine. We anticipate that up to 40 posters will be submitted by College of Osteopathic Medicine faculty members, osteopathic family medicine residents and medical students. The posters will be judged by the Osteopathic Clinical Research Committee and prizes awarded for the best posters. Presenters are encouraged to be available in the poster exhibits for discussion with convention attendees.

Poster Display Hours

Friday » 9:00 am - 5:00 pm

Saturday » 9:00 am - 12:00 pm



Pre-Convention Agenda

Wednesday, March 14

Bringing About Change in the Recognition, Diagnosis and Treatment of COPD

Continuing Medical Education Workshops

You can earn an additional 12 Category 1-A CME extra credits by participating in the pre-convention workshops and evening program on Wednesday, special programs on Saturday, and lectures on Wednesday and Thursday evenings. Most of these events require an additional registration fee.

8:00 am - 12:00 pm

Joint Injection Workshop

4 Category 1-A extra CME credits • Registration fee: \$150; limited to 30 participants

Speaker: Edward E. Hosbach, II, DO

Join us in this four-hour workshop to enhance your skills in the examination and diagnosis of common joint and soft tissue pathologies, as well as procedural treatments. Proper billing and coding instruction will also be covered.

8:00 am - 5:00 pm

Dermatology Skills Workshop

8 Category 1-A extra CME credits • Registration fee: \$200; limited to 30 participants

Speakers: Bridget A. Bellinger, DO, FACOFP and Donald E. Jablonski, DO, FACOFP

We have dedicated an entire day of application-based, hands-on training in various skills for office-based dermatologic procedures. At the conclusion of this workshop, participants will be able to: perform procedure preparation; review various skin pathologies; demonstrate techniques for excisions of cysts, lipomas and other skin lesions; adopt cryosurgery techniques, perform basic suturing and nail surgery; discuss surgical safety and possible complications, identify the equipment needed, understand proper usage and vendor location; use proper coding for reimbursement and promote procedures to patients.

3:00 pm - 5:00 pm

OMT Update Workshop

2 Category 1-A extra CME credits • Registration fee: None

Speaker: Speakers: Richard K. Ogden, DO, FACOFP and Gautam Desai, DO, FACOFP

Osteopathic Manipulative Treatment (OMT) is our profession's unique hallmark, and every osteopathic family physician can benefit from lifelong development of these special skills. This session will help you keep current with osteopathic family medicine. From minimal competency to expertise, all participants will get something out of this intensive, hands-on session. This workshop will facilitate an increase in patient satisfaction, enhance office revenue and bolster your confidence as an osteopathic physician.

5:30 pm - 7:30 pm

Evening CME Program » Prevention of Acute Coronary Syndrome and Strategies for Regression of Artery Disease

2 Category 1-A extra CME credits

Speaker: Ronald L. Walsh, DO

Atherosclerotic cardiac disease is a chronic progressive disease process which often results in several cardiac disorders leading to illness, hospitalizations, arrhythmia and mortality. This lecture will show you how to recognize risk factors for atherosclerotic coronary disease; emphasize the benefits of diet, exercise and avoidance of cigarette smoke; review the pathophysiology of atherosclerosis; provide an understanding of the role of lipid metabolism in cardiovascular disease; and discuss medical options to reduce cardiac risk factors and facilitate regression of atherosclerosis.

Convention Agenda

Thursday, March 15

7:00 am - 8:00 am

New Approaches to the Successful Treatment of the Diabetic Patient

1 Category 1-A CME Credit

Speaker: Joseph Namey, DO

This lecture will educate the family medicine physician about the risks for developing hyperglycemic disorders; current diagnosis criteria for identifying patients with diabetes; benefits of weight reduction; proper diet and exercise; and medications to both control the disease and reduce the progression of complications (including retinopathy, nephropathy, peripheral neuropathy, wound healing and cardiovascular disease).

8:00 am - 9:00 am

Alternative Approaches to the Treatment of Adult Depression and Mood Disorders

1 Category 1-A CME Credit

Speaker: Richard A. Cottrell, DO

This lecture will educate the physician about signs and symptoms of depressive mood disorders; review the physiologic and psychosocial components of depressive mood disorders; and discuss medical, psychosocial and other treatments (including transcranial magnetic stimulation, electroconvulsive therapy and light therapy).

9:00 am - 10:00 am

A Review of Cardiac Intervention Therapy and Arrhythmia Management

1 Category 1-A CME Credit

Speaker: Merrill A. Krolick, DO

This lecture will review the pathophysiology of cardiac disease, including atrial and ventricular cardiac arrhythmias, heart failure and complications of coronary artery disease (CAD).

The discussion will educate the family physician on how to recognize these complications as well as learn about evidence-based options available to correct the disorders. Coronary interventional options to treat the consequences of CAD progression will also be presented as well as preventive therapy for avoidance of further cardiac events.

10:00 am - 11:00 am

Advancements in Stroke Prevention and Anticoagulation for Non-Valvular Atrial Fibrillation

1 Category 1-A CME Credit

Speaker: Robert T. Hast, DO

This lecture will review the pathophysiology of atrial fibrillation and how this disorder can lead to thrombus formation and cerebrovascular disease. Prevention options will be discussed, including the risks and benefits of anticoagulation, patient selection for various options to manage this condition, and strategies for clinicians to optimize the health of their patients diagnosed with atrial fibrillation.

11:00 am - 12:00 pm

President's Inauguration

Join us in honoring Paul A. Martin DO, FACOFP *dist.* as he assumes the position of 59th President of the American College of Osteopathic Family Physicians.





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Thursday, March 15 - continued

1:00 pm - 2:00 pm

Sickle Cell Trait and Disease Recognition for Osteopathic Family Physicians

1 Category 1-A CME Credits

It is generally agreed that the optimal treatment of individuals with sickle cell disease (SCD) requires access to comprehensive multidisciplinary care. This lecture will provide vital information to family medicine physicians about the importance of newborn hemoglobinopathy screening; outline resources for family education; and stress the importance of on implications of carrier status and reproductive risks associated with SCD and sickle cell trait.

2:00 pm - 3:00 pm

Medical Problems Seen When Traveling in Florida and the Tropics

1 Category 1-A CME Credit

Speaker: Mark A. Foppe, DO

A warm climate tends to bring a unique blend of medical concerns for patients visiting the tropics. This lecture will discuss medical problems often encountered by patients traveling in the tropics, including recognizing and preventing heat exhaustion, marine injuries, gastrointestinal disease, and insect-borne disease encountered while traveling in Florida, the Caribbean and surrounding tropical areas. Emphasis will include preparation of your patients for travel to the tropics, vaccination recommendations, and prevention of complicating illness which could occur in risky areas.

3:00 pm - 4:00 pm

Update on Practice Management: Meaningful Use, The Medical Home and Health Care Reform Issues for the Family Doctor

1 Category 1-A CME Credit

Medical practices are evolving as health care reform causes us to adapt to new guidelines, incentives and requirements. This lecture will cover how to implement

“meaningful use”, benefits of EMR, and provide strategies to improve patient care while delivering family medicine during these changing times.

4:00 pm - 5:00 pm

Opening Session and Award Presentations

Join us for the 2012 Presidential Welcome and the presentation of the ACOFP Awards, including for Osteopathic Family Physician of the Year, Osteopathic Family Medicine Educator of the Year and Young Osteopathic Family Physician of the Year. This kickoff session will also feature a keynote address by national political correspondent Mara Liasson.

Keynote Speaker



ACOFP welcomes Mara Liasson, national political correspondent for National Public Radio (NPR) and a regular panelist on Fox News' "Special Report with Bret Baier" and "Fox News Sunday" as our opening keynoter. She will speak on "The Changing Face of American Politics."

Ms. Liasson's reports can be heard regularly on NPR's award-winning news magazines "All Things Considered" and "Morning Edition." She also provides extensive coverage of politics and policy from Washington, DC – focusing on the White House and Congress – and reports on political trends beyond the Beltway. From 1989 to 1992, Ms. Liasson was NPR's congressional correspondent, and she served as NPR's White House correspondent for all eight years of the Clinton administration. Having covered five U.S. presidential elections between 1992 and 2008, she will share her insights as we approach the 2012 election.

Get up-to-the-minute course information and register online at acofp.org

5:30 pm - 7:30 pm

Evening CME Program >> Dementia and Caring for Your Patients Needing Extra Care

2 Category 1-A extra CME Credits

Speaker: Thomas Cavalieri, DO

This lecture will review the process of aging and the pathophysiology leading to the various forms of dementia. The speaker will discuss how to identify patients with dementia early on. Emphasis will be placed on risk factors for these medical conditions, and the importance of diet, exercise and mental stimulation in their management. The speaker will also review medications and therapies that can improve the quality of life of patients with dementia.

Symposium > Disaster Preparedness

2 Category 1-A CME Credits for the entire symposium; individual sessions carry 1 Category 1-A CME Credit

8:00 am - 9:00 am

Preparing Your Practice for Emergencies

Speaker: Cecilia Rokusek, EdD, MSc, RD, John Pellosie DO, MPH, Leonard A. Levy DPM, MPH

Over the past few years, our country has had to react to earthquakes, hurricanes, tornados, oil spills and the continuing threat of terrorism. This lecture will focus on disaster preparation for your practice. The cost implications due to lack of planning will be discussed, and participants will obtain tools to update their plans from lessons learned in the field.

9:00 am - 10:00 am

Disaster Response: The Role of the Family Physician After Natural Disasters

Speaker: Cecilia Rokusek, EdD MSc, RD and Leonard A. Levy, DPM, MPH

This session will provide participants with the knowledge and skills needed to continue clinical operations post-disaster. This is an overview of the Continuity of Operations program that demonstrates partnership-building with community agencies.

Board Exams

American Osteopathic Board of Family Physicians (AOBFP)

Exam Schedule - Certification, Recertification

Performance Evaluation ONLY

Administered only to candidates who have met filing deadlines and have been pre-approved and scheduled. Candidates should report for sign-in and examination at their assigned times as provided by the AOBFP.

Recertification: Tues. and Wed., March 13-14, 2012

Certification: Thurs. and Fri., March 15-16, 2012

For more information, visit the AOBFP website at www.aobfp.org or call (847) 640-8477.



The Spectrum of Osteopathic Family Medicine

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Friday, March 16

10:00 am - 10:30 am

Networking Break and Exhibitor Showcase

Symposium » Dermatology for the Osteopathic Family Physician

2 Category 1-A CME Credits for the entire symposium

10:30 am - 11:00 am

Dermatologic Manifestation of Medical Diseases

Speaker: Frank Armstrong, DO

This lecture will review medical skin disorders frequently encountered in family medicine.

11:00 am - 11:30 am

Practical and Procedural Dermatology

Speaker: Maxine Tabus, DO

Dermatological procedures which can be done in the office by the osteopathic family physician will be discussed.

11:30 am - 12:30 pm

Procedures for the Family Physician: Platelet Rich Plasma Stem Cell Therapy, Orthopedic, Cosmetic

Speaker: Michael Markou, DO

This lecture will provide an introduction to how a clinician can incorporate various contemporary procedures into his or her practice.

12:30 pm - 1 :30 pm

Lunch Break

1:30 pm - 2:30 pm

Town Hall Meeting

Hear about the Center for Medicare & Medicaid Innovation's initiatives related to the Comprehensive Primary Care Initiative, quality improvement, the patient-centered medical home and incentive payments. Also hear an update on health care legislation and physician payment from ACOFP Director of Government Relations Ray Quintero.

2:30 pm-4:00 pm

Women, Medicine and Leadership: What You See Is What You Get

1.5 Category 1-B CME credits

Speaker: Karen J. Nichols, DO, MA, MACOI, CS

Find out which skills, learned throughout our osteopathic medical education, translate effectively into our interpersonal activities and which don't. Group exercises will teach the participants how to better understand and manage this conundrum.

This program is presented by the ACOFP Women's Institute for Leadership

Symposium » Immunodeficiency for the Osteopathic Family Physician

2 Category 1-A CME Credits for the entire symposium

This symposium is designed to educate the family physician about how to recognize, diagnose and treat patients with primary and acquired immunodeficiency. The session will also emphasize recognition, diagnosis and treatment of primary immunodeficiency syndromes.

2:30 pm - 4:30 pm

Diagnosis and Treatment of Primary Immunodeficiency

Speaker: Samuel Gubernick, DO, RPH, FAAP, FACAAI, FAAAAI

The symposium will begin with a review of primary immune disorders and their impact on patient health.

Diagnosis and Treatment of Acquired Immunodeficiency

Speaker: David Condolucci, DO

This portion of the symposium will emphasize recognition, diagnosis and treatment of primary immunodeficiency syndromes.

3:30 pm - 4:00 pm

Networking Break and Exhibitor Showcase

4:00 pm - 5:00 pm

Clinical Evaluation and Primary Care Approach to Liver Disease and Hepatitis C

1 Category 1-A CME Credit

Speaker: Arthur Berman, DO

This lecture will review the workup of patients with liver disease, identify patients at risk of hepatitis, and discuss advancements in treatments of liver disease. The importance of proper diet, exercise, avoidance of medications and vitamins that can affect liver metabolism, and avoidance of ethanol will also be discussed. The use of antiviral therapies for treatment of hepatitis C will be reviewed, including advancements in the development of these medications.

5:00 pm - 6:00 pm

Detection, Management and Treatment of Breast Cancer

1 Category 1-A CME Credit

Speaker: Andrew E. Hano, DO

This interactive lecture will review the importance of early screening; current guidelines for detection and evaluation of breast nodules; and how to manage patients with breast cancer. The presentation will include surgical and chemotherapeutic roles in the management of patients with this disease.

Saturday, March 17

8:00 am - 10:00 am

Building Awareness of Man-Made Disasters: The Family Physician's Role in Counter Terrorism

2 Category 1-A CME Credits

Speaker: (Col) William Bograkos, MA, DO, FACOEP

This lecture will discuss a potential expanded role of the osteopathic physician in global health and humanitarian assistance. The speaker will share "best practices" and lessons learned in the successful management of man-made disasters.



Saturday, March 17 - continued

9:00 am - 10:00 am

Conclave of Fellows Business Meeting

10:00 am - 10:30 am

Networking Break and Exhibitor Showcase

10:00 am-12:00 pm

IUD (Intra-Uterine Device) Placement and Removal Workshop

2 Category 1-A extra CME credits

This hands-on workshop will provide the participant with a greater understanding and technical expertise in placement and removal of IUDs. Topics to be covered include indications, contraindications, equipment needed, pre-procedure patient preparation, technique, complications, post-procedure patient education, CPT billing code and ICD-9-CM diagnostic codes. *Presented by the ACOFP Procedural Medicine Committee*

10:00 am-12:00 pm

Pearls of Precepting 2012

Part I - Asking the right question

This session will review the 4 key components of a good clinical question in PICO format.

Part II - Evidence-based Medicine: Searching the right databases

This session will focus on how to evaluate a student's selection of search sites when doing an evidence-based medical examination.

Part III - Evidence-based Medicine Analysis: Selecting the best evidence

Participants will view a video presentation and evaluate how well the student was able to apply the best evidence to their active patient.

10:30 am - 11:30 am

Patient Perspectives on Fibromyalgia: Diagnosis and Treatment Strategies for the Osteopathic Family Physicians

1 Category 1-A CME Credit

Speaker: Susan Zito, DO, MPH

This lecture will provide an overview of muscular disorders including fibromyalgia. The speaker will discuss the differential diagnosis of muscle and joint disorders which can mimic fibromyalgia as well as other forms of neuropathic conditions. Emphasis will be on diet, exercise and use of osteopathic medicine in helping patients with muscular conditions. The speaker will review medications for muscular, neuropathic and rheumatologic conditions often identified with patients with fibromyalgia and other muscle and joint disorders.

11:30 am - 12:30 pm

Approach to the Patient with Hypertension

1 Category 1-A CME Credit

Speaker: Tony Brown, DO

This lecture will review the current guidelines for diagnosis and management of hypertensive disease. Emphasis will be on proper diet and exercise to improve cardiac function and control blood pressure. The physiology of hypertension will also be reviewed with a discussion of how pharmacotherapy functions to lower blood pressure and reduce complications of this disease.

12:30 pm - 2:30 pm

Satellite Symposium/Lunch Program Quick-Fire Challenge, You Make the Choice: Clinical Decision-Making in Diabetes

1 Category 1-A extra CME Credit (Pre-registration required; limited seating available)

This fun, informative and evidence-based program will challenge osteopathic family physicians involved in the management of type 2 diabetes on their knowledge and practice related to patient care and the use of new and emerging glucose-lowering therapies. Seating is limited to 350 participants. *Sponsored by Novo Nordisk*

12:30 pm - 1:30 pm

Lunch Break

(For those not attending the symposium)

1:30 pm - 2:30 pm

New Frontiers in Rhino-sinusitis and Allergic Rhinitis

1 Category 1-A CME Credit

Speaker: Steven Anthony, DO

This lecture will provide an overview of the pathophysiology of allergic conditions and review medical options for improving patients with rhino-sinusitis, atopy and allergic conditions. The evaluation of the allergic patient will be discussed. Lifestyle modifications to limit allergen exposure will be included, and the speaker will discuss the role of medications and procedures to manage rhinitis and chronic sinus disease.

2:30 pm - 4:30 pm

Colposcopic Examination Workshop: Cervical Cancer Screening

3 Category 1-A extra CME credits

Speakers: Diane Evans, DO; Jacob K. Curtis, DO and Thomas N. Told, DO, FACOFP dist.

This workshop, which will include didactic presentations and hands-on opportunities, will instruct the participant in the following aspects of colposcopy: indications, contraindications, equipment needed, pre-procedure patient preparation, technique, complications, post-procedure patient education, CPT billing codes and ICD-9-CM diagnostic codes. It will also cover the latest American Society for Colposcopy and Cervical Pathology Guidelines.

Presented by the ACOFP Procedural Medicine Committee

2:30 pm - 4:30 pm

ACO Plenary/Breakout Sessions

Speaker: Carman Ciervo, DO, FACOFP

(This is a non-CME event)



Saturday, March 17 - continued

2:30 pm - 4:30 pm

Workshop: OMT and Peripheral Nerve Complaints (Larson's Syndrome)

3 Category 1-A extra CME credits

Speaker: Kenneth E. Nelson, DO, FAAO, FCOFP

The attendee will learn to recognize and treat patients with Larson's Syndrome; a condition that strongly resembles Complex Regional Pain Syndrome. At the end of this lecture, the learner will be able to perform a number of OMT procedures specifically directed at treating these patients.

2:30 pm - 4:30 pm

Splinting and Bracing Workshop: Fractures and the Proper Application of Splints

3 Category 1-A extra CME credits

Speaker: Troy D. Erickson, DO

This workshop will cover types of fractures; evaluation of fractures – what to watch out for; fracture nomenclature; proper splints for the fracture types and applying splints.

2:30 pm - 3:30 pm

Women's Health Concerns for the Osteopathic Family Physician

1 Category 1-A CME Credit

Speaker: Jennifer Hayes, DO

The session will review women's health issues, including periodic screening for cervical and vaginal disease, breast conditions, physiologic changes with aging, and an approach to vaginal changes including abnormal bleeding, discharge, lesions and discomfort. The speaker will discuss expected changes with aging, common complaints and complications, and approaches to help women patients feel well in the family medicine practice setting.

3:30 pm - 4:00 pm

Networking Break and Exhibitor Showcase

4:00 pm - 4:30 pm

Pain Management Advances in Primary Care

0.5 Category 1-A CME Credit

Speaker: Lee Ann Brown, DO

This lecture will discuss the role of the family physician in controlling pain in primary care. The speaker will review the use of analgesics, anti-inflammatory medications, adjuvant medications, therapies, exercise and utilization of osteopathic medicine in helping patients deal with chronic pain. The speaker will also discuss procedures that can help patients with pain. Although this course will discuss strategies for helping any patients with chronic, the speaker will specifically review some of the changes in pain management recently legislated in Florida and how these new rules can impact family physicians.

4:30 pm - 5:00 pm

Diagnosis and Treatment of Obstructive Sleep Apnea and Other Sleep Disorders

0.5 Category 1-A CME Credit

Speaker: Anthony Ottaviani, DO

Sleep apnea is an often unrecognized condition which can contribute to hypertension, cardiovascular disease, diabetes, depression and an unproductive lifestyle due to excessive daytime fatigue. This lecture will educate the family physician to recognize patients with risk factors for sleep apnea, discuss sleep hygiene, and review the approach to diagnose and manage patients with obstructive sleep disorders.

5:00 pm - 6:30 pm

ACOFP Conclave of Fellows Award Ceremony

Join the ACOFP for the induction of the 2012 Class of ACOFP Distinguished Fellows and the 2012 Class of Fellows

6:30 pm - 10:00 pm

ACOFP President's Reception and Banquet

Join us for this festive evening honoring Paul A. Martin, DO, FACOF, dist., as the 59th President of the American College of Osteopathic Family Physicians. Other highlights: presentation of the Distinguished Service and Lifetime Achievement Awards, recognition of the newly inducted Fellows and Distinguished Fellows, and announcement of the Auxiliary raffle winners.

Sunday, March 18

8:00 am - 6:30 pm

Program Director's Workshop - Day One

8:00 am - 9:00 am

Update on the Pediatric Well-Child Exam/ Vaccinations

1 Category 1-A CME Credit

Speaker: Hilda DeGaetano, DO

This lecture will provide an update on the current guidelines for the periodic screening examination; review the vaccine schedule recommendations; show how to recognize delays in growth and development; and offer an approach to follow children in a family medicine practice. Diet, exercise and anticipatory guidance counseling will also be discussed.

9:00 am - 10:00 am

Differential Approach to Patients with Irritable Bowel Syndrome and Other Motility Disorders

1 Category 1-A CME Credit

Speaker: Michael Schulman, DO

This lecture will discuss how to recognize, diagnose and manage patients with symptoms of irritable bowel syndrome (IBS). The importance of diet and exercise will be discussed and the speaker will present the neuro-physiological changes that contribute to both chronic constipation and diarrheal illness. Established and new medications available to improve the symptoms of IBS will also be reviewed.

10:00 am - 11:00 am

Sports Medicine in Primary Care: Incorporating OMM and Injection Therapy into Your Practice

1 Category 1-A CME Credit

Speaker: Joel D. Stein, DO

This lecture, which complements the injection workshop, will discuss how the osteopathic family physician can incorporate osteopathic manipulative medicine (OMT), joint injection techniques, and medical and physical therapies for common sports medical complaints into his or her practice.

Monday, March 19

6:30 am - 11:00 am

Program Director's Workshop - Day Two



New Physicians and Residents Program

Friday, March 16

8:00 am - 6:00 pm

8:00-10:00 am

Billing and Coding Strategies

Speaker: Douglas Jorgensen, DO, FACOFP

10:00 -10:30 am

Networking Break and Exhibitor Showcase

10:30-11:30 am

Political Advocacy and Health Policy

Speaker: Barbra Ross Lee, DO, FACOFP

11:30 am-12:30 pm

Best Practices for Navigating the CME Process

Speaker: Jeffrey Grove, DO , FACOFP

1:30-3:30 pm

How to be an Effective Academic Physician

Speaker: Kenneth Brummel-Smith, MD

4:00-5:00 pm

What Type of Family Doc Do You Want To Be?

Speaker: Mayrene Hernandez, DO

3:30 - 4:00 pm

Networking Break and Exhibitor Showcase

5:00-6:00 pm

Clinical Review - EKG

Help ACOFP Student Chapters and "Reach Out and Read"

Reach Out and Read has been selected as the 2011-2012 Student Association of the ACOFP Service Project. This outstanding organization supports early literacy in childhood by partnering with doctors to prescribe books and encourage families to read together. "Reach Out and Read" provides a collection of doctor-recommended, developmentally appropriate books that are ideal for children ages 6 months to 5 years. The 4 million families served by the organization read together more often and their children enter kindergarten with larger vocabularies and stronger language skills.

"Reach Out and Read" orders and distributes the books generated by your donations to sites nationwide based on areas of greatest need. When you make your donation don't forget to indicate your college of osteopathic medicine affiliation in the "Notes" section so the school with the most donations and the most alumni donors can be recognized at the ACOFP Convention Opening Session on Thursday.

Make your donation at: www.reachoutandread.org/bookdrive/default.aspx?ref=acofp

Student Program

Thursday, March 15

1:00 pm - 2:30 pm

Introduction to the Student Association of the ACOFP

2:45 pm - 4:00 pm

Overview of Residency Programs

Speakers: Danielle Barnett, DO and Lynn Wilson, DO

Presented by the ACOFP Resident Committee for Student Recruitment

4:00 pm - 5:00 pm

Opening Session and Award Presentations

Featured Presentation: SAACOF National Project with the Reach Out and Read Organization

5:30 pm - 8:30 pm

ACOF Osteopathic Residency Program Fair and Reception

Friday, March 16

8:00-9:00 am

Student Welcome Breakfast

9:00-10:00 am

Student Candidates for the 2012-2013 SAACOF National Executive Board Campaign Speeches

10:00 am-12:00 pm

OMT Workshop for Students

Based on the OMT procedure video “Refresh Your OMT Procedure Skills,” by Kenneth E. Nelson, DO, FACOF dist.

Speakers: Mary Goldman, DO and Richard K. Ogden, DO, FACOF

Presented by the ACOFP Procedural Medicine Committee

12:00 - 1:00 pm

Lunch Break

1:00-4:00 pm

Procedural Workshops for Students

Speaker: Jacob Curtis, DO

The procedures to be demonstrated include: Splinting/ Casting, Intrauterine Device Insertion and Removal, Joint Injections, Vaginal Delivery/Amniotomy, Dermatology Skills, and Osteopathic Manipulative Therapy in Pregnancy.

Presented by the ACOFP Procedural Medicine and Osteopathic Principles and Procedures Committees

Saturday, March 17

8:00-9:00 am

Student Association of the ACOFP National Executive Board Officer Elections and Inauguration

9:30 am-12:00 pm

New Chapter Officer Briefing



Auxiliary Activities

Friday, March 16

8:00 am - 10:00 am

Auxiliary Family Breakfast

Enjoy a delicious buffet breakfast and meet old and new friends, compliments of the Auxiliary to the ACOFP. You and your family will be able to create special memories enjoying live interaction with the delightful themepark characters. Don't forget to bring your cameras! All registered convention attendees, family and guests are invited to attend.

10:15 am - 11:30 am

Auxiliary Business Meeting and Installation of Officers

Join the Auxiliary for its annual Business Meeting and installation of 2012-2013 President Terry K. Martin.\

Auxiliary Fundraiser Raffle

The ACOFP Auxiliary will hold its annual fundraising event – a raffle – here at the Annual Convention. Enter for a chance to win exciting items like an iPad 2 or a \$1,000 gift card! Proceeds benefit osteopathic student programs, scholarships and family medicine residents. Raffle tickets (\$10 each, 3 for \$25) may be purchased in the registration area, during the Congress of Delegates and at the Opening Session. The drawing will be held during the President's Banquet on Saturday. You do not need to be present to win.

Purchase your Auxiliary raffle tickets onsite.

Sponsor an Auxiliary Raffle Prize

Support the Auxiliary by sponsoring a raffle prize. All sponsors will be prominently recognized on the ACOFP Auxiliary website and during the convention. Sponsors will also receive free raffle tickets as noted below:

Sponsorship Level		Number of Free Tickets
Diamond	\$500	20
Gold	\$250	15
Silver	\$100	10
Bronze	\$50	5

Make your sponsorship commitment on the registration form.

Hotel and Travel Information

Hotel Reservations

A block of rooms has been set aside for ACOFP Annual Convention registrants at the Gaylord Palms Resort and Convention Center **Make your reservation before February 14, 2012** for the discounted rate of \$239 single/double (+ 13% tax + 1% Osceola County assessment fee + a \$15 resort fee). Reservations may be made by telephone by calling (407) 586-2000. Indicate that you are attending the ACOFP Annual Convention and/or ACOFP Program Directors' Workshop to obtain the discounted rate. When making your reservation, please reference Group Code: A-AC310. Reserve early to assure availability.

ACOFP Annual Convention Hotel

Gaylord Palms Resort and Convention Center
6000 Osceola Parkway
Kissimmee, Florida 34746
Phone: (407) 586-2000

Getting to the Hotel

The Gaylord Palms Resort and Convention Center is 20 minutes from the Orlando International Airport. Mears Transportation can bring you directly from the airport to the hotel as part of its 24-hour shuttle service to and from the airport. You may make a reservation online at <https://secure.mearstransportation.com/Gaylordsc/> for a shared shuttle or an exclusive luxury sedan. A shared shuttle costs approximately \$34 round trip or \$21 one way.

Online Presentation Handouts

Presentations will only be available to attendees prior to and during the convention at www.acofp.org.

Special Requests

Please let us know if you require special assistance or have dietary restrictions by indicating your needs on the Convention Registration Form.

Refund and Cancellation Policy

Registrations are non-transferable. To receive a refund, less a \$50 processing fee, cancellations must be in writing and received by Friday, March 9, 2012. After this date, all fees are non-refundable.



The Spectrum of Osteopathic Family Medicine

ACOFP's 49th Annual Convention & Scientific Seminars

Registration

How to Register

Advance Registration is open until March 2, 2012. Those registering after this date must do so on-site. The Early Registration Discount ends February 10, 2012. Confirmations will be sent via e-mail. MasterCard, Visa, American Express and Discover are accepted.

- Online: www.acofp.org
- By Fax: (847) 228-9755
- By Phone: (800) 509-9261
- By Mail:
ACOFP '12
330 E. Algonquin Road, Suite 1
Arlington Heights, IL 60005

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Special Requests

Please let us know if require special assistance or have dietary restrictions by indicating your needs on the Convention Registration Form.

Convention Registration/Badge Pick Up

The on-site registration hours are:

Wednesday, March 14	6:30 am – 6:00 pm
Thursday, March 15	6:30 am – 5:00 pm
Friday, March 16	6:30 am – 5:30 pm
Saturday, March 17	7:00 am – 3:00 pm

CME/CEU Information

The American College of Osteopathic Family Physicians (ACOFP) is accredited by the American Osteopathic Association (AOA) to sponsor continuing medical education for osteopathic physicians. Registrants for the ACOFP Annual Convention & Exhibition may obtain their CME hours by going online at the ACOFP Website (www.acofp.org). They must have first completed the Evaluation and Attestation process before they can obtain their CME certificate.

This program is sponsored by the ACOFP for educational purposes only. The material presented is not intended to represent the sole or the best medical interventions for the discussed diagnoses, but rather is intended to present the opinions of the authors or presenters that may be helpful to other practitioners. Attendees participating in this medical education program do so with the full knowledge that they waive any claim they may have against the ACOFP for reliance on any information presented during these educational activities.

CME Credits

ACOFP anticipates this program will be approved for approximately 22 Category 1-A CME credits and 16 Category 1-A CME extra credits for osteopathic family physicians.

If you are attending the Residency Program Directors Workshop, please visit ACOFP Website for important information regarding CME recording for this program.

Conduct

Each physician in attendance at ACOFP meetings is free to act in any way he/she chooses with regard to issues discussed. Any conclusion or decision based upon issues discussed must be a business decision made by each physician independently and based solely on what is in the best interests of that physician. In conducting education and information programs for its membership, ACOFP does not recommend nor necessarily enforce any particular course of conduct.

Get up-to-the-minute course information and register online at acofp.org

2012 ACOFP Annual Convention & Scientific Seminars

March 15–18, 2012 | Kissimmee, Florida | Gaylord Palms Resort & Convention Center

Program Director's Workshop Registration

Sunday, March 18 from 7:00 am to 6:15 pm

Monday, March 19 from 6:30 am to 11:30 pm

<input type="checkbox"/>	I will attend both the Residency Program Director's Workshop AND the Convention	\$300	\$ _____
* Convention registrants receive a \$50 discount on the residency program director's workshop fee; The \$300 fee is for the workshop only – professional member registration.			
<input type="checkbox"/>	I will attend the Residency Program Director's Workshop Only, not the Convention	\$350	\$ _____
<input type="checkbox"/>	I am a Residency Program Coordinator	\$175	\$ _____

Registration Fee

For all practicing physicians and residents registration includes:

1. Access to all CME lectures
2. President's Reception & Banquet ticket

The Convention officially begins on Thursday, but you also can attend extra credit CME programs on Wednesday, Thursday morning and Saturday afternoon. Additional registration fees are required for selected programs, as indicated.

Convention Registration	By Feb 10	After Feb 10	
Member	<input type="checkbox"/> \$625	<input type="checkbox"/> \$ 725	\$ _____
Non-Member	<input type="checkbox"/> \$950	<input type="checkbox"/> \$1,050	\$ _____
Retired Member	<input type="checkbox"/> \$330	<input type="checkbox"/> \$ 380	\$ _____
Resident Member	<input type="checkbox"/> \$200	<input type="checkbox"/> \$ 250	\$ _____
Student Member	<input type="checkbox"/> \$ 45	<input type="checkbox"/> \$ 45	\$ _____
State Society Executive Director	<input type="checkbox"/> No Fee	<input type="checkbox"/> No Fee	
Spouse/Guest/Child Registration	By Feb. 10	After Feb. 10	
Spouse/Guest	<input type="checkbox"/> \$100	<input type="checkbox"/> \$125	\$ _____
Child (Ages 6-18)	<input type="checkbox"/> \$ 45	<input type="checkbox"/> \$ 75	\$ _____
Child (ages 5 or less)	<input type="checkbox"/> No fee	<input type="checkbox"/> No Fee	

Early Registration Discount ends February 10, 2012. Advance registration ends March 2; register on-site after that date.

Hands-On Workshops (additional fee applies)

Joint Injection Workshop Wednesday, 8:00 am – 12:00 pm Limited to 30 participants	___ \$150
Dermatology Skills Workshop Wednesday, 8:00 am – 5:00 Limited to 30 participants	___ \$200
IUD Placement and Removal Workshop Saturday, 10:00 am – 12:00 pm Limited to 30 participants	___ \$ 75
Splinting & Bracing Workshop Fractures & the Proper Splint Application Saturday, 2:30 pm – 4:30 pm Limited to 30 participants	___ \$ 75
Colposcopic Examination Workshop Cervical Cancer Screening Saturday, 2:30 pm – 4:30 pm Limited to 30 participants	___ \$ 75
OMT Workshop OMT & Peripheral Nerve Complaints (Larson's Syndrome) Saturday, 2:30 pm – 4:30 pm Limited to 30 participants	___ \$ 75

Pre-Convention Programs and Other Events

No additional fee, but please indicate if you will attend the following:

OMT Update Workshop Wednesday, 3:00 – 5:00 pm	<input type="checkbox"/>
Prevention of Acute Coronary Syndrome and Strategies for Regression of Artery Disease Wednesday, 5:30 pm – 7:30 pm	<input type="checkbox"/>
Dementia and Caring for Your Patients Needing Extra Care Thursday, 5:30 pm-7:30 pm	<input type="checkbox"/>
ACO Session Saturday, 2:30 pm-4:30 pm	<input type="checkbox"/>

Auxiliary Fundraiser Raffle Sponsorship

<input type="checkbox"/> Diamond	\$500	\$ _____
<input type="checkbox"/> Gold	\$250	\$ _____
<input type="checkbox"/> Silver	\$100	\$ _____
<input type="checkbox"/> Bronze	\$ 50	\$ _____
<input type="checkbox"/> Donation	\$	\$ _____

Front Page Subtotal: \$ _____

Additional President s Banquet Tickets
Saturday, 6:30 pm - 10:00 pm

Spouses/Guests and children age 6 and older of physicians and residents receive a ticket to the President’s Reception and Banquet with their paid registrations. State Society Executive Directors and Osteopathic medical students, their spouses/guests and children who would like to attend the President’s Reception/Banquet must purchase tickets for the event.

Adults \$100 x _____ = \$ _____
State Society Executive Directors \$100 x _____ = \$ _____
Medical Students and Children under 18 \$ 50 x _____ = \$ _____

Back Page Subtotal: \$ _____

Personal Information

AOA/ACOFP ID # _____ Preferred E-Mail Address _____

First Name _____ Last Name _____

Name as it should appear on badge: _____

Preferred Daytime Phone: _____ Home Work Cell FAX _____

Office Address:

Street Address _____
City _____ State _____ Zip _____

Home Address:

Street Address _____
City _____ State _____ Zip _____

Emergency Contact Name _____ Phone _____

Special dietary restrictions or accessibility needs: _____

Spouse/Guest Name(s) _____
(As it should appear on badge)

Child Names(s) _____
(As it should appear on badge)

Total Remittance: \$ _____

Payment Method:

Check enclosed, please make payable to “ACOFP”

Credit Card: M/C VISA Amex Discover

Credit Card Number: _____ Exp. Date: _____

Print Name on Card: _____

Questions? Call 800-509-9261 Register online at www.acofp.org

Convention Registration Mailing Address:
ACOFP12, 330 E. Algonquin Road, Suite 1, Arlington Heights, IL 60005 or fax form to (847) 228-9755.